

'Good People Showing Them The Proper Way'  
**PALMERSTON YOUTH  
ACTIVITY GRANT  
FUNDING**

# **EVALUATION REPORT**

APPENDICES

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## Appendices.

- a) [PYA Grant Funding Guidelines](#)
- b) [List of PYA Grant Funded Activities](#)
- c) [PYA Coordination Group Meeting Summary](#)
- d) [Summary of PYA Grant funded school holiday activities from published calendars](#)
- e) [Community Survey Results](#)
- f) [PYA Evaluation Reference Group Terms of Reference](#)
- g) [Menzies School of Health Research Human Research Ethics Approval Letter.](#)
- h) [Results summary of interviews with young people who participate in Palmerston Youth Activities.](#)
- i) [Organisations/Community Leaders Interview results](#)
- j) [Yearly Crime Statistics \(per 100,000 people\). 2015-2020 Palmerston-Overview.](#)

Appendix A:

Palmerston Youth Activities 2020-2022 Grant Funding  
Guidelines

# Palmerston Youth Activities 2020-2022

## Grant Funding Guidelines

# Overview

The Northern Territory Government is seeking applications for funding to support a range of after-hours, youth engagement and school holiday activities to engage and support young people, in particular those young people at risk in Palmerston.

This funding opportunity is a part of a larger commitment by Territory Families to support regional and urban communities in their provision and development of youth programs.

The Palmerston Youth Activities funding is available through the Territory Families Regional Youth Services Program which is working with local regions to develop local decision making responses and actions to improve the wellbeing of young people. This funding aligns to the vision and goals of this program with particular focus on young people feeling loved and safe, being healthy and participating (Appendix 1). It supports collaborative partnerships; ensuring young people have access to a diverse range of engaging and supportive activities that are delivered in a coordinated way.

The Palmerston Youth – Local Action Group has developed the Palmerston Youth Action Plan, a roadmap to guide the work to be undertaken over the next two years and to strengthen partnerships and collaboration. A key action area identified in this plan is the delivery of a range of activities for young people to join in that are safe, fun and engaging. This encompasses delivery and access to after-hours youth activity programs and school holiday activities. The Palmerston Youth Activities Grants will support this goal and are targeted to engage with young people who have barriers to accessing activities.

**These grant funding guidelines apply to applications for activities or programs to be run during the timeframe of 1 February 2020 to 30 June 2022.** Activities or Programs can be short term (one event or a school holiday program) during this time or delivered during the whole timeframe. This applies to activities run during school holiday periods and/or after-hours during the school term.

The total grant funding available for the Palmerston region is \$420,000 per year. This grant will fund accessible and free group activities that bring young people together, make connections to existing support services, and are youth informed and safe.

## Key Dates

### Palmerston Youth Activities

Applications open	Monday 7 October 2019
Applications close	Monday 4
Notification of grant applications <a href="http://www.territoryfamilies.nt.gov.au">www.territoryfamilies.nt.gov.au</a>	4 December 2019

**August 2019**

**Page 2 of 9**



Funding period

1 February 2020 – 31 June 2022

### NT Government School Holidays

20 School holidays	
	April 2020 – April 2021
	20
	30 September – 11 October 2021
December 2020 – January 2021	December 2020 – 25
	October 15 – October 2021
21 2022	





This grant will build on the collaboration and partnerships that have been established through previous grant rounds. It will continue to support strong, collaborative working relationships, including improved coordination across a range of services and strengthen the service delivery responses provided.

The Palmerston Youth Activities funding aims to:

- support the delivery of a range of after-hours and school holiday activities in the region;
- ensure 10-17 year olds, particularly those at risk, have accessible, safe and fun activities;
- ensure young people are provided with opportunities to be consulted and to give feedback about activities and events to help shape further activities;
- link young people attending activities with support and targeted services as needed; and
- develop stronger and more collaborative working relationships with key stakeholders and improve coordination across the youth and related sectors.

## Funding Details

Applicants may apply for grants up to \$150,000 per annum. A budget must be submitted with each application showing how the funding will be allocated to the activity/project/program.

Please be aware that if successful and depending on the length of time of the project, the funding may span over two financial years. The payment of the funding will be made in a number of payments over this time which will total the recommended amount.

## Who and what we will fund?

Details of who and what activities are eligible for funding under the Palmerston Youth Activities grant program are addressed below.

### 1. Who is eligible for funding?

- Community groups
- Local government
- Non-government organisations
- Businesses



Collaboration and partnerships with other service providers, community groups, and/or content specialists are encouraged; for example instructors, coaches, trainers, and youth workers that can link young people to support skills, and pathways.

**2. What is the target group for activities?**

10 to 17 year olds, especially vulnerable young people in Palmerston.

**3. What program periods/times can be funded?**

Activities delivered during the 2020/22 school holiday periods (as listed in Key Dates) and associated activities run after hours during the school term. These can include daytime, evenings, weekends and public holiday activities.

**4. What type of delivery can be funded?**

Activities offered as a variety of or combination of the following are eligible for funding:

- Single activities and events
  - A regular series of activities
- Program of activities

This funding program is directed at delivery of activities that address the social, cultural, health, safety and developmental needs of young people. Programs targeting vulnerable young people aged 10-17 will be looked at favourably.

Delivery in collaboration with other service providers and/or community groups and including linkages to support for young people at risk is preferred.

**5. What can be funded?**

- Program delivery costs including material costs
- Staffing
- Contribution towards the provision of food

## Conditions of Funding

Grant recipients must abide by the following conditions:

- **Funding Agreement**- grant recipients will enter into a funding agreement before the grant is deposited into a bank account. It is important to remember when the funding agreement for the grant is signed, successful applicants will be legally obliged to complete the activity.
- **Change of timeframe** - if the activity does not occur within the timeframe agreed in the funding agreement, the funding must be returned. A change in date or venue may be considered but must be negotiated in writing prior to the original date of the event.
- **Acquittal** - upon completion of the activity, grant recipients must provide an acquittal report and copies of any promotional materials and receipts within six weeks following the date of the event
- **NTG Logo** - grant recipients will be responsible for promoting and advertising the activity, which must acknowledge NTG sponsorship and the NTG logo can be provided for this purpose



- **Success of Activity** - grant recipients will be solely responsible for the success of the activity
- **Responsibility** - grant recipients will acknowledge that the office accepts no responsibility for the activity, irrespective of the funding provided to support the activity
- **Public Liability Insurance** - grant recipients are required to upload their public liability insurance policy onto Grants NT, with a recognised insurance provided. You may be asked to produce a copy of the policy within 14 days of a request.
- **Efficient Planning** - if the activity involves a public event, grant recipients have a legal and moral obligation to plan properly to avoid risks of injury that might reasonably be expected to occur to the patrons and workers at those events. If you do not take proper precautions, anyone injured could be successful in any legal action taken against the organisers.
- **Tax** - grants may be subject to tax under the provisions of the Income Tax Assessment Act, Tax is the responsibility of the grant recipient
- **Associations Incorporated Act** - organisations must be a legal entity under the [Associations Incorporated Act](#).
- **Ochre Card** - Current [Ochre Card or Exemption Authority](#) held by the event/activity facilitator and staff, volunteers delivering the activities.

## Examples of activities and services that may be funded

- A diverse range of fun activities across age and/or gender specific groups, needs, locations and connections with culture.
- Programs and activities at existing or new youth friendly venues and locations
- Partnerships with providers of services that work with young people at risk
- Activities that offer links to support needs for young people at risk. These include referral pathways to services, educational or vocational opportunities, and case management.
- Universal activities that may include younger children or youth if adequate supervision is provided.
- Activities that do not charge fees.
- Large scale events, provided appropriate safety is established and maintained and supervision is provided. transport home.
- Events offered in the evenings which provide arrangements for safe delivery.

of 9

- Projects that demonstrate support from other sources provided the nature of this support is detailed within the grant application.

- All activities must be drug and alcohol free.
- Publicity services to promote the region's coordinated program that encourages engagement from the designated target group/s.

## This funding is not able to support

All applications will be considered on a case-by-case basis however generally requests for the following may not be supported:

- A specific activity that is already funded from other sources.
- Case management service costs exceeding 20% of the funding proposal.
- Transport service costs exceeding 20% of the funding proposal.
- Provision of food expenses exceeding 20% of the funding proposal.
- Purchase of capital equipment that exceeds 20% of the total value of the grant e.g. cameras, electronic equipment and devices, sporting equipment, costumes and prizes and gifts. uniforms,
- Activities that may benefit organisations/individuals outside of the Northern Territory over and above the benefits for young people of the Northern Territory.
- Payment of membership or registration fees, including working with children checks.
- Profit-making activities, fundraising or charitable activities not directly benefitting young people of the Northern Territory.
- Programs that are political or discriminatory against others, based on their gender, sexuality, status, culture or religion and ability.

## Selection Criteria

A Palmerston based assessment panel will assess all completed local applications for Youth Activities funding. Participants on this assessment panel will be from the Palmerston Youth – Local Action Group and include representatives from government, the non-government sector and Aboriginal elders. Youth representatives will also be part of the decision making process. The panel will consider local needs, existing service delivery programs and make All grant applications for funding address the essential selection criteria below. For funding applications of \$20,000 or more the desirable selection criteria must be addressed. Funding applications of less than \$20,000 can, but are not required to address the desirable criteria.





Please provide as much detail as possible about your proposed activity and your capacity to address the selection criteria.

**Essential**

1. Provision of activities that engage young people aged 10-17 during evenings, weekends and school holidays.
2. Provision of activities that are accessible, appropriate and able to effectively engage at-risk, disengaged and disadvantaged young people.
3. Demonstrated commitment to involve young people in the planning, implementation and evaluation of the activities and services.
4. Demonstrated commitment to a process that will collect evidence of what works best and makes the most difference to young people.
5. Evidence of your organisation's intent and/or to capacity to collaborate with other activity providers, services and community groups.

**Desirable**

1. Policies and/or procedures that demonstrate commitment to youth development, referral processes and that refer vulnerable young people to appropriate youth services.
2. Evidence of capacity to scale activities and services up or down according to need and in response to peak times, local community collaborations and conditions.

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Please read the Grant Funding Guidelines and complete all sections of the application form. If you require assistance to complete or wish to discuss potential applications please contact your Regional Youth Programs Coordinator, whose contact details are listed below.

	Email Address	Phone
S		8 894

For collaborations, only one application form is required to be completed and signed by the lead organisation. Attach a detailed budget plan and written confirmation of your collaboration from other organisations/community groups.

All applications must be submitted through the online **Grants NT** system.



# on and Planning

a local workshop to discuss the planning and preparation of the school holiday activities and program. The purpose of the workshop will be to share and discuss ideas, and identify opportunities for organisations to work together on events and activities.

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Appendix B:

Overview of PYA grant funded activities

Overview of PYA grant funded activities.			
Funding Period	Organisation	Activity	Description
Year 1 (2017/2018)			
Round - December 2017 - January 2018	PaRBA	School Holiday Sports Carnival: Youth Sports Nights	The Sports Carnival at Palmerston Recreation Centre will provide sports activities including Dodgeball, Volleyball, 3on3 Basketball, and access to the mobile gym and will
	Larrakia Nation	Young Mulliga's and Cudgeries	In consultation with young people and in collaboration with other service providers Larrakia Nation will deliver activities including Young Mulligas and Cudgeries and engagement activities. Larrakia Nation will enhance activities at the Palmerston Family & Cultural Centre, and partnership activities at Palmerston Recreation Centre, including blue light discos, karaoke activities, 3 on 3 Basketball, arts and crafts, Aboriginal healing activities and Mulligas and Cudgeries to engage 10-17 year olds. Monday nights
	Skinnyfish Music	Palmerston Beats	Hip hop rap and dance music events with a focus on engaging indigenous youth in constructive activities that contribute positive voices within the community. The program aims to work with other support organisations including extending Saturday nights at Palmerston Recreation Centre. Some events will involve interaction with role models and could attract a significant crowd at venues across Palmerston. A Mobile Beats Van set up at various places such as the skate park, the underground car park, behind the football oval, at basketball events, or at hangout places in Grey and Moulden will deepen the engagement activities. Five largescale events and a range of smaller mobile events.
	YMCA NT	YMCA's Youth Holiday Activities & PIV Xmas Party	The YMCA of the NT will host activities over the December- January holidays including: A Christmas party for the children and families who live in Palmerston Indigenous Village and Knuckey's Community; and "Ninja Warrior Australia" activity based on the popular TV show using fitness equipment, aqua run, large outdoor space and the 50m swimming pool at the Palmerston Swimming and Fitness centre. The young participants will complete a series of fitness based challenges. Including". PIV Christmas Party 15 Dec 2017 School Holiday Program Launch 16 Dec 2017 Ninja Warriors Jan 2018 (4events)
	Relationships Australia	I'm Not Crime	A one week program engaging with a cohort of young Indigenous men who have involvement with or who are at risk of becoming involved with the youth justice system, and are unlikely to engage in school holiday activities. The program delivered in partnership with other service providers will offer meaningful activities that include cultural connection, opportunity to express self, connect with other young people and with services. This engagement will involve community elders and music industry leaders providing workshops focused on self-expression, fun, skill development, cultural activities and sharing strengths with family. January 15-19
Funding Period	Organisation	Activity	Description

	Somerville	Express Yourself - Youth Holiday Art Therapy Program	Express Yourself art sessions provide young participants an opportunity to connect and create artworks which focus on strengthening mental health and wellbeing. Young people share experiences through activities including canvas painting, mosaic, working with clay and aerosol paints to assist their responses to social issues. On the last day of each group of sessions they will celebrate, exhibiting their work during a community dinner with their family and friends and the service providers. Four day event during January, April and June school holidays
April 2018 exention	Corrugated Iron Youth Arts	Activating Creative Response	This program will mentor a group of young people to design a relevant and engaging program for their peers, including: Palmerston Project Leaders (young people based at the Palmerston YMCA) developing the program in collaboration with facilitators; a weekly skills based creative program; and projects such as a film based project, project to be determined by the Project Leaders and two events hosted and led by the Project Leaders. Feb-June 2018
	Rotary Club of Litchfield		Two Djembo Drumming workshops including Corrugated Theatresports held over one weekend. A performance for the community will be held on the Sunday night at 6:00pm. 14-15 April 2018
	Melaleuca Refugee Centre		Melaleuca Refugee Centre and six other service providers in Palmerston will host an 'amazing race' in Goyder Square with young refugees and migrants from Melaleuca's program. Activities to find out about Palmerston services, nutrition and teamwork will culminate in a basketball or soccer match between providers and participants to celebrate their "Race" and receive awards and prizes. April school holidays
July 2018 funding	Larrakia Nation	Young Mulliga's & Cudgeries Program	This program would provide cultural arts activities, materials, food and opportunity to engage with Aboriginal young people and their families. July Holidays, 3 x 1 session per week. 10am to 2.30pm
	PaRBA	Youth Sports Events	<p>Youth Sport Events</p> <p>PaRBA will utilise both unspent funding already received through the Youth Services Innovation Grant as well as the funding amount requested to provide the following: Youth Sports Drop In – (YSDI)</p> <p>This funding will increase staffing levels at the YSDI to respond to the success of these events and the need to provide additional supervision. The funding will also provide food at these sports afternoons. A variety of sports will be provided for participants.</p> <p>Youth Sports Nights – and Streetball</p> <p>Youth Sports Nights will be provided at the Palmerston Recreation Centre and will be supported by Timmy Duggen Hoops For Health who will provide mentoring, Music and opportunities to learn DJ skills. Streetball will be delivered in partnership with the Grassroots Action Palmerston community group.</p> <p>PaRBA activities delivered at the Palmerston Recreation Centre are a partnership with the Palmerston City Council who provide the venue and additional support.YDIS - To be delivered Monday – Thursday 3.00-5.00 at the Palmerston Recreation Centre from July 1st to August 31st.</p>
Funding Period	Organisation	Activity	Description

