

PALMERSTON SENIORS ADVISORY COMMITTEE MINUTES

CITY OF PALMERSTON

Minutes of Palmerston Seniors Advisory Committee Meeting
held in Palmerston Recreation Centre,
The Boulevard, Palmerston
on Monday 18 March 2019 at 12:00 pm.

COMMITTEE MEMBERS

Deputy Mayor Sarah Henderson (Chair)
Mayor Athina Pascoe-Bell (ex-officio)
Ann Brown
Lillian Mann
Anne Coutts
Dot Chapman
Sandra Parker
Avril Smith
Mary Oliffe
Marg Lee
Pam Smith
Margaret Moore

GUESTS

Olga Dalrymple, Electorate of Brennan
Angie Walker, Electorate of Spillett
Kirby Bolton, Electorate of Drysdale

STAFF

Amelia Vellar, Director Lifestyle and Community
Tree Malyan, EA to Director Lifestyle and Community
Tess Riches, Community Services Officer (minutes)
Tiffany Brown, Community Events Officer

1 OPENING OF MEETING

The Chair declared the meeting open at 12.05 pm.

2 APOLOGIES AND LEAVE OF ABSENCE

Barbara Crane
Maggie Grave
Neville Driver
Trevor Miller
Anna Durbridge
Luke Gosling

Committee member
Committee member
Committee member
Committee member
Committee member
Member for Solomon

Initials: 

3 CONFIRMATION OF MINUTES

3.1 Confirmation of Minutes

Moved: Dot Chapman
Seconded: Sandra Parker

THAT the amended minutes of the Palmerston Seniors Advisory Committee Meeting held on Monday, 4 February 2019 be confirmed.

4 PRESENTATIONS

4.1 Sue Shearer, CEO of Council on the Ageing (Northern Territory), provided an overview of the upcoming Seniors Expo, which will be held at the Palmerston Recreation Centre on Friday 13 May 2019.

Sue expressed COTA's appreciation of City of Palmerston and the Mayor's support for the Expo. Council is a proud supporter of this iconic event, supplying approx. \$3,750 in in-kind support in the form of venue hire.

March 31 is the deadline for groups who wish to register to have a display/stand at the Expo.
Attachment A – Seniors Expo promotion

Sue also provided an interesting and informative overview of COTA's current foci including their successful national tender in relation to Aged Care Navigators Trials. This program enables COTA NT to employ two part-time staff, one located in the Darwin region and one in the Alice Springs region, to assist seniors in accessing and registering for My Aged Care services. COTA was also successful with the Living Longer Living Stronger tender, where funds will be provided to provide activities that assist seniors with their strength and mobility. COTA continues to offer advice on arrange of entitlements for NT seniors.
Attachment B – COTA's information on discounts, concessions and payments in the NT.

COTA is hoping to offer further support services in Palmerston and will advise when these are in place. All COTA activities are listed on their online calendar on COTA's website.

5 BUSINESS ARISING FROM PREVIOUS MEETINGS

5.1 Actions

Action Table Items were discussed; amended table below.

Initials: 

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Issues contributed by Palmerston Seniors	Possible solution ideas provided by public/ PSAC	Action	Responsibility	When	Status
"Suitable space required for Palmerston seniors to meet, to socialise, and source information"	Continue to liaise with Council on either a purpose-built (or extended/renovated existing) Community Centre to provide spaces suitable for seniors only OR a shared-use facility.	1. Provide update on progress of municipality-wide land use planning. 2. Provide update on report regarding viability of extending Gray Hall.	Director Lifestyle and Community/ Chair	As available 13 May Meeting	Ongoing (Report due April)
"Paid Parking in CBD means seniors are forced to shop elsewhere."	Seek feedback from Council re: possible amendments to parking strategy: e.g. Extend time, better policing of disabled parking, cancel parking meters	Consider issues following Council review of paid parking in the City Centre. As per Council Minutes 9/0094 – 05/06/2018	Chair to report back to PSAC outcome of Council review	13 May Meeting	(Review due March)
"Concerns about safe access to Gateway shopping Centre from bus stops and on foot."	See what the new entrance plans are, Stage Two is nearing completion; this may answer concerns.	1. PSAC meeting Invite speaker from Dept of Transport re Gateway bus parking and pedestrian access. 2. Put new access info into Grey Goss 3. Investigate pedestrian access to the Centre from Roystonea Ave.	Community Services Officer Community Services Officer Community Services Officer	When Stage 2 and new entry/ exit open As available 13 May meeting	Ongoing: review issues when Gateway Shopping Centre complete (No date for outside restaurants)
Seniors parking at Gateway Shopping Centre	A number of dedicated spaces for seniors parking.	Request dedicated spaces for seniors parking. Report response to group.	MLA Member for Spillett, Mrs Lia Finocchiaro	February 2019 13 May Meeting	In progress
ICE: In Case of Emergency contact details for persons requiring assistance	Print business cards to allow people to record the name and contact number of a person to call if required	Send thank you letter from PSAC to Hollands, who have provided 100 cards to trial at no cost	Community Services Officer	13 May Meeting	In progress