	YMCA		The YMCA will deliver a comprehensive range of activities and excursions for young people during the weekdays of the school holidays. These events will held during the day and will provide activities prior to the PaRBA event. A range of events will be delivered (Detailed calendar provided) that include Youth Space Breakfast programs, Open Days with multiple activities on site at YMCA and excursions for up to 40 participants to venues including Darwin Waterfront CMAX Cinema And Mini Golf.
October 2018 funding	Larrakia Nation	Youth Led Events	Larrakia Nation will support young people to deliver 4 youth events, activities over the October school Holidays. There will be two events delivered in the first week and two in the second week. This will involve working with young people to plan, promote and develop the events; support the young people to deliver the event and assist them to evaluate it.  This project will build on the strength of engagement of the Young Mulliga's and Cudgeries to support young people to plan and deliver their own events. Feedback through consultation with young people in Palmerston to inform the Local Action Group, identified that young people wanted to be leading, planning and assisting with the delivery of activities for their peers. This event will be delivered in coordination with other organisations and may be offered on site at the YMCA or Palmerston Recreation Centre
	PaRBA	Youth Activities and Sports Events	The program will provide a range of diverse activities to engage young people in Palmerston. This may include: <ul style="list-style-type: none"> <li>• Interactive game-based scenarios through usage a portable obstacle courses with a focus on team work, communication and sportsmanship.</li> <li>• Interactive multi player game activities through use of computers and other technology by Next Tier Esports.</li> <li>• Two youth dance parties through Primetime Entertainment.</li> <li>• Two graphic workshops by leading Darwin, graphic artist, Jesse Bell which will include the design and retention of participants own trucker cap.</li> <li>• Two multi-sport nights inclusive of table tennis, two square and volleyball, and</li> <li>• 3 on 3 basketball to be delivered on the inside and outside courts to maximise venue usage.</li> </ul> In addition to the individual activities PaRBA will undertake to provide meals for participants through the engagement of a local caterer and transport for participants from the venue at its conclusion. Both are essential components from a welfare and safety aspect. PaRBA activities are delivered at the Palmerston Recreation Centre and are a partnership with the Palmerston City Council who provide the venue and additional support. 10 days between 2 and 13 October. 5pm to 9pm. Tues to Sat.
Funding Period	Organisation	Activity	Description



	YMCA		The YMCA will deliver a comprehensive range of activities and excursions for young people during the weekdays of the school holidays. These events will held during the day and will provide activities prior to the PaRBA events. A range of events will be delivered which include 4 excursions, youth space activities at the YMCA centre in Palmerston (7 days), breakfast and lunch program and a pool party. The excursions will build on the engagement from the July school holidays and will reduce barriers to access a range of entertainment and events.
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Year 2 (2019)	Organisation	Activity	Description
Funding round 1 November 2018 to 31	Corrugated Iron Youth Arts	Activating Creative Response	This program will mentor a group of young people to design a relevant and engaging program for their peers, including: Palmerston Project Leaders (based at the YMCA). A weekly skills-based creative program. Jan - June
October 2019	Relationships Australia	I'm Not Crime	One week program engaging with young Indigenous mem who have been or are at risk of being in the youth justice system Working with Skinnyfish, create a song and provide workshops focused on self-expression skill development and sharing strengths with family. Dec - Jan (not on calendar - discrete target group)
	Skinnyfish Music	Palmerston Beats	Palmerston Beats will deliver and promote hip hop rap and dance music events with a focus on engaging indigenous youth in constructive activities that contribute positive voices within the community. The program aims to work with other support organisations including extending Saturday nights at Palmerston Recreation Centre. Some events will involve interaction with role models and could attract a significant crowd at venues across Palmerston. A Mobile Beats Van set up at various places such as the skate park, the underground car park, behind the football oval, at basketball events, or at hangout places in Grey and Moulden will deepen the engagement activities.

Year 3 - 5 (February 2020 to June 2022)			
Funding Period	Organisation	Activity	Description
Funding period February 2020 to June 30 2022	YMCA	School holiday program	breakfast program and drop in space (9.30 – 3pm) 40 days per year. Two evening sessions per week (5pm – 9pm). One excursion or outing per week.
Funding period February 2020 to June 30 2022	YMCA	After School Programs	Two sessions delivered weekly (boys night and Girls nights) featuring a range of fun activities.
Funding period February 2020 to June 30 2022	YMCA	Christmas Party	for the Palmerston Indigenous Village
Funding period February 2020 to June 30 2022	YMCA	YMCA School holiday camps	two nights - July school holidays
Funding Period	Organisation	Activity	Description

Funding period February 2020 to June 30 2022	PaRBA	Youth Drop-in Sports	PaRBA with in kind support from the City of Palmerston will deliver YDIS during the funding period at the following times and days: School terms 3 -5pm Mon – Thurs      3 - 8pm on Friday.      5- 9pm on Market nights.
Funding period February 2020 to June 30 2022	PaRBA	Youth Drop-in Sports	PaRBA with in kind support from the City of Palmerston will deliver YDIS during the funding period at the following times and days: School holidays 3-5pm Mon – Thurs;      3--9pm Fridays      5-9pm Saturdays
Funding period February 2020 to June 30 2022	City of Palmerston	Urban Jams	1 major event per month over the wet season period with 15 events in total. Each event will have a different ‘hot topic’ and will engage young people with local support services or resources. Events will be delivered over 5 locations in Palmerston with a range of art, culture and sporting activities. These events will be an opportunity for young people to perform.
Funding period February 2020 to June 30 2022	Yarraman Territory	Solutions through Horses	The Program includes a total of 61 sessions annually comprising of: Connection through horses - 3 hour sessions 3 day camping program With horses
Funding period February 2020 to June 30 2022	St Johns Ambulance	Get Skilled Up Project	The Get Skilled Up Project will deliver first aid training for up to 56 young people from Palmerston. St Johns NT will run four First Aid Course over the July school holidays in 2020 and 2021
Funding period February 2020 to June 30 2022	Sound ED	Mic Check Palmy	Mic Check Palmy will deliver sessions from 4.30-6.30 once per week for a total of 36 weeks from Feb 2020 to Dec 2020. The aim of this project is to develop skills of targeted young people in music production, video and recording
Funding period February 2020 to June 30 2022	Larrakia Nation	Young Mulligas and Cudgeries	Young Mulliga’s and Cudgeries will be delivered two evenings per week during the school holidays throughout the grant period. These sessions will provide cultural, music and art programs for young people in Palmerston.
Palmerston Youth Activity Grant - (COVID-19 responses 2020)	PaRBA	Palmerston Outreach Project	PaRBA are working in collaboration with other youth activity providers to provide the April 2020 school holiday program through an outreach model. This model will be delivered over a two week period with PaRBA, engaging a local business to provide take away dinners for young people and families engaged with youth activity programs. This outreach service provides food, engagement and connection with young people to support wellbeing and provide information about health and safety.

Funding Period	Organisation	Activity	Description
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Palmerston Youth Activity Grant -2020	Jacqueline Dysart (Speaking Links)	Palmerston Postcard Project	This project will engage up to 15 young people in Palmerston to design postcards that provide messages of hope and connection. These postcards will be printed and delivered to homes in Palmerston to encourage community members to send a postcard to connect with others during the COVID-19 time. This project will be led by young people and used to promote the good work that they are delivering in Palmerston. The bio's of the artists will be available on line. Jacqueline Dysart has been engage in previous consultations in Palmerston and has a connection to young people and service providers in the community. This is a collaborative project with the DCM, Boundless Possible Communications team and City of Palmerston engaged in the initial planning and confirming support to work together to deliver the outcomes.
Palmerston Youth Activity Grant - (2020)	GAP Serena Dalton	Palmerston Video Storytelling project	SoundED have been funded to deliver Mic, Check Palmy to engage with young people to create music, and video production. To support engagement with the at risk target group, it is proposed to work in partnership with Serena Dalton to engage with 4 young people who have had contact with the youth justice system. The project would create short video stories with young people at risk in Palmerston to give a platform to have their voices heard.
Palmerston Youth Activity Grant - (2020-21)	PaRBA	Palmerston Youth Activity Grant - Evaluation Project	Palmerston Youth Activity Grant – Evaluation Project The Palmerston Youth Activity Grants have been delivered for over 2 years and it is timely to evaluate the program and identify outcomes and key learnings. Activity Providers have agreed this would assist with the development of the program as a whole as well as increase understanding of the impact of individual activities. The following key stakeholders have agreed to be members of a Reference Group for this project; Grassroots Action Palmerston (Serena Dalton), Larrakia Nation, YMCA and representative of the Palmerston Youth – Local Action Group. PaRBA will be the auspice / lead agency of this project which has been agreed to by the stakeholders and will: Contract a local consultant, evaluator to undertake this work. Ensure up to 3 quotes have been obtained. Establish and manage the Project Reference Group. Ensure the delivery of the evaluation of the Palmerston Youth activity Program by December 2020. The Evaluation will include the co development of a detailed data collection tool, the collection of the data and a final report which will include discussion and recommendations about the following key areas: Outcomes that are being delivered through the Palmerston Youth Activity Program; Ways that coordination can be sustained and improved; and Ways that engagement with young people in Palmerston can be strengthened.

Funding Period	Organisation	Activity	Description
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Palmerston Youth Activity Grant - (Funding through both July and Oct 2020 holiday periods)	Larrakia Nation	School Holiday Program Transport Support	<p>The need to strengthen transport from youth activities being delivered has been identified in a number of forums. The Top End Territory Families (TF) School Holiday Planning meeting, attended by Government representatives from DCM and Territory Families identified the expected increase in numbers of visitors to urban areas from remote communities due to the lifting of the bio security restrictions. Ensuring young people have safe transport to attend and return home from activities has been a key component of the Palmerston Youth Activity Program. This has been provided by Larrakia Nation through their youth bus in the past and this support has been appreciated and valued. The Palmerston youth activity sites have been increased with the establishment of the YORET hub and new Youth Drop In Centre both due to open late June and be operational for the July school holiday period. There is an identified need to increase the transport for the July school holiday period. Larrakia Nation have identified the resources required to enable them to be responsive and timely in their transport services provided for the school holiday period. Larrakia Nation are seeking support as outlined below to provide a safe and practical solution for the 3 week school holiday period from Monday to Friday:</p> <ul style="list-style-type: none"> <li>• Introduce a Coaster bus with more capacity</li> <li>• Support local services provider e.g. utilising the services of a tour or NGO vehicle not in operations</li> <li>• Larrakia Nation to support the additional transport with 2 appropriately skilled staff members with qualifications in youth services and/or social work</li> </ul>
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Palmerston Youth Activity Grant - Targeted Funding - 2020	City of Palmerston	Palmerston Youth Services and Resource Card	<p>This will increase the current service (a 10 seater van) and provide additional resources to respond to predicted demand for transport during the school holiday period</p> <p>The need to have a local Palmerston resource for young people and their families outlining where to get help and access support was identified through the Palmerston Youth - Local Action Group within the Palmerston Youth Action Plan. The collation of services available has begun with the City of Palmerston (CoP) working on an online version of this resource. The CoP will engage with the PARYS network to update and continue to collate information about services available to create and print the resource card. This design of this card will be informed by young people and will be provided to young people and families through a range of events and promotion through schools and networks.</p>
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Palmerston Youth Activity Grant - Targeted Funding -2020	Palmerston Person Protection Strategies	Palmerston Personal Protection Strategies	<p>Delivered by Sharon Kimberly (instructor with over 30 years experience) and supported by a youth worker (with youth mental health experience), this program will be delivered on 2 occasions over 2 x 2 hours sessions for young women aged 13 – 17 years. The program will provide a safe supportive and positive opportunity for young women to learn basic yet effective practical skills in protecting themselves as well as strategies to increase situational awareness and avoid risk.</p>
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Funding Period	Organisation	Activity	Description
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Palmerston Youth Activity Grant - Targeted Funding (2020)

Jacqueline Dysart (Speaking Links)

Palmerston Art Resource Project - Wellbeing Project

Building on from the success and outcomes of the Palmerston Postcard Project, Speaking Links with support from Larrakia Nation will identify young artists in the community to create a range of images that represent wellbeing to design a Social Emotional Wellbeing kit of cards for families and workers in the Palmerston community.

Up to 30 images will be created from young people's art work or photography and used to create a tool for workers and families to have conversations with young people about wellbeing and strengths. Similar to photo language kits, this will be a resource for a range of purposes including engagement with young people and families by workers and by family members, and as a training resource for workers and community members about supporting families and young people to identify wellbeing strategies for responding to the impact of trauma.

This project will be in partnership with Larrakia Nation – Palmerston Family and Cultural Centre who will provide cultural direction and guidance around images and connections to young Aboriginal artists. Young people engaged with diverse services including Saltbush Accommodation service, Palmerston Flexible Learning Centre, YORET, HPA, and youth activity programs will be targeted to participate in this project. The funding will resource the printing of the resource cards, the reimbursement to young artists, the purchasing of art supplies and support engagement with diverse young people to be involved in the project.

Appendix C:

PYA Coordination Group Meeting Summary

## Summary of PYA coordination meetings up to December 2020.

Date	Attended by	Role/Representing	Topics
10 May 2018	Shane Dexter	A/Regional Exec Director Top End. DCM.	Overview of Youth Services Innovation Grants. Review delivery of delivery and outcomes of current activities Selection criteria for decision making Recommendations for funding.
	Sean Newcombe	Community Development Officer. CoP	
	Ray Morrison	Cultural Advisor, YORET Palmerston	
	Sally Weir	Regional Youth Programs Coordinator, DCM	
2 August 2018	Dave Russel	YORET	Feedback and discussion about July holiday program. Funding updates
	Sean Newcombe	CoP	
	Serena Dalton	GAP	
	Malonie Williams	Somerville Community Services	
	Kathy Bannister	Red Cross	
	Jacqui Dysart	Node Consultant	
	Rachel Fosdick	PaRBA	
	Sally Weir	NT DCM.	
29 July 2019	Judy Brown	YMCA	Review of July school holiday program  Issue of safety raised - difficulties with fights between groups of young people outside activities.
	Amanda Stevenson	CoP	
	Leah Sanderson	CoP	
	Jan Peters	CoP	
	Lance Godwin	PaRBA	
	Shannon Brahim	Mulga Security	
	Dave Russell	YORET	
	Anton Deutrom	NT Police	
	Nathan Finn	NT Police	
	Kay and Eytahnyia Scott	Larrakia Nation	
	Sally Weir	NT DCM	
11 September 2019	Nathan Finn	NT Police	Focus on Palmerston Markets Security issues and responses
	Tony Deutrom	NT Police	
	Ross Dudgeon	Palmerston Markets Coordinator	
	Donna	Palmerston Markets Committee member	
	Leanne	Palmerston Markets Committee member	
	Lance Godwin	PaRBA	
	Shak	PaRBA	
	Emily Staunton	YORET	
	Dave Russell	YORET	
	David Boustead	NT DCM	
	Amanda Stevenson	CoP	
Sally Weir	DCM		
	Emily Stanton	YORET	School holiday calendar – Oct Photos/talent release forms
	Serena Dalton	GAP	

26 September 2019	Amanda Stevenson	CoP	YORET space updates Drone Sessions – youth engagement worker to strengthen activities Promotion within schools
	Rachel Fosdick	PaRBA	
	Judy Brown	YMCA	
	Sally Weir	DCM	
3 October 2019	Emily Stanton	YORET	Safety for young people in Palmerston Recent incident discussed (not linked to any PYA) and Police response. School holiday program going well. CoP Gods of Floor went well Larrakia Nation – drivers will start coming into activities if they have time, to build relationships. Youth grant round open. NT Youth round table.
	Serena Dalton	GAP	
	Amanda Stevenson	CoP	
	Lance Godwin	PaRBA	
	Rianna Talbot	YMCA	
	Ashlee Coleman	YMCA	
	Aaron Emmett	Six Seasons	
	Kay Villaflor	Larrakia Nation	
	Joseph	Larrakia Nation	
	Nathan Finn	NT Police	
	Linda Spencer	Catholic Care	
	Nathani Nathan	Catholic Care	
Sally Weir	DCM		
10 October 2019	Emily Stanton	YORET	Service provider updates Security – Shannon discussed need for timely info about any incidents Trail of WhatsApp for communication between providers. NT Youth Round Table overview ADF workshop International Men’s Day Grant round open.
	Amanda Stevenson	CoP	
	Lance Godwin	PaRBA	
	Peter Burnheim	Alcohol ad Drug Foundation	
	Breanna Duncan	Office of Youth Affairs, TF	
	Aaron Emmett	Six Seasons	
	Shannon Brahim	Mulga Security	
	David Boustead	NT DCM	
Sally Weir	NT DCM		
25 October 2019	Emily Stanton	YORET	Services updates December-January School holiday planning Christmas Party Promotion – pop up stall at shopping centres idea YORET space – being developed. Information sharing platform – GWLWP – looking for partner in project.
	Ashlee Turner	YORET	
	Amanda Stevenson	CoP	
	Lance Godwin	PaRBA	
	Rachel Fosdick	PaRBA	
	Kay Villaflor	Larrakia Nation	
	Aaron Emmett	Six Seasons	
	Shannon Brahim	Mulga Security	
	Naomi Brennan	Grow Well Live Well Palmerston	
	Mel Williams	Sommerville Community Service	
Sally Weir	NT DCM		
8 November 2019	Amanda Stevenson	CoP	Pop up stall organising Timeline for Dec/Jan holidays WhatsApp guidelines Service updates Christmas Party – PaRBA hosting Danila Dilba information ABC Radio – young people stories. Youth Week grants.
	Rachel Fosdick	PaRBA	
	Mel Williams	Somerville Community Services	
	Judy Brown	YMCA	
	Ashlee Coleman	YMCA	
	Jackson Bursill	Danila Dilba	
	Stephane Tabardin	YMCA Palmerston Pool	
	Sally Weir	NT DCM	
5 December 2019	Amanda Stevenson	CoP	Service provider updates YORET – space will be available in limited ways in school holidays
	Rachel Fosdick	PaRBA	
	Lance Godwin	PaRBA	
	Ashlee Coleman	YMCA	



	Rozi Carbone	Palmerston Girls Academy	Girls Academy – Leticha is new coordinator. Remove library services from calendar – overbooked. WhatsApp – Sally and Amanda working on it.
	Leticha Jeffries	Palmerston Girls Academy	
	Dave Russell	YORET	
	Sally Weir	NT DCM	
16 December 2019	Belinda Firley	Darwin Castles	Updates from school holiday programs delivered Upcoming events/activities WhatsApp – NTG and CoP cannot participate in this info sharing group. Palmerston Youth Drop In Centre – announced on 9 Dec. Partnership between NTG-TF & CoP. Orgs can submit proposal to run the centre. Anti-rock throwing campaign Security & safety Youth Festival - EOI being sent out. Youth Media team being formed by CoP
	Andrew	Darwin Castles	
	Kay Villaflor	Larrakia Nation	
	Judy Brown	YMCA	
	Lance Godwin	PaRBA	
	Amanda Stevenson	CoP	
	Shannon Brahim	Mulga Security	
	Zainab Mohamud	Student - DCM	
Sally Weir	DCM		
30 December 2019	Nathan Finn	NT Police	Service Provider updates Tour of new YORET space YMCA pool event cancelled due to weather WhatsApp not yet set up Some negative social media Activities for 14-17 year olds discussion Police report no major incidents over school holiday. Gap in program discussed and filled.
	Rob Overall	NT Police	
	Serena Dalton	GAP	
	Shannon Brahim	Mulga Security	
	Judy Brown	YMCA	
	Dave Russell	YORET	
	Sally Weir	DCM	
6 January 2020	Serena Dalton	GAP	Service provider updates PaRBA - Great JMilla concert. 186 attendees YMCA – age group issues – under 9’s need more supervision. Mulga Security – kids well behaved at concert.
	Shannon Brahim	Mulga Security	
	Judy Brown	YMCA	
	Shaq	PaRBA	
	Emily Staunten	TF	
	Sally Weir	DCM	
16 January 2020	Rachel Fosdick	PaRBA	Holiday program overview Mulga – only one issue ParBA – well attended, great behaviour. YORET – no issues Sexual health discussion – how do young people access information/support/resources. – Amanda to liaise with YORET about this. WhatsApp – going well.
	Amanda Stevenson	CoP	
	Shannon Brahim	Mulga Security	
	Emily Staunten	TF	
	Zainab Mohamud	Student DCM	
20 January 2020	Amanda Stevenson	CoP	Activity Updates School holiday program review meetings Discussion re Boxing
	Rachel Fosdick	PaRBA	
	Judy Brown	YMCA	
	Shannon Brahim	Mulga Security	

	Eytahnyia Scott	Larrakia Nation	Transport needs Use of WhatsApp Evaluation
	Sally Weir	NT DCM	
3 February 2020	Rianna Talbot	YMCA	Review of school holiday program Dec/Jan. JMilla concert a success Reduction in major incidents compared to July. WhatsAPP – guidelines discussed YORET Youth Hub activities Transport going well CoP Youth Media Team Youth Newsletter VSA training
	Amanda Stevenson	CoP	
	Shack	PaRBA	
	Shannon Brahim	Mulga Security	
	Dave Russell	YORET	
	Emily Staunton	YORET	
	Kay Villaflor	Larrakia Nation	
	Sally Weir	NT DCM	
24 March 2020	Breanna Duncan	OYA - TF	Keeping Connected Meeting Purpose: explore ideas and projects to support Palmerston community to stay connected during Covid 19 time. Sally discussed Postcard Project Other supports including food delivery, online resources and communication systems discussed. Focus on ensuring engaged kids don't become disengaged.
	Sarah Benesha	GWLWP	
	Naomi Brennan	GWLWP	
	Amanda Stevenson	CoP	
	Maddy Have	CoP	
	Skye Frost	CoP	
	Lucas Fiddaman	DCM	
	Lance Godwin	PaRBA	
	Rachel Fosdick	PaRBA	
	Ted Clark	APM	
	Sally Weir	DCM	
26 March 2020 (telecon)	Judy Brown	YMCA	Covid – changing environment Rec Centre closed – nowhere for PaRBA run YDIS YMCA space closed. Larrkia Nation bus can only transport 10 young people Yarraman Territory – cannot run due to social distancing YORET space – reduced hours. <b>Issues:</b> Lack of supplies (soap & sanitiser) Access to wifi Food security – plans to make meals available in holidays (YMCA, PaRBA and Larrakia Nation)
	Serena Dalton	GAP	
	Jolene Walsh	Yarraman Territory	
	Kay Villaflor	Larrakia Nation	
	Rachel Fosdick	PaRBA	
	Lance Godwin	PaRBA	
	Joey	YORET	
	Dave Russel	YORET	
	Sally Weir	NT DCM	
23 April 2020 (telecon)	Judy Brown	YMCA	Program updates Meals and outreach going well Youth festival cancelled Mic Check Palmy using outreach model. Overview of Palmerston School Term Outreach Program (April 20 to July 26) Key Learning from the Outreach School Holiday program documents.
	Kay Villaflor	Larrakia Nation	
	Lance Godwin	PaRBA	
	Joey McGee	YORET	
	Wayne Glenn	Sounded	
	Amanda Stevenson	CoP	
	David Boustead	NT DCM	
	Sally Weir	NT DCM	
7 May 2020	Judy Brown	YMCA	Provider updates Covid 19 safety plan requirements for YAG funded programs. Evaluation funding gained PIN Survey
	Rianna Talbot	YMCA	
	Amanda Stevenson	CoP	
	Dave Russell	YORET	
	Jye Cardona	Red Cross	
	Serena Dalton	GAP	

	Sally Weir	NT DCM	Postcard Project. Ready to send out soon. July holiday plans
19 June 2020	Ashlee Coleman	YMCA	DTSC – info about grants programs YMCA – stakeholder & service provider day at new YDC. Critical incident at Bagot Community – discussion and actions. CoP – Freestyle Fridays going well. YORET – Youth Hub opening on 1 July Holiday activities Grant round outcomes.
	Georgia McCallum	YORET	
	Joey McGee	YORET	
	Amanda Stevenson	CoP	
	Sharon Fielder	Regional & Club Development Senior Officer North – Dept. Tourism Sport & Culture	
	Sally Weir	DCM	
2 July 2020	Amanda Stevenson	CoP	Service Updates New PYA going well St Johns First Aid Training – only a few spots left Yarraman – fully booked Planning for protective behaviours training Evaluation Consultant commissioned via PaRBA
	Kay Villaflor	Larrakia Nation	
	Serena Dalton	GAP	
	Rachel Fosdick	PaRBA	
	Sera Gleeson	St John NT	
	Sally Weir	NT DCM	
27 July 2020	Amanda Stevenson	CoP	Service Updates Holiday activities well attended. Lots of new faces Virtual Urban Jam YORET space open 3- 7pm mon-fri Evaluation introduction
	Joey McGee	YORET	
	Lance Godwin	PaRBA	
	Gretchen Ennis	Useful Projects	
	Rianna Talbot	YMCA	
	David Boustead	DCM	
21 September 2020	Amanda Stevenson	CoP	Provider updates YORET space open over school holidays Urban James event 2 <sup>nd</sup> Oct. Self Defence Course (girls 13-17) for school holidays Evaluation updates. Friday Nights – increase in conflict over last month in public spaces. Transport – LN applied for additional resources for school hols. Calendars – add wheelchair access icon.
	Joey McGee	YORET	
	Bola Adeite	YORET	
	Lance Godwin	PaRBA	
	Sharon Kimberley	Personal Protection Program	
	Gretchen Ennis	Useful Projects	
2 October 2020	Amanda Stevenson	CoP	School holiday program updates Strong attendance in general YORET – numbers low Self Defence -minimal registrations Evaluation updates – Ethics approved
	Lance Godwin	PaRBA	
	Joey McGee	YORET	
	Bola	Student/YORET	
	Yoland	Larrakia Nation	
	Gretchen Ennis	Useful Projects	
	Sally Weir	NT DCM	
17 November 2020			

4 December 2020	Kay Villaflor	Larrakia Nation	Service Updates Christmas events/parties Youth Info Card Negative social media issues Updated Covid 19 protocols.
	Yolande Alley	Larrakia Nation	
	Lance Godwin	PaRBA	
	Amanda Stevenson	CoP	
	Emily Staunton	YORET	
	Serena Dalton	GAP	
	Sally Weir	NT DCM&C	

## Overview.

Number of youth activity coordination meetings = 27

Organisations/Groups represented: 29

### **Government (local and territory) = 7**

NT Dept. Chief Minister and Cabinet (DCM)

Territory Families - Youth Outreach and Reengagement Team (YORET)

NT Dept. Tourism Sport & Culture

Territory Families - Office of Youth Affairs

NT Police

NT Dept. Health - Alcohol and Other Drugs

City of Palmerston

### **Non-government Organisations = 7**

Larrakia Nation

St Johns Ambulance

YMCA

Red Cross NT

Sommerville Community Services

Catholic Care

Danila Dilba

### **Community Groups/Networks = 2**

Grassroots Action Palmerston (GAP)

Grow Well Live Well Palmerston (GWLWP)

### **Sports Associations = 1**

Palmerston & Regional Basketball Association (PaRBA)

### **Education Organisations = 1**

Charles Darwin University (students on placement)

### **Private Service Providers = 10**

Personal Protection Program (self-defence)

SoundED

Yarraman Territory

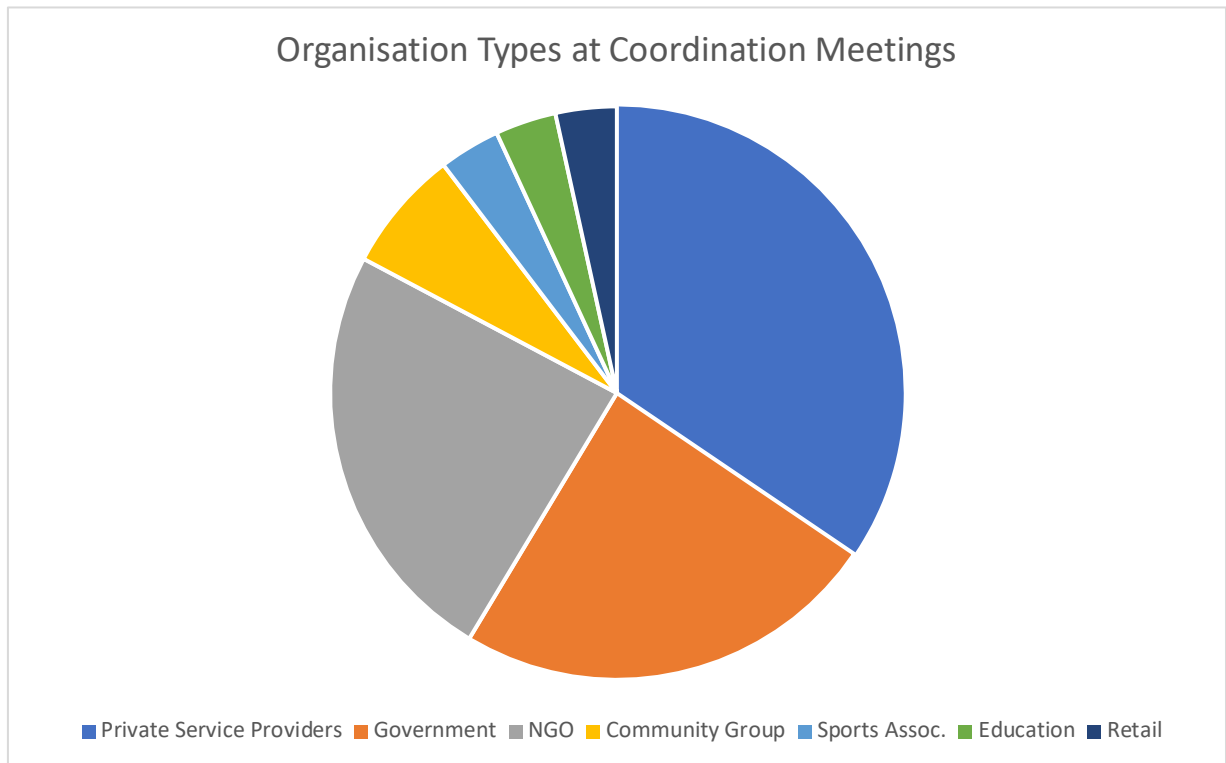
Advanced Personal Management (APM)

Mulga Security

Node Consultants  
Six Seasons  
Darwin Castles  
Girls Academy (Palmerston)  
Useful Projects (evaluation consultant)

**Retail/Markets (1)**  
Palmerston Community Markets Association

What organisations attend the coordination meetings?