Initials: 

6 CHAIR'S REPORT

6.1 Verbal Report:

Chair Deputy Mayor Sarah Henderson

Deputy Mayor Henderson advised that following community consultation the residential waste collection services would continue unchanged.

Council opposed the Oasis liquor licence application at the recent meeting.

Council is currently reviewing its Parking Strategy.

The Women's Week went very well, and the activities were well received by the community. The pancake breakfast was very popular.

A new series of events was endorsed by Council; the On Frances series is based on outdoor dining experiences in conjunction with local restaurants and eateries.

Outdoor dining experiences will continue with another initiative; Pop Up Dining at Sanctuary Lakes. Expressions of Interest will allow suppliers to participate.

Harmony Day will be celebrated on Saturday 23 March in Goyder Square, promising to be a great event.

7 NEW BUSINESS

7.1 Training opportunity for senior PSAC members

Members have been offered an immersive 3-hour workshop that enables participants to see the world through the eyes of a person living with dementia. A shorter session is preferred and the trainer – Dementia Australia is being asked what training might be available. The proposed date – 13 May being the next PSAC meeting was approved, subject to availability of a 1 to 2-hour session.

7.2 Planning for 2019 Palmerston Seniors Forum

Monday August 19 was proposed and agreed as the date. Time; 10am to 12noon. Registration/morning tea to start and lunch to finish.

This date falls within the Seniors Fortnight, in the middle of Seniors Month.

The Palmerston and Rural Seniors Committee (PRSC/PLSA see 7.5 below) representative Marg Lee, was requested to ask that committee of they would provide the same essential services as previously:

- Promote the event with in their Seniors Fortnight program
- Collate RSVP's and supply to Council
- Assist at the event with tasks such as serving lunch

Initials: 

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This year the Forum will move to Community Room 2 of the Palmerston Recreation Centre. Although Cazaly's Club Palmerston has provided a welcoming and comfortable venue for the Forum over the past few years, now that the Recreation Centre is the 'home' of the City of Palmerston's Lifestyle and Community staff, utilising that venue has become possible. Catering and suitable furniture will to be sourced to provide a comfortable environment for the participants and allow access to a healthy morning tea and lunch menu. A hot lunch was preferred over serves of sandwiches, for instance. Dessert to include fresh fruits.

The Community Services Officer will be on leave so the 2019 Seniors Forum will be planned and facilitated by the Community Events Officer, whose contact details will be forwarded to all members.

Committee meeting agendas, minutes and general correspondence will be handled by the EA to Director Community Services.

- 7.3 Social meetings for members were suggested, and although the group agreed in principal the consensus was that the members are so busy, especially in the lead up to August (Seniors Moth) that the idea will not be actioned at this time.
- 7.4 Marg Lee advised that Palmerston and Rural Seniors Committee (PRSC) recently voted to change their name to Palmerston and Litchfield Seniors Association Inc. (PLSA).
- 7.5 Angie reminded everyone that Lions have an emergency information pack that attaches to the fridge door, and these can be collected from the MLA's offices for a gold-coin donation. Also - in her role as member of the Palmerston Game Fishing Club she advised members that there are three opportunities for community groups to run fundraising trivia nights at that club. EOI for this opportunity close 31 March.

8 CORRESPONDENCE

NIL

9 CLOSURE

The Palmerston Seniors Advisory Committee meeting, held in the Palmerston Recreation Centre, The Boulevard, Palmerston on Monday, 18 March 2019 closed at 1:15pm

Initials: 