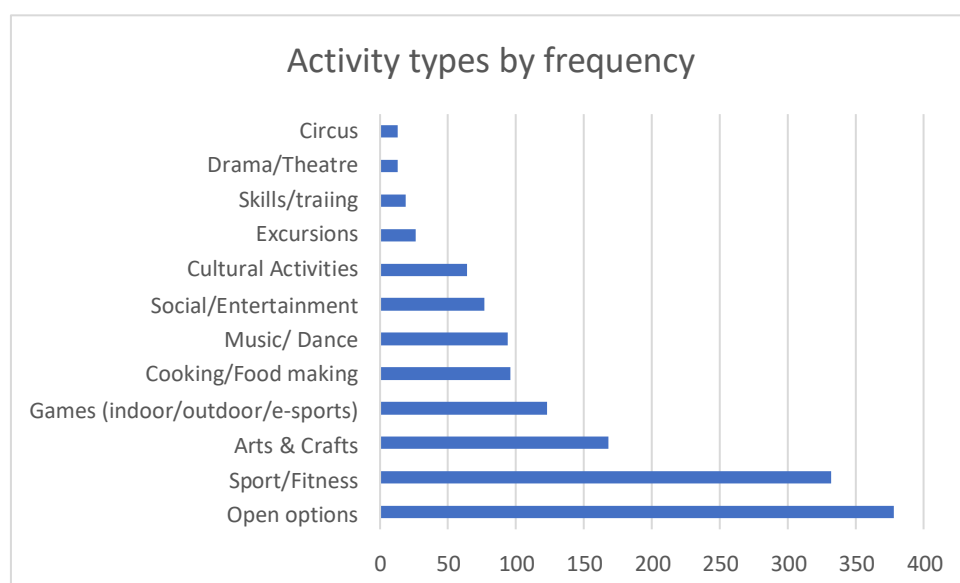


## Appendix D:

Summary of PYA Grant funded school holiday activities from published calendars

Summary of PYA funded activities from School Holiday Calendars  
Dec 2017 to January 2021

Holiday Period		total hours PYA funded	weeks	av hours per week
14 December 2017	2 February 2018	222	6	37
13 April 2018	21 April 2018	66	1	66
2nd July 2018	21 July 2018	190.5	3	64
1 October 2018	13 October 2018	118	2	59
15 December 2018	26 January 2019	273	6	46
15 April 2019	20 April 2019	58.5	1	59
29 June 2019	20 July 2019	190	3	63
30 September 2019	12 October 2019	125	2	63
15 December 2019	26 January 2020	265	6	44
March/April	COVID	0		
27 June 2020	18 July 2020	243.5	3	81
26 September 2020	10 October 2020	133	2	67
18 December 2020	30 January 2021	280.5	6	47
<b>Total PYA funded holiday hours December 2017 and October 2020</b>		<b>2,165</b>	<b>41</b>	<b>53</b>



Activity Type	Frequency of activity
Open option/unprescribed indoor activities (e.g. games/crafts/chill out/cooking/movies)	378
Sport &/or Fitness	332
Arts &/or Crafts	168
Games (indoor/outdoor/e-sports)	123
Cooking/Food making	96
Music &/or Dance	94
Social and/or Entertainment	77
Cultural Activities	64
Excursions	26
Educational/skills/training	19
Drama &/or Theatre	13
Circus	13

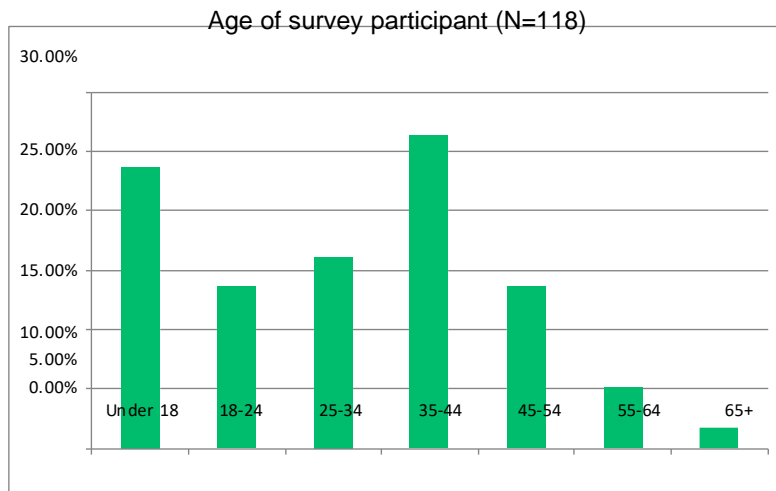


Appendix E:

Community Survey Results

## Palmerston Community Survey Results

- Survey open from October 16 to November 6<sup>th</sup> 2020.
- Web-based (via email link and QR code) and paper options for survey completion.
- 118 Responses (N=118)
  - 82 at Palmerston Market Stall
  - 36 via reference group networks

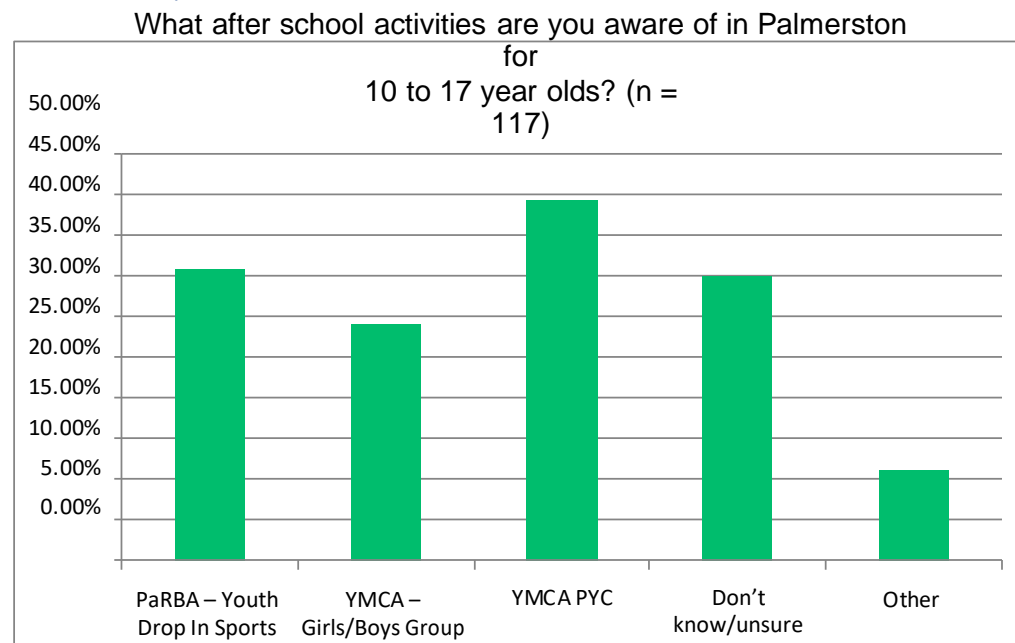


26 respondents aged under 18. Of these

- range of 11 to 17 years.
- average age was 14 years.

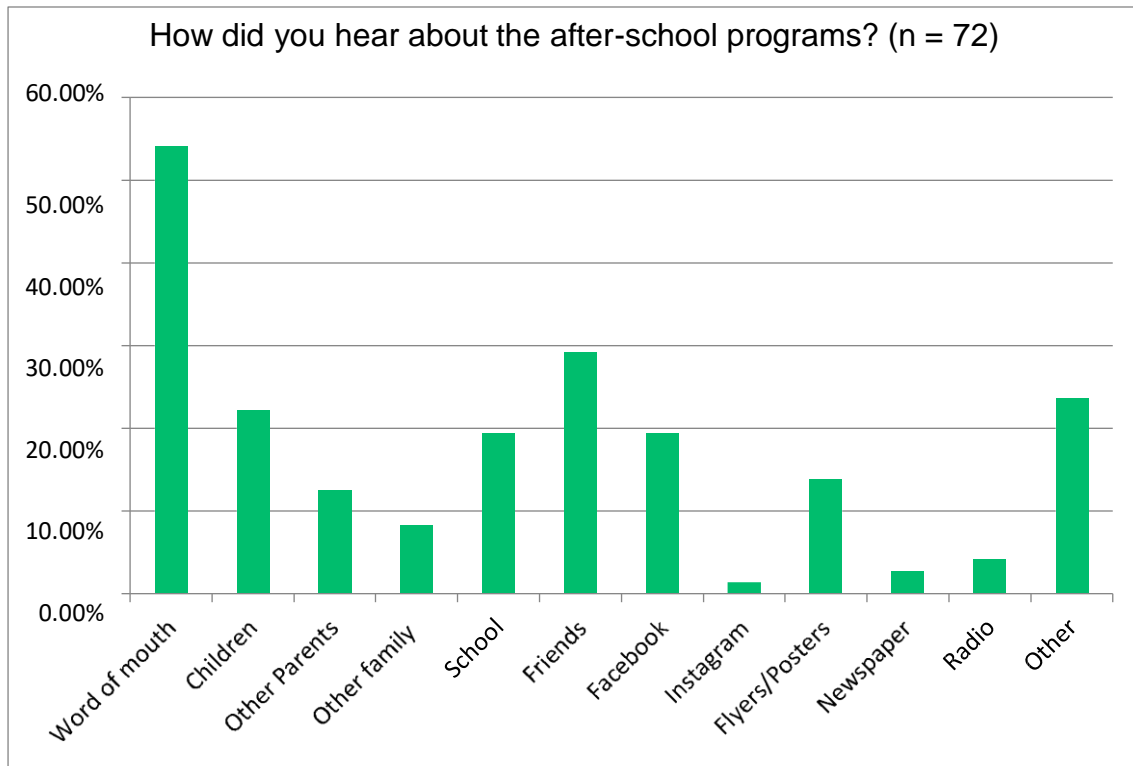
## After School Activities

### Community Awareness of After-School Activities

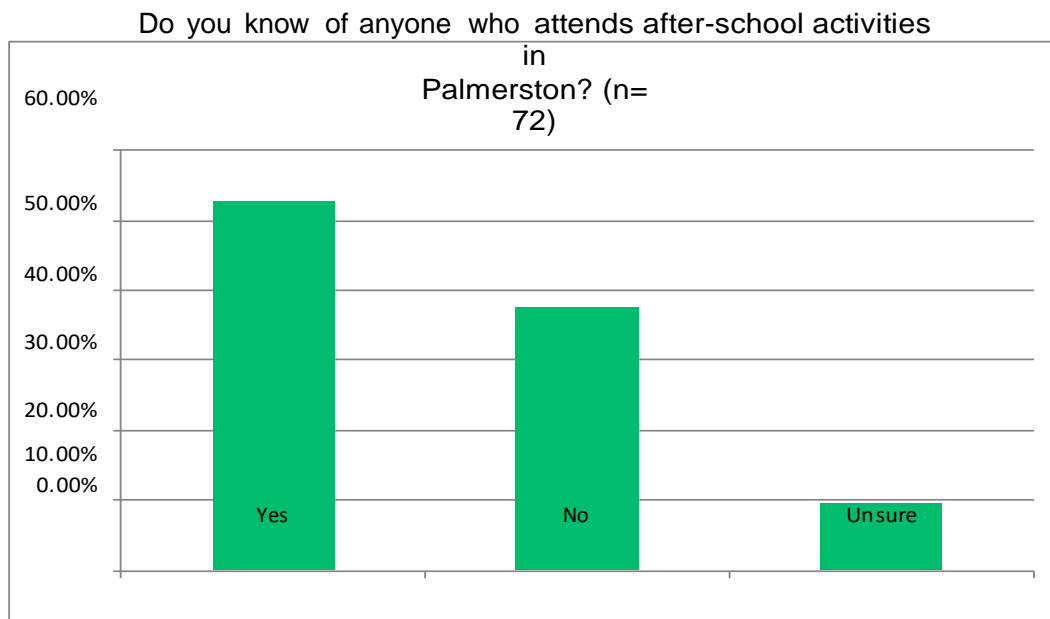


#### 'Other' Responses

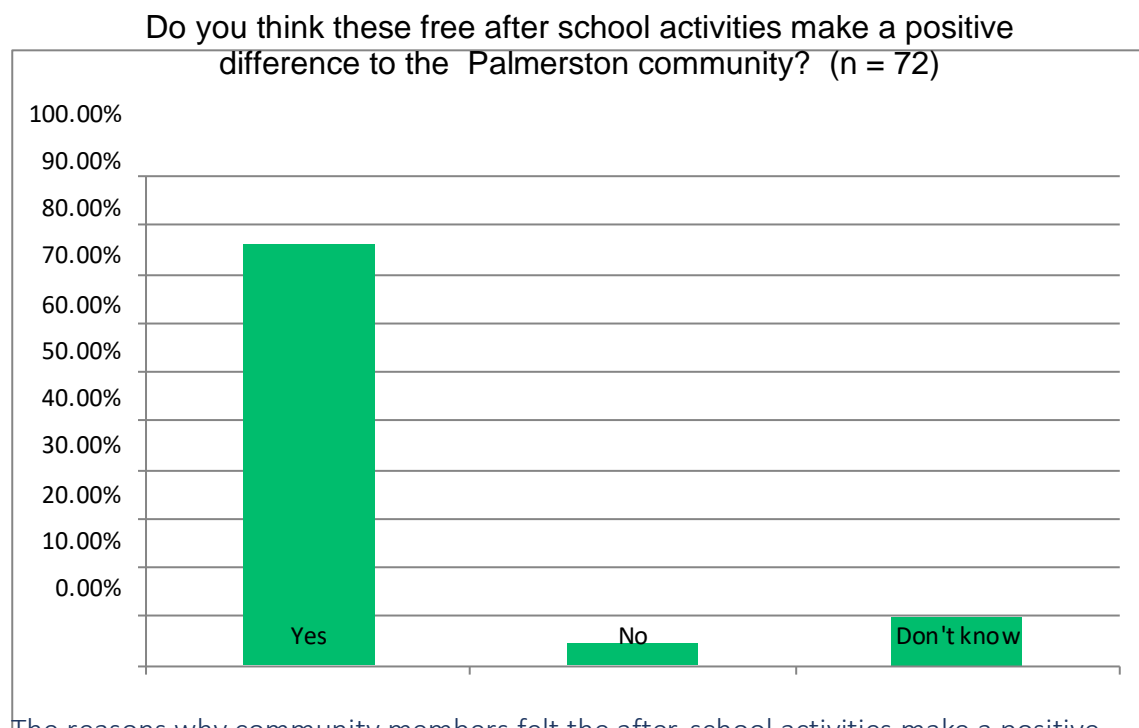
- Library activities - 3
- Don't know/Can't remember - 7
- Larrakia Nation – 2
- Midnight Basketball – 1
- Rugby – 1
- Step Program for English – 1



'Other' included:  
 don't know - a while ago (4)  
 My job (3)  
 Seen it walking past (2)  
 Media/TV (2)  
 At Oasis Shopping centre  
 Via Palmerston pool  
 Network groups in Palmy  
 Through PaRBA weekend basketball



## Community Views on After School Activities



The reasons why community members felt the after-school activities make a positive difference include:

### *Engagement in fun/positive activities. (49 people)*

There was general acknowledgement that all young people need interesting, engaging and fun things to do outside of their homes. Nine respondents noted that such activities keep young people 'off the streets' and 'out of trouble'.

*'The guys that run it are pretty chill. Kids like them, they are good activities to keep kids busy. The kids come home talking about what they did, who they hung out with. If they are in the Rec Centre they aren't on the street'*

*Gives my teenage son something good to do*

*Because everyone would be bored without them*

*They help provide activities for children who are otherwise likely to wander the streets, sometimes getting into trouble.*

### *Positive relationships*

With other young people and/co-workers (8)

*They allow everyone to communicate with each other and make new friends*

*It helps people in ways other things can't*

### *Important for Families*

Free activities very important for families (5)

*Gives people choice of things to do where there might be financial or access issues otherwise.  
Guides them appropriately in the right direction.*

*Essential supports for families. Activities for families cost a lot and its important for you people  
to have things to do*

### *Safe & Healthy*

A safe place for kids to be kids (4). Promotes health and wellbeing (4)

*Kids need safe places to go*

*I can get away from my parents when they are drunk*

*Keeping kids safe, good engagement. Great people involved*

*Because it makes us more productive, active and fit*

### Challenges

Respondents that answered 'no' or 'don't know' highlighted two issues. They concerned a lack of awareness about the activities (2 responses) and concerns that the activities could be unsafe because of the behaviour of other young people attending or 'hanging around' (1 response).

#### *Safety*

*Kids that would like to use don't as they don't feel safe going to them due to gangs that hang  
around them*

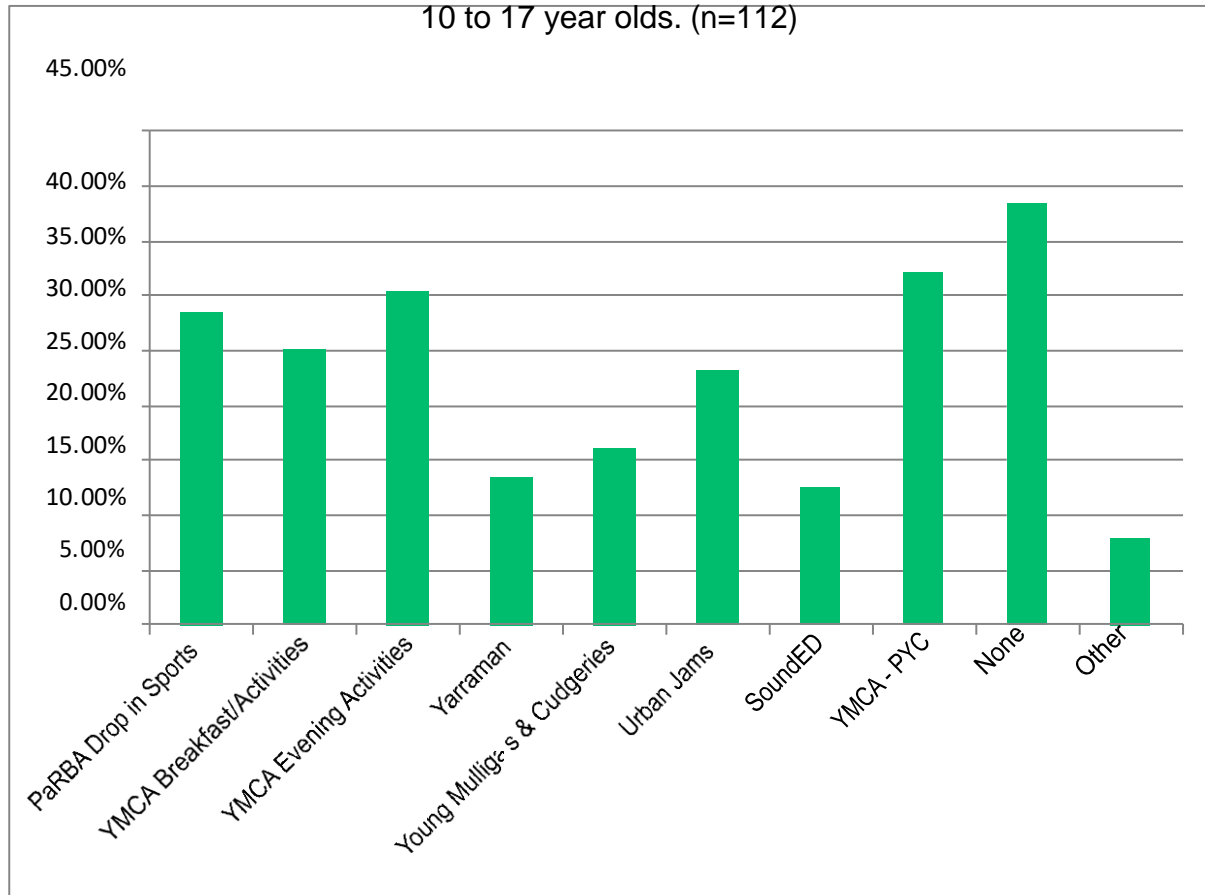
#### *Lack of Community Awareness*

*I don't know anything about these activities*

# School Holiday Activities

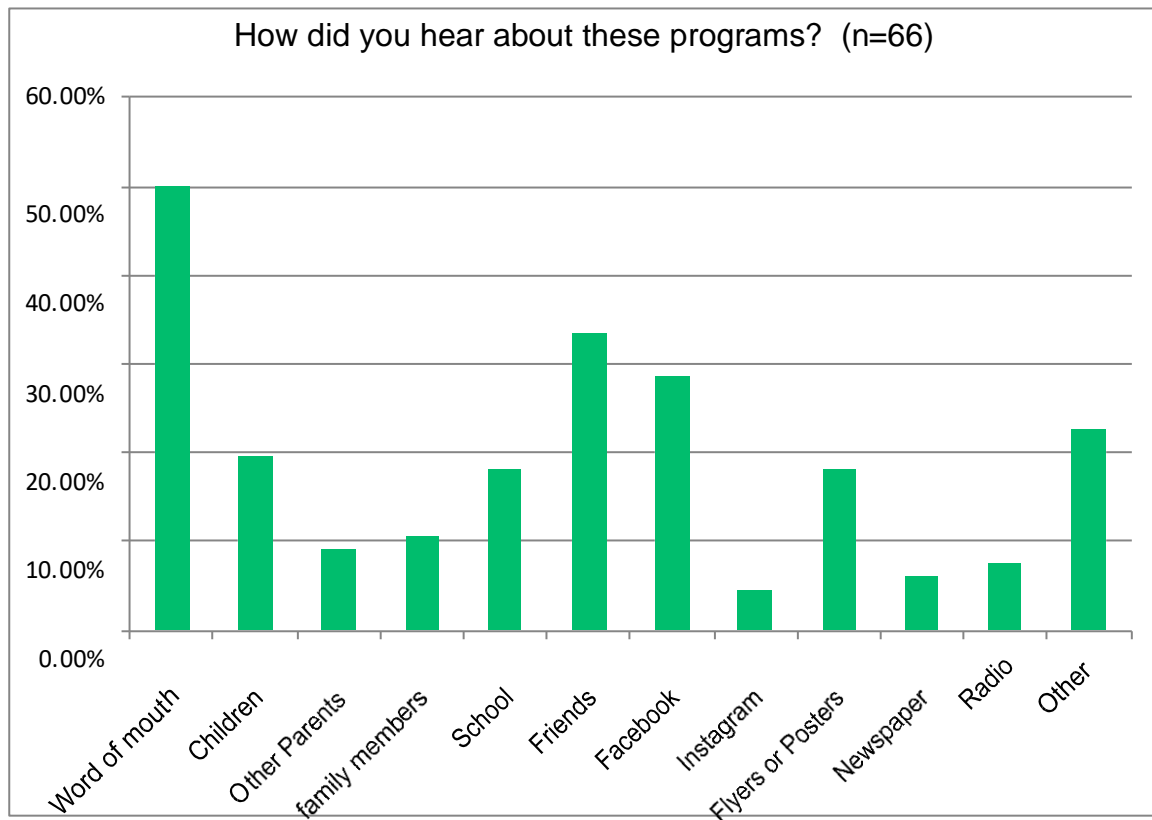
## Awareness of School Holiday Activities

What school holiday activities are you aware of in Palmerston, for 10 to 17 year olds. (n=112)



'Other' responses included:

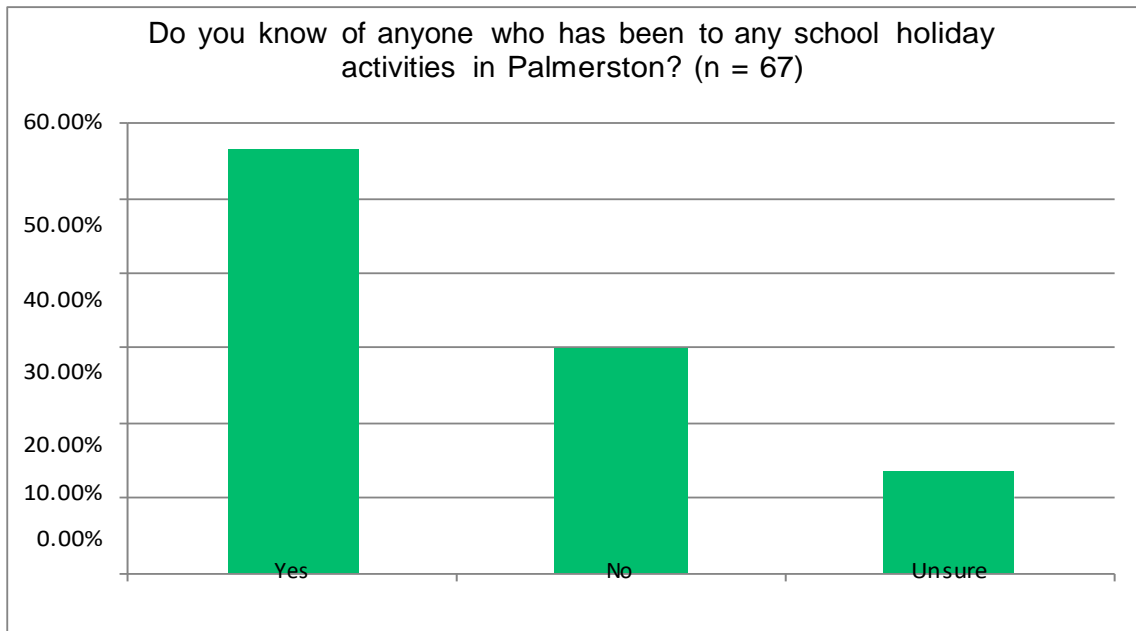
- Not sure but know lots of things on for kids (4)
- RSPCA (1)
- library activities (3)
- Sports (1)
- Larrakia bus (1)
- I think I've seen some art groups run workshops out of the Durack Heights Art space. (1)



'Other' responses included:

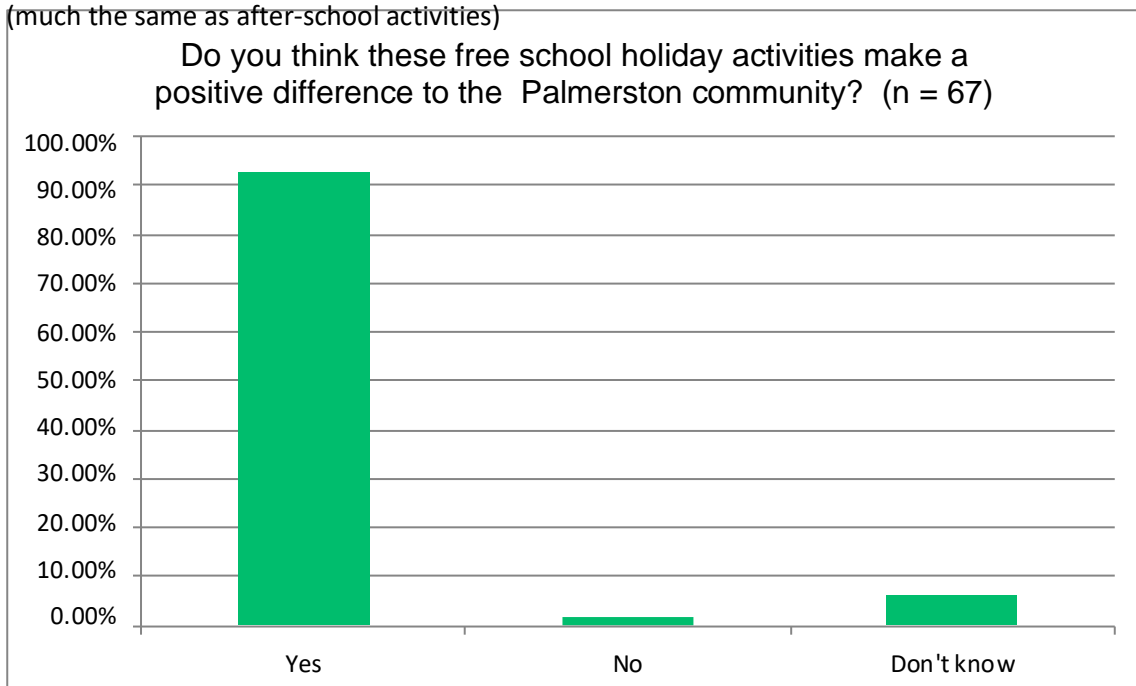
- not sure how (4)
- shopping centre
- passing by (3)
- youth worker
- work
- via Palmerston markets
- street advertising
- library emails
- Networks in Palmerston
- PaRBA Newsletter





### Community views about school holiday activities

(much the same as after-school activities)



## Access to After School and School Holiday Activities

What would help young people you know (aged 10 to 17) to attend a school holiday or after school activity? (n =94)

Better Advertising/Promotion (24).

School information sessions/notes home, shopping centre notice boards/posters, letter box drops, TV ads, radio ads, public bulletin boards, Instagram, school excursions to try activities.

*More information. Hard to know to go to something if you don't know a lot about it especially if anxious person. The more you know what its about you can decide if you want to try*

*Doing awareness events in schools with interactive activities that these programs provide*

Ensure fun/diverse/interesting activities (18).

Indoor skatepark, more outdoor activities, social media activities, some high adrenaline activities for older kids, not too much structure.

*relevance and variety, although it's probably a hassle to put together (and not to mention the cost- not sure how that works) kids and especially teens like options. whether it's a come and play basketball in your only time or actually having teams set up or some kind of training session. different people like different things - not that this isn't already happening :)*

*Maybe more activities for the older kids. You have plenty for the younger ones but try and engage the older ones.*

*more fun stuff for kids not too much structure after school as they are tired from school.*

Don't know/Not sure (15)

Transport (more/free) (11)

*more rides home. the buses are to full and too long to wait*

Knowing it was safe (concerns) (7)

*A safe environment and activities aimed at all teenagers, not just the disadvantaged, street rough kids.*

*Security and police presence. It's also parents that don't feel the kids are safe attending them as the same groups are at shops causing trouble*

*No youth I know would attend because they would be too afraid of the kinds of kids that are attending these things anyway*

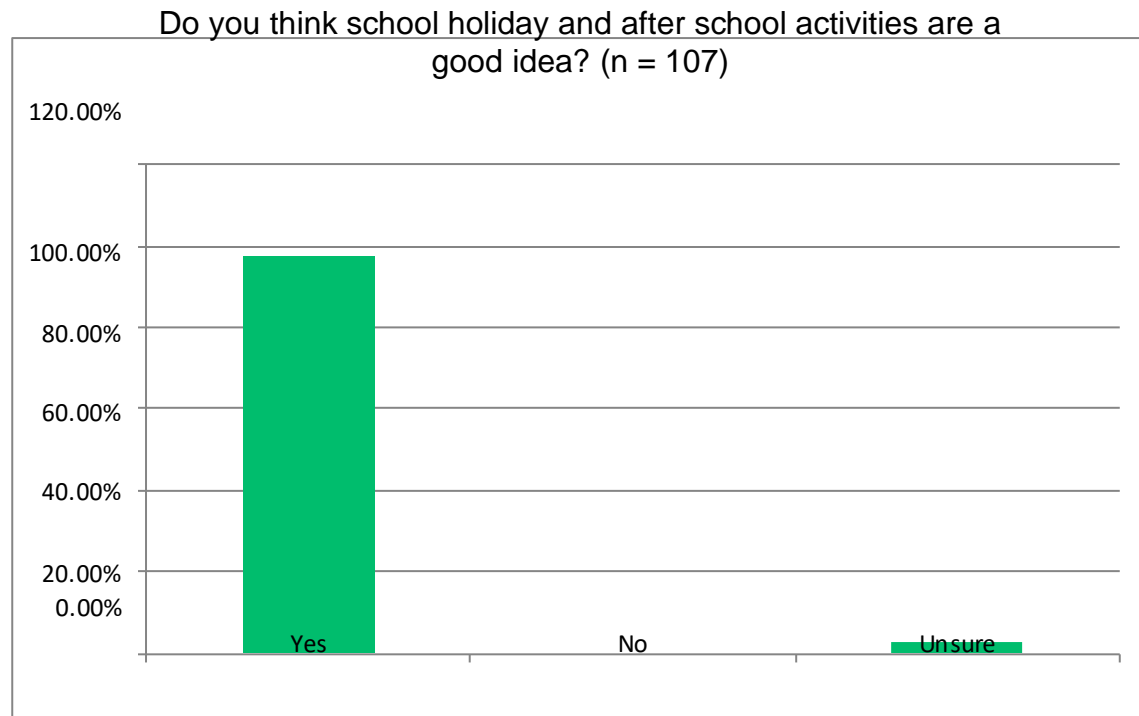
Other issues raised by three or less respondents included:

- Family support/parent input to encourage attendance(3)
- Familiarity with places/people/activities would help some young people attend (3)
- A place for kids to rest (2)
- Speaking English (1)
- Having more things at the YMCA (1)
- More Basketball (1)
- Including educational programs (1)

What makes it hard for young people to attend activities? (n=90)

1. Lack of transport/no one to take them (47)
2. Lack of family or social support/encouragement (16)
3. Peer pressure/stigma about activities (9)
4. Scared/anxious/shy/fear (10)
5. Bullying/gangs/Behaviour concerns (8)
6. Lack of knowledge about activities (9)
7. Money (6)
8. Parents work/other parent commitments (5)
9. Weather – too hot (2)
10. Lack of time/other things on (3)
11. Location/distance (2)
12. Laziness (1)
13. Boring activities (2)
14. Not speaking English (1)

## Community views on the general idea of providing activities for young people in Palmerston



### Why is it a good idea?

#### *Keeps kids busy/out of trouble (24)*

*Keep young fellas out of trouble. good people showing them the proper way*

*They provide safe and beneficial entertainment for Palmerston youth*

*Hanging out with friends can boost their happiness*

#### *Positive role models/influences/connections (18)*

*As I said before, good kids turn into good adults (usually), and some kids need help to find ways to be "good". Holiday programs can be an opportunity.*

*Helps kids to feel part of something*

*connects kids to their community*

*Provides kids with the opportunity to meet others who have similar interests*

#### *Kids should have good/interesting/active things to do (14)*

*Each area should support the kids in that area and free activities help to do that.*

*All kids deserve a chance to take part in fun activities in the holidays regardless of who they are or where they live.*

*Something to do for youth that helps make a community*

## Suggestion or other comments?

*keep them going at the rec. and bring back shack  
swimming to forget troubles*

*Basketball*

*My kids are a bit young for activities at the moment*

*Leave kids alone on 1st week of holidays they are too tired and want to chill and enjoy freedom*

*This market stall is good to show what's happening for children in Palmerston. I didn't know until this.*

*use a market stall to advertise like this one*

*study groups/out of school classes would be good for young people who have trouble at school*

*Police Citizen Club*

*Newspaper is how I hear about things*

*please advertise better. I have a hard time knowing what/when event are on and where*

*Have seen kids playing at basketball but am unsure of times/days etc for my kids*

*No one really knows about these activities. They are not advertised or presented to them.*

*i think this survey was a good way to hear feedback or praise, hope that it helps :)*

*The people that work at the rec make a difference. They give a shit about the kids and make sure they are ok*

Appendix F:

Evaluation Reference Group – Terms of Reference

## **Terms of Reference.**

### **Name of Group**

Palmerston Youth Activity Grant Program Evaluation Reference Group (PYA Evaluation Group)

### **Type of Group**

Special Project – Evaluation Reference Group

### **Purpose**

The PYA Evaluation Group is a time-limited group brought together to provide advice to Useful Projects on the evaluation of the Palmerston Youth Activity Grant Program and the activities generated from the grant program.

### **Role & Function**

Members of the PYA Evaluation Group will:

1. Provide advice, information and guidance to Useful Projects on the development of the evaluation focus, questions and methods and report format.
2. Assist Useful Projects, where possible, in seeking stakeholder input and participation in the evaluation processes
3. Represent their own organisation, and report back to them on the evaluation progress as needed.
4. Support the evaluation of the PYA Grant Program through access to non-confidential program documents and other materials.

### **Membership**

The membership of the PYA Evaluation Group will be open to up to 2 representatives from each organisation involved in the organising, facilitating and delivery of the PYA grant program.

### **Meetings**

1. Meetings will be held fortnightly each Thursday at 10.00am until December 2020. The first of these is on Thursday 20.8.20.
2. Further meetings can be called by any reference group member if required.
3. Meetings will be facilitated by Gretchen Ennis from Useful Projects
4. Meeting will take place in Palmerston, at a location convenient to all members. Phone or web-based meeting can take the place of face-to-face meetings if appropriate.
5. All members will declare any conflicts of interest at the start of a meeting

### **Reporting**

1. Reporting will be through written meeting notes.
2. Meeting notes will be taken by the facilitator and emailed to all members within 3 working days of the meeting.

Appendix G:

Menzies School of Health Research. Ethics approval letter.



7 October 2020

**Ethics Administration Office**  
**File Reference Number: HREC-2020-3849**  
**Phone: (08) 8946 8687 or (08) 8946 8692**  
**Email: ethics@menzies.edu.au**

Dr Gretchen Ennis  
 Useful Projects  
[usefulnt@gmail.com](mailto:usefulnt@gmail.com)  
 CC: [program.manager@parba.org](mailto:program.manager@parba.org)  
 Via Email

Dear Dr Ennis,

**HREC Reference Number: 2020-3849**  
**Project Title: Palmerston Youth Activities Grant Program Evaluation (PYA Evaluation)**

Thank you for letter dated 01/10/2020 and taking the time to respond to the issues of concern identified by the Human Research Ethics Committee of the Northern Territory Department of Health and Menzies School of Health Research (HREC) at its meeting held on the 23/09/2020.

This project was considered by the HREC and the Aboriginal Ethics Sub-Committee (AESC) and assessed against guidelines for human research including the NHMRC *National Statement on Ethical Conduct in Human Research 2007*.

I am pleased to advise that **full ethical approval** of this research project has been granted following assessment by representatives of both the AESC and the HREC. Please note that approval applies only to research conducted after the date of this letter and continued approval is dependent on annual reporting.

**Approval Date: 07/10/2020**

Approval is granted for the above research project until the next report due date.

**Annual progress report due: 31/03/2021**

**Approved timeframe (subject to compliance and annual reporting): 07/10/2020 – 31/03/2021**

The nominated sites/s participating in this project that have been approved by this HREC is/are:

- **Palmerston area including, but not limited to, Palmerston Council Offices, YMCA facilities and the Palmerston Recreation Centre.**

**Please note:**

- \* Researchers must comply with site specific governance regulations, data custodian and other stakeholder requirements.

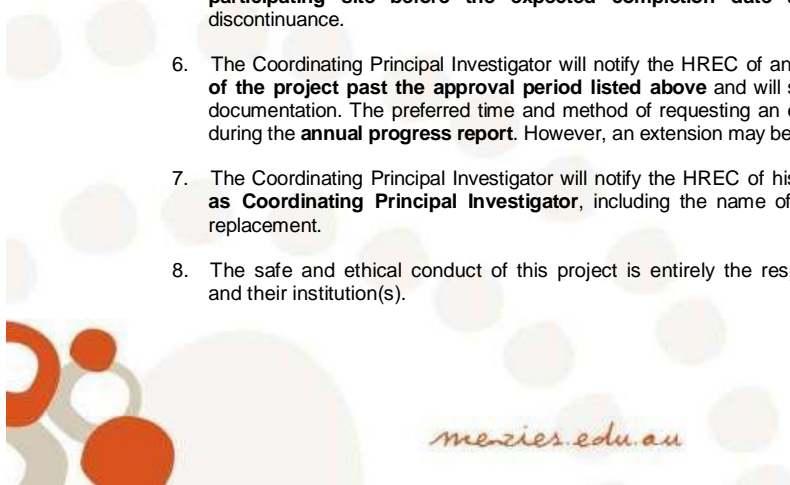
**The documents listed below are approved:**

Document	Version	Date
Study Protocol/Project Description	2	27 August 2020
CV for Principal Investigator	-	20 August 2020
Plain Language Evaluation Information Sheet – Organisation Interviews	1	1 October 2020
Plain Language Evaluation Information Sheet – Parent/Guardian Information for Child Interviews	1	1 October 2020
Plain Language Evaluation Information Sheet –	1	1 October 2020

Family/Guardian Interviews		
Consent form for families, PYA Organisations and Other Community Organisation Interviews	2	1 October 2020
Informed Consent Form for Parents/guardians of young people who participate in PYA programs	2	1 October 2020
Interview Guides: - Youth Participants of PYA - PYA organisations - Parents/Guardians - External Organisation/Community Leaders	2	27 August 2020
Surveys: - PYA Youth Participants - Palmerston Community Members - External Organisations (not directly involved with PYA)	1	27 August 2020
Observation Guide – for use in observations of PYA programs in action	1	20 August 2020
Part D HREA	-	1 September 2020
Letter of support from Auspice body (Palmerston & Regional Basketball Association)		
Letter of support from PYA Evaluation Reference Group		
PYA Evaluation Reference Group Terms of Reference	1	20 August 2020

**APPROVAL IS SUBJECT TO** the following conditions being met:

1. The Coordinating Principal Investigator will **immediately report anything that might warrant review** of ethical approval of the project.
2. The Coordinating Principal Investigator will notify the Human Research Ethics Committee of the Northern Territory Department of Health and Menzies School of Health Research (HREC) of any event that requires a **modification or amendment to the protocol or other project documents** and submit any required amendments in accordance with the instructions provided by the HREC. These instructions can be found on the Menzies' website.
3. The Coordinating Principal Investigator will submit any necessary reports related to the **safety of research participants (e.g. protocol deviations, protocol violations)** in accordance with the HREC's policy and procedures. These guidelines can be found on the Menzies' website.
4. The Coordinating Principal Investigator will **report** to the HREC **annually** and notify the HREC when the project is completed at all sites using the specified forms. Forms and instructions may be found on the Menzies' website.
5. The Coordinating Principal Investigator will notify the HREC if the project is **discontinued at a participating site before the expected completion date** and provide the reason/s for discontinuance.
6. The Coordinating Principal Investigator will notify the HREC of any plan to **extend the duration of the project past the approval period listed above** and will submit any associated required documentation. The preferred time and method of requesting an extension of ethical approval is during the **annual progress report**. However, an extension may be requested at any time.
7. The Coordinating Principal Investigator will notify the HREC of his or her **inability to continue as Coordinating Principal Investigator**, including the name of and contact information for a replacement.
8. The safe and ethical conduct of this project is entirely the responsibility of the investigators and their institution(s).



9. Researchers should immediately report anything which might affect continuing ethical acceptance of the project, including:
  - Adverse effects of the project on participants and the steps taken to deal with these;
  - Other unforeseen events;
  - New information that may invalidate the ethical integrity of the study; and
  - Proposed changes in the project.
10. Approval for a further twelve months, within the original proposed timeframe, will be granted upon receipt of an annual progress report if the HREC is satisfied that the conduct of the project has been consistent with the approved protocol. Report templates are available on the Menzies ethics webpage.
11. Confidentiality of research participants should be maintained at all times as required by law.
12. The Patient Information Sheet and the Consent Form shall be printed on the relevant site letterhead with full contact details.
13. The Patient Information Sheet must provide a brief outline of the research activity including: risks and benefits, withdrawal options, contact details of the researchers and must also state that the Human Research Ethics Administrators can be contacted (telephone and email) for information concerning policies, rights of participants, concerns or complaints regarding the ethical conduct of the study.
14. You must forward a copy of this letter to all Investigators and to your institution (if applicable).

**This letter constitutes ethical approval only.** This project, including amendments to the research protocol or conduct of the research which may affect the site acceptability of the project, cannot proceed at any site until separate research governance authorisation has been obtained from the CEO or Delegate of the institution under whose auspices the research will be conducted at that site, if not already obtained.

Should you wish to discuss the above research project further, please contact the Ethics Administrators via email: [ethics@menzies.edu.au](mailto:ethics@menzies.edu.au) or telephone: (08) 8946 8687 or (08) 8946 8686.

The Human Research Ethics Committee of the Northern Territory Department of Health and Menzies School of Health Research wishes you every continued success in your research.

Yours sincerely,



Dr. Mary Morris  
Chair  
Human Research Ethics Committee  
of the Northern Territory Department of Health  
and Menzies School of Health Research  
<http://www.menzies.edu.au/ethics>

**This HREC is registered with the Australian National Health and Medical Research Council (NHMRC) and operates in accordance with the NHMRC National Statement on Ethical Conduct in Human Research (2007). NHMRC Reg no. EC00153**



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Appendix H:

Analysis of interview with young people participating in PYA.

# Analysis of Interviews with Young People Currently Attending Palmerston Youth Activities.

## Data Collection

A survey was developed with the evaluation reference group. The surveys were delivered face to face with young people either individually or in pairs. Surveys took between 5 minutes and 30 minutes to complete.

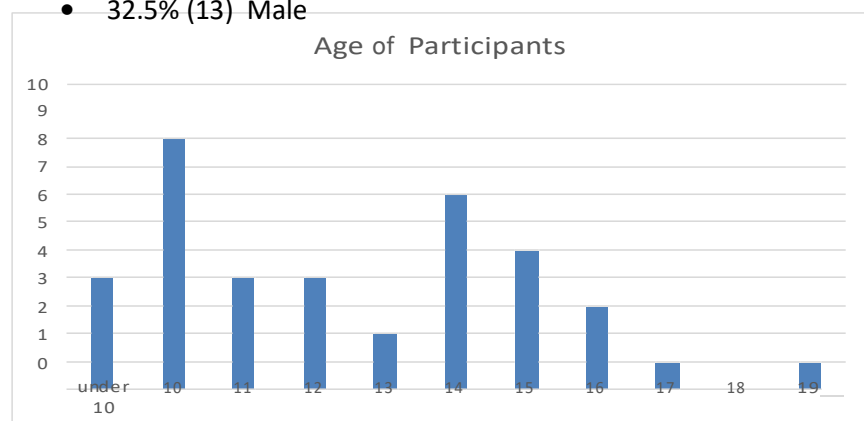
Initially we aimed for anonymity, with paper-based and web-based version of the survey for young people to complete themselves, but uptake was limited, and quality of data was not great. It was decided that the survey was best delivered face-to-face, in a more conversational style. Gretchen spent time at each location, meeting employees and participants. Potential interview participants were approached by employees and if they were interested, introduced to Gretchen. Gretchen explained what she was doing and why. Young people could then choose whether or not they wished to do the survey. Some did not wish to, but most agreed. Participants were offered snacks and a raffle ticket for a set of headphones as a 'thank you' for completing the survey.

Data was collected at the following activities/events:

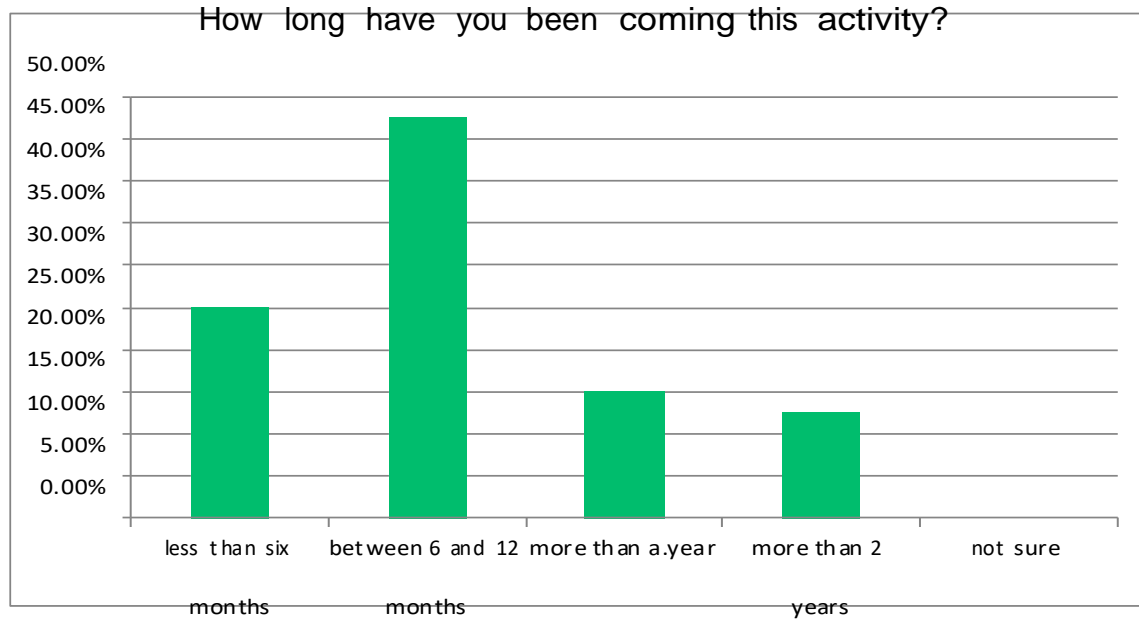
- Urban Jams: 9
- Youth Drop In Sports Night: 11
- YMCA Girls Night: 8
- PYC Drop In: 12.

There were 40 respondents in total.

- Range: 9 -19 years
- Average: 12.5 years
- Mode: 10 years (22.5%)
- 67.5%. (27) Female
- 32.5% (13) Male

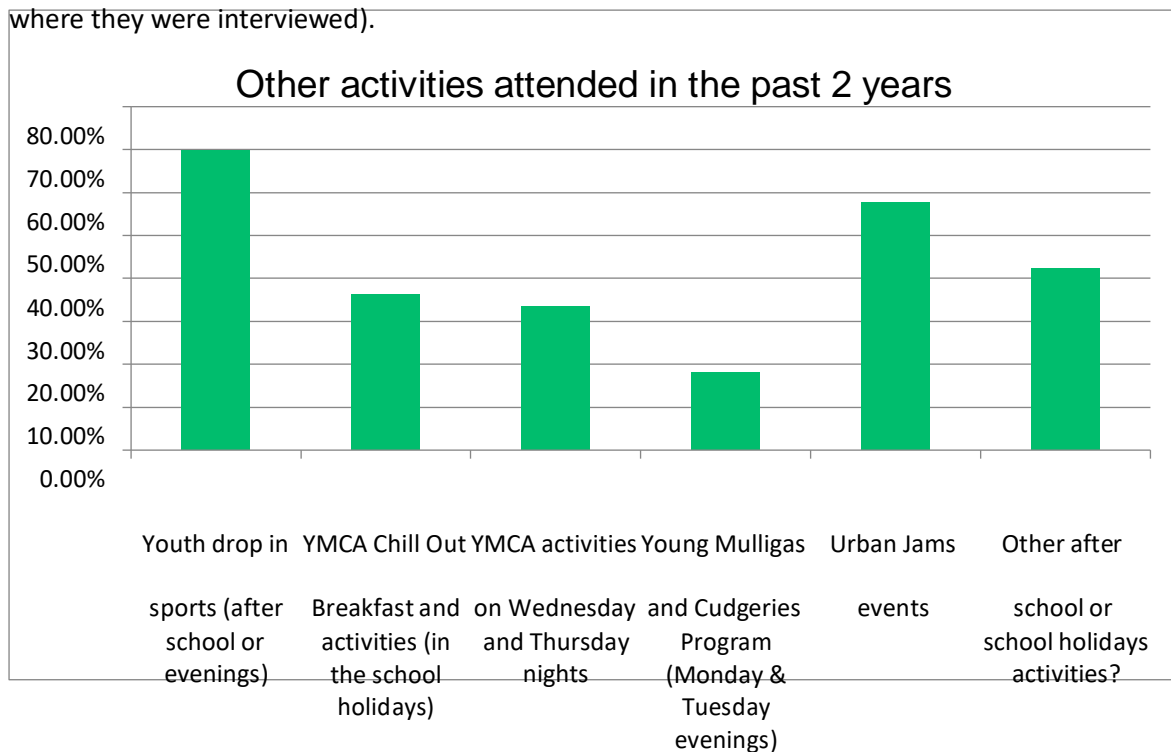


## Length of time attending current activity

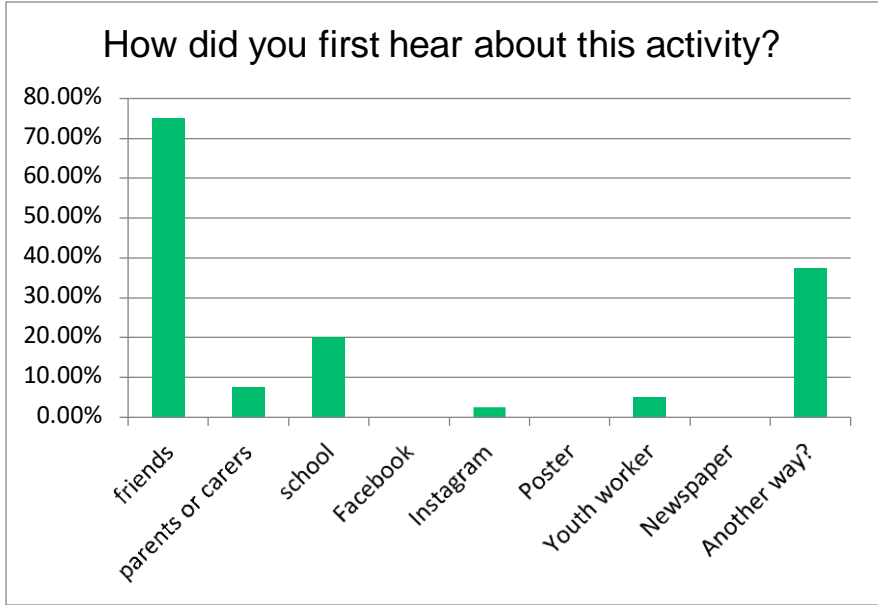


## Attending multiple activities

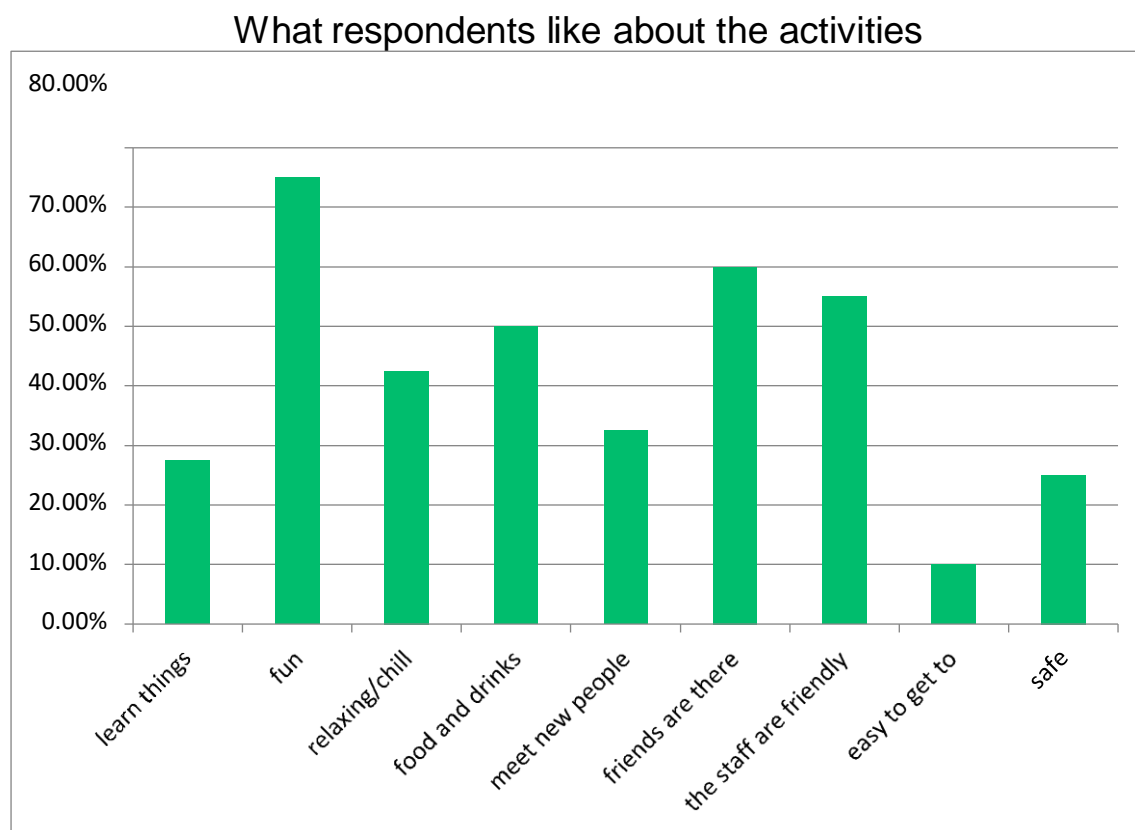
38 of the young people interviewed attended other youth activities/events (other than the one where they were interviewed).



'Other' included: library activities, sports/training, YOREO drop in space, OSHC,



## Views about Activities



## Themes from Events/Activities

### Urban Jams

#### Networking & Skills

- *I like to meet other people in the youth media team and I have gained work experience and skills from being involved.*
- *I really want a job in government, and this helps me build up my skills and meet people.*

#### Great range of activities

- *Look around, there's so much happening here. This is the best place to be in Palmerston at the moment. I can't think of what other activities would be needed, just more of this.*

### Youth Drop In Sports

#### A great place to play basketball and volleyball, and to just chill.

- *I just like to have somewhere to come, and to play basketball, and chill.*
- *I love volleyball and basketball. I like playing and improving my skills. I like the people here.*
- *You can just chill, there are not many grown-ups. It's cool because it's airconditioned, there's food, it's a good place to be. Better than outside.*

#### Supportive, friendly staff

- *The staff are friendly, and you can talk to them about anything you need.*



- *The staff will always talk and play sport with you if there is no one else to play with.*
- *The staff are so kind and friendly and help you when you have a problem.*
- *[Five comments about liking specific staff members]*

#### *Links to future opportunities*

- *I would like to get a job here. There are kids who come here and volunteer and get jobs here so you have opportunities like that.*
- *There are volunteer opportunities. If you want to take them there is the opportunity to get skills for working here. It gets kids into doing something after school.*

#### *Building friendship networks*

- *It's good having people to talk to. I didn't know anyone when I started and now I know nearly everyone in my school and other people in the 10-12 campus. It's reassuring for me for when I go into year 10, I will know people at that campus.*

### YMCA Activities (Girls Night, School Holiday Breakfast and Activities)

#### *Supportive, friendly staff*

- *There are lots of people here who are nice to me.*
- *I can sit back and relax, or I can volunteer to help out with packing things up. You can do whatever you want. It depends on how you feel that day and staff are chill with that.*
- *There are adults you can trust.*
- *[Five comments about specific staff members]*

#### *The Activities*

- *I like making jewellery, doing tie-die, painting, socializing, games, it's just really good.*
- *I like the art, the wellbeing art and Indigenous art, I like talking to the staff. They listen and they do the activities we ask for.*
- *Doing tie-dye and painting and playing tag inside*

#### *Playing and having fun*

- *I like to play and have fun with my friends.*

#### *Making Friends*

- *I moved to Palmerston at the start of the year and I have met my friends here.*

#### *Somewhere safe to be*

- *I don't like being at my home because of family arguments so it's good I can come here and have friends and talk and have dinner.*
- *I like to get out of the house*

#### *Food*

- *The food is good, I always eat here.*
- *I like Eating dinner here, especially sausage stew.*

## Challenges/Difficulties for young people at Activities.

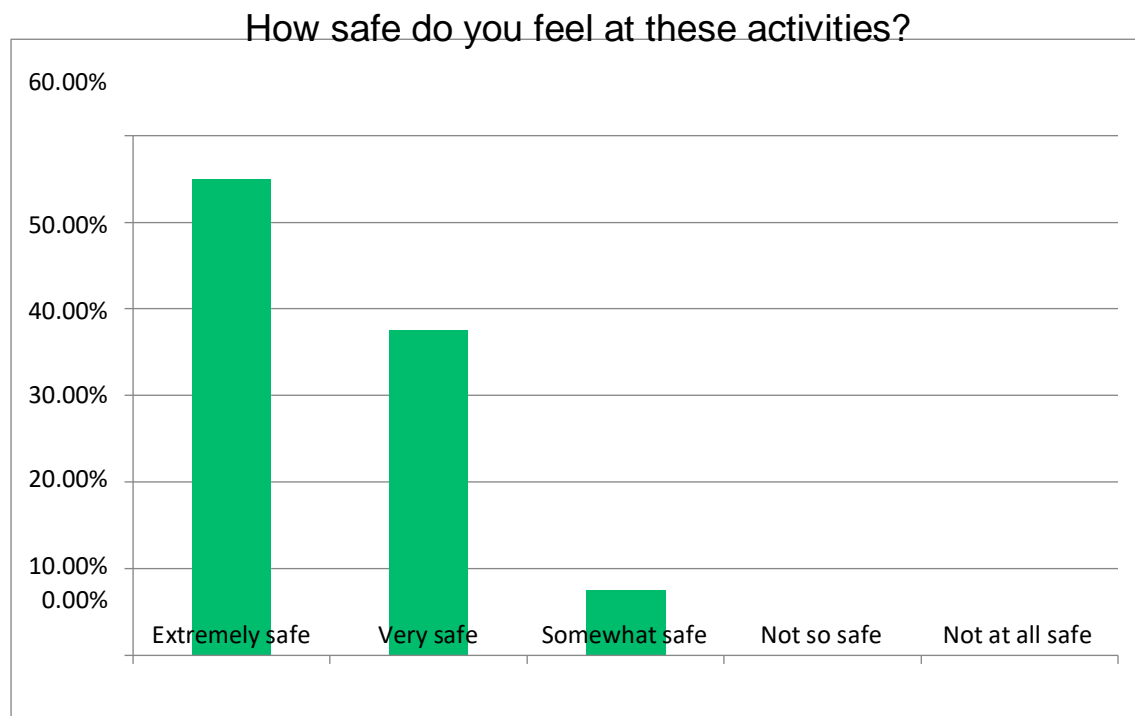
There were not many criticisms of the activities/events by the respondents. Only seven respondents reported things they didn't like and these were all about the behaviour of other young people.

- *I don't like it when other people annoy me, they play annoying way.*
- *When there's people I don't know and they rage.*
- *Some boys get a bit rough.*

## Getting to and from activities

- Only 2 respondents said that transport was difficult for them.
- 1 respondent noted safety in Palmerston was an issue for them on the street.
- Getting there: bus, walk, or parents drop them to the activity
- Getting home: 15 respondents said they always get the Larrakia bus home.

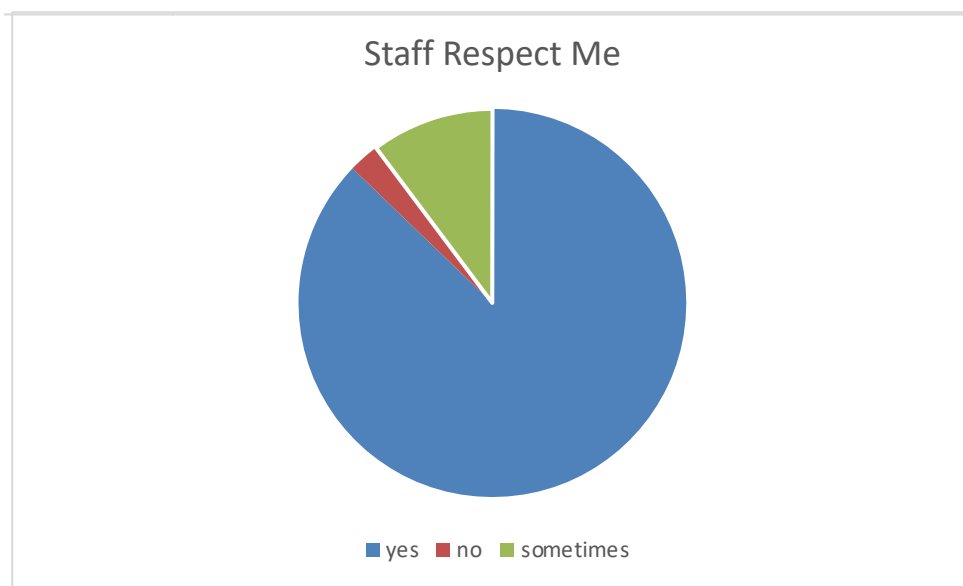
## Safety



## Staff

Do the staff respect you at the activities? (n=39)

Yes	87.18% (34)
No	2.56% (1)
Sometimes	10.26% (4)



### Urban Jams

#### Mentoring

- *Good mentors, they encourage you to learn things and gain experience and skills you can use to get jobs. Things like organisational skills and going to meetings, promotion, strategy, writing, all kinds of things.*

#### Respectful & friendly

- *They make you feel very comfortable.*
- *Staff are great, friendly, especially the security guard here*

### Youth Drop in Sports

#### Kind, respectful, fun.

- *I can talk to them, they help me out. I can tell them things and they can relate. They are good people*
- *Staff are kind and funny and respectful*
- *They are friendly and fun to hang out with.*

#### Having mentors

- *The staff are great mentors. They support you and encourage you.*

- *The staff listen to what you want to do. There are rules, but they are on point so it's fair. You follow them. They cook food for us. They bring us inside if there is trouble outside.*

### Connection and belonging

- *I feel very safe at the Rec Centre. It is a strong sense of community, everyone knows everyone around the Rec Centre, so you feel like you belong. You have a connection.*

## YMCA Activities

### They listen

- *The staff listen about what food you like and what to have for dinner.*
- *They listen and they help you. Sometimes they are busy, but they always try to listen.*

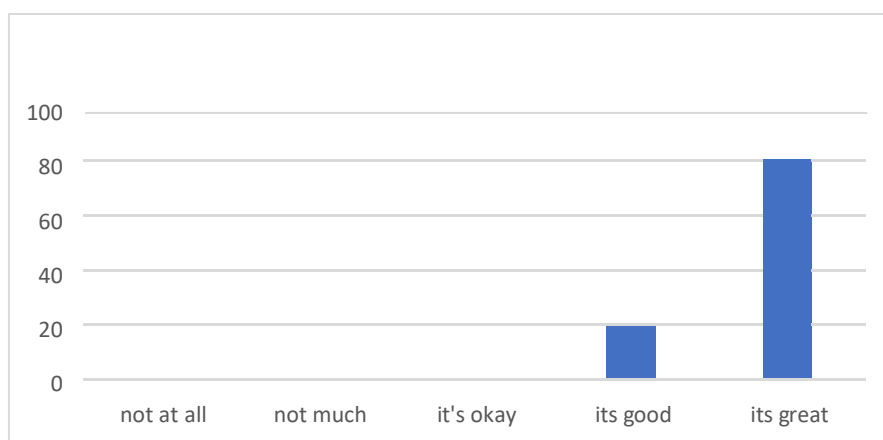
### Kindness, trust, support

- *They are kind and give you good food and snacks.*
- *The staff are good, friendly. You can talk to them if you get into any trouble, you get close to them when you come here everyday.*
- *The staff are always there for you. They are kind and caring. They are funny too.*
- *The staff are great. They give us snacks and dinner and are very welcoming.*
- *I love the staff, they listen.*
- *You can trust them, they listen if you are upset*

## Do the staff listen to you?

On a sliding Never (0) to Always (100) scale the average response was 85.

## I enjoy the youth activities I attend



# What other activities would young people like?

## Facilities

- *Indoor skatepark*
- *An arts and drama centre*
- *Indoor soccer*

## Events

### *More concerts & festivals*

*More concerts for under 18's (6) The concert last week was great.*

### *Street Art*

- *A street art festival for young people (2) – more street art in genera*

### *Other Events*

- *More Kids vs Cops basketball or volleyball contests – I loved that.*
- *More Urban Jams, I love that. Love the music and the volleyball.*
- *more colour runs, more pool parties, they are the best*

## Activities

### *Sport related*

- *Rugby and AFL*
- *Other sports like bike riding and jogging.*
- *Some skills practice sessions and volleyball/basketball competitions.*
- *Volleyball and basketball comps and training for the comps*

### *Physical Fun & Games*

- *I wish there was trampolines here - in the floor like at Flip Out.*
- *A big jumping castle for just girls with slip and slides*
- *Tree climbing, tight rope walking.*

### *Arts related*

- *More visual arts things, there could always be more arts related things. Painting, wood burning, pottery. (2)*

### *Other*

- *I liked the snakes at the Urban Jams, more of that would be good.*
- *Making Tik Tok videos (2)*
- *Science experiments with Mentos and other experiments.*

## Excursion Ideas.

- *King Pin Excursion (11)*
- *Ice Skating (7)*
- *Flip Out (5)*
- *Laser tag (3)*
- *Camping trips (3)*
- *Sleepovers at the PYC (3)*
- *Wave pool (2)*
- *Cinema (2)*

- Paintball (2)
- Shopping Spree (2)
- Sleepover at the Wildlife Park (1)
- Go-Karting (1)

Can't think of anything else.

- *I can't think of what other activities would be needed, just more of this.*
- *I'm pretty happy with this space, it's good.*
- *I can't think of any other activities I would like to do.*
- *I am happy with what there is already.*

Appendix I:

Analysis of interviews with organisations and community  
leaders

# Palmerston Youth Activities Evaluation – Organisations Interview Results

## Data Collection Information

- Interviews took place from October to December 2020.
- All interviews were face to face with Gretchen as interviewer
- Some interviews were in small groups, but most were one to one.
- In total there were 17 interview sessions and 22 participants.

## Interviews with Organisations Delivering PYA Grant Funded Activities (13 participants)

Palmerston & Regional Basketball Association (PaRBA)

YMCA

Larrakia Nation

City of Palmerston (CoP)

Territory Families

Private service providers

## Interviews with Organisations Working with Young People in Palmerston (not grant funded) (9 participants)

Northern Territory Police

Grow Well Live Well Palmerston

Youth Outreach Re-engagement Team (YORET)

Anglicare NT

Palmerston Child & Family Centre

Red Cross NT

Grassroots Action Palmerston (GAP)

Some participants represented more than one organisation/group, while both organisations are listed, each person is only counted once.



## Data Organising

The interview results have been organised into nine categories.

1. Grant application process and administration
2. Collaboration
3. Strengths and challenges of the activities
4. Outcomes linked to activities
5. What would help strengthen the activities?
6. Ideas For the future
7. Why the PYA funding is important
8. COVID Learnings
9. Target group engagement

Each category contains a number of themes. Some themes have sub-themes.

Themes are listed in order of prevalence (number of participants who discussed that idea).

Numbers are not attached to these themes as the focus is qualitative.

Quotes are used to highlight issues or provide examples of particular themes. Quotes are indented and in italics. For confidentiality purposes, quotes only identify whether the participant was from a PYA funded organisation or not.

## Summary of Categories and Themes

Category	Themes	Sub-Themes (if applicable)	Page Numbers for Detail
1. Grant application process and administration	What is working well	Coordinator role is supportive	5
		Good/Fair processes	
	What can be improved	Transparency	5-6
		Funding tiers/streams for longer term funding	
Suggestions for the future	(See page 6 list)	6	
2. Collaboration	Strengths	Coordinator role	7-8
		Working together/value adding	
		Creating a new culture	
		Local voices at forefront	
	Challenges	Diverse organisations (size and resources)	8-9
		Relationship tensions	
Changing/evolving roles			
3. Strengths and challenges of the activities	Strengths	The staff	10-12
		Fun activities	
		Flexible and responsive	
		Supportive and empowering	
		Prevention focused & holistic	
		The food	
		Good for families	
	Great resources		
	Challenges	Access and engagement issues	13 -14
		Behavioural issues	
Type, timing and location of activities			
4. Outcomes linked to activities	Connection		15 - 17
	Positive behaviour changes		
	Safe spaces for young people		
	Enhancing Palmerston community		
	Opportunities for young people		
	Referrals and support		
	Crime reduction		
5. What would help strengthen the activities?	24- hour safe spaces		18
	Ongoing training/support for workers		
	More transport options		
	Longer funding term options		
6. Ideas for the future	(See Section list)		19

Category	Themes	Sub-Themes (if applicable)	Page Numbers for Detail
7. Why the PYA funding is important	It is an enabler		20
	Protective and Preventative		
	Facilitates connection & Collaboration		
	Contributes to Community of Palmerston		
8. Covid-19 Learnings	Pivot to outreach	Engaging with families	21
		Learning more about young people' home lives	
	Changes in practice	Contact tracing ability	21
		Food packaging and serving changes	
		Being flexible with planning and managing attendance fluctuations	21
	9. Engagement of Target Group	Barriers	Location (rural areas)
Awareness/understanding of activities			
Social Issues between young people			
Disability access			
Age range issues			
Mismatches			
Enablers		Relationships	23
		Encourage youth voice/leadership in activities	
		Increase connections through networks	
Ideas		Splitting activities by age group	24
		Outreach	
		Young people leading	

## 1) Grant Application Processes & Administration of Youth Activities Funding

### 1.1. What is working well

#### 1.1.1 Coordinator Role

Participants noted that the Coordinator has been helpful and supportive during application processes. The forms are not difficult to complete or too time-consuming.

*Applying for the grants was really seamless. No issues. (PYA org)*

Coordinator assistance is available to all who are interested in applying, and this was widely acknowledged. While none of the participants in these interviews discussed any difficulty with the grant applications, some noted that it cannot be assumed this is the case for everyone who may wish to apply.

*I found the process of grant application quite straightforward. I acknowledge that's in part due to my privilege and ability to navigate these types of systems. I also acknowledge that my working relationships assisted that. (PYA org)*

#### 1.1.2 Good Process

The grant application process was considered to be a fair process by most participants. The overt links to the Palmerston Youth Action Plan were noted and considered important. It was also noted that the grant decision making panel was capacity-building.

*The grant panel has been done really well and the process is thoughtful. The ethics, confidentiality have been really good. The skill development for people on the grant panel is supportive and important too. The valuing of all the applicants is really important. There is a kindness and understanding that the panel brings. (Non PYA org)*

### 1.2 What could be improved?

#### 1.2.1 Transparency

Some participants advised that they would like to see further transparency around the grant decision-making occurred. Linked to this was a curiosity about how decisions are made with the targeted grants. Some wondered if that could be made clearer to all providers.

*I find that with what gets funded, sometimes there's a bit of a disconnect. How are the funding decisions made? Are they made by a committee? (PYA org)*

There were also some questions raised about how people get the grant decision making panel is put together and what the processes for that are. Linked to that was the following idea:

*Putting a call out, so you get a different group, as well as targeting - YMCA, you put in a rep; PYC, you put in a rep; Youth Drop-In Sports, you put in; YORETs - everyone put in a rep from their space, and then put a call out to the kids that aren't disengaged, saying, "Would anyone like to be on?" (PYA org)*

#### 1.2.2 Development of funding tiers/streams and longer-term funding

The idea of developing different tiers/streams of funding was discussed by some participants. This would acknowledge the track record of previous recipients and allow them access to longer-term funding (up to five years) for the continuation and scaling up of successful programs.

*There could be different tiers of funding - depending on the success with previous funding and things like demonstrated commitment to the collaboration, attending the meetings, setting up systems for success, evaluation etc. It is important that organisation who have put in the hard work, laid the foundations for scaling up to even better programs get the credit for that previous performance .... We need the option of applying for longer terms of funding, up to five years, for programs that have demonstrated their value to young people in Palmerston... (PYA org)*

The reasons for longer funding were well articulated by a range of participants

*Five-year funding means we can offer long term contracts. This means certainty of employment, well qualified staff, offering targeted professional development, the ability to strategize, plan and evaluate long term outcomes. – five- year funding means all that can be done. (PYA org).*

*Long term funding means we can develop relationships over time, and plan to be in young people's lives .....Consistency, stability and mentors for the long term is really important. (PYA org)*

### 1.2.3. More detailed questions/criteria.

Some participants advised that they would like to see more detailed application questions that require considered responses around links to the YAP, and some thinking about evaluation and commitment to attending collaboration meetings.

*There were not a lot of requirements for evaluation or things like that in the application, and I would like to see that - in terms of the spending of public money. The application didn't feel very pointed, it was quite open, which is great - , but it can be important to accompany that with some principles or something to would help guide things. (PYA org)*

## 1.3 Suggestions for Future

The following suggestions, linked to the above themes, were made:

- Include young people on grant decision-making panels.
- Include evaluation requirement and offer support for this.
- Ensure all potential applicants know they can be supported with applications through using all possible networks within (and linked to) the Palmerston community.
- Consider different tiers/streams of funding that acknowledge track record of previous recipients and allows for continuation and scaling up of successful programs.

## 2) Collaboration

### 2.1 Strengths of Collaboration

#### 2.1.1 Co-ordinator role.

The importance of the co-ordinator role was discussed by almost every participant. Critical elements of the role included: Convening regular meetings to build collaboration and connection, connecting people and services, relationship support, access to information, referrals and resources. This was in addition to developing the school holiday calendars and facilitating grant processes and administration.

*The Youth Coordinator Role. They have struck gold with having this position. The networking, it's a connector role and it's done so incredibly well..... It's absolutely essential to this working. If that were to be removed, we would lose a critical component.... A designated, neutral person who knows the sector, has a very good capacity for relationship building and to does it in a way that brings everyone together. (Non PYA)*

*The role is the hub of all information and is critical. Making the network connections - being able to say 'this is our co-ordinator, and she can point you in the right direction' having that person on the ground., it's exceptional and very forward thinking by government. (PYA org)*

#### 2.1.2. Working together and value-adding to programs

All participants talked about the critical importance of working together to ensure there is a range of coordinated activities after school and during the holidays.

*I've seen the services work together in a much more coordinated way. When I first started there was a little bit of eye rolling between one service and another - and I don't see that now. I just see services working together now - and saying 'where's so and so, they should be here at the table'. (PYA org)*

*We got our initial bit of funding, and we had really worked in silos, and then it was suggested, 'lets get together' from that came the collaboration meetings and working more closely together as one. From four years ago up to now, it's awesome. We work so well together to ensure there is no gaps for young people throughout the day. We make decisions, we talk about what's important for the young people... I think we've just gone from little things to bigger and better. Collaborating so closely had made the programs as awesome as they are. (PYA org)*

### Collaboration benefits the participants directly

Collaboration not only helps with providing great activities and events, but had very practical application when working closely with young people. The following quotes demonstrate the way in which services have come together to provide a safety net of connections for young people.

*It's so important to have those relationships and know each other. Because if we figure out Joe Blow loves horse riding, but there are things that work well with him and things that don't - then we can send him to horse riding, knowing he will be okay, with the information, - having that relationship means you'll get that information. That's what was the most impressive. (PYA org)*

*Our networks out here, and the relationships we have, are amazing. Feedback from a client last week was 'we feel really safe and we feel really good because we know the different service providers in Palmerston all work with one another'. They could see that. They could see the collaboration. (non PYA org)*

### 2.1.3 Creating a new culture

Participants discussed the gradual formation of different way of talking about, thinking about, and working with young people in Palmerston. This 'new culture' was more positive, hopeful and celebrated the good choices young people make.

*This is not a time and place to compete for anything. This is where we show how well breaking down the barriers can help our people around us. And I've seen that a lot, the change. I've seen the change from the beginning to now, and now it's second nature. (non PYA org)*

*Because they are coordinated, these services help one another to maintain this position - of 'we know young people can do anything, and we will expect that, we will expect them to be amazing all the time - we are here for the hard times, but we know that these young people are amazing. We know what these young people are capable of and how important they are to this community'. (PYA org)*

### 2.1.4 Local Voices at Forefront (including YAP)

Participants discussed the benefit of having a local panel make decisions about the grant funding and of having a Palmerston Youth Action Plan (YAP). Most participants had strong professional links to local community networks and groups. These things helped to keep local voices at the forefront of planning and delivery of activities.

*It's driven by local people. Many of us live here and we want to see a difference in the local community. There hasn't been anything prescriptive - you have to do this and run it this way - there's been a real move to design programs to suit the kids here. Which is the best way to engage people. To suit the needs of the kids who are coming. (Non PYA org)*

## 2.2 Challenges of Collaboration

### 2.2.1 Different organisation sizes, types and focus

Participants acknowledged that the collaboration involved organisations with a wide range of staff sizes, funding sources and foci. A number of small private providers have also been involved. These differences can mean there is also varying ability to participate in collaboration work (attending meetings and keeping up with all communications). The impacts of this can be seen in the following quotes.

*But the importance of collaboration is critical - if you don't do the collaboration you're not going to get referrals so it's really important but who pays for that when you're not salaried? (PYA Org)*

*Given the time and effort it takes to ensure representation and attendance at the collaboration meetings, it would be good to see that all grant-holders had that same sense of commitment to the collaboration and meeting attendance. (PYA org)*

*A lack of detail about activities and events in the school holiday calendars can be disappointing and a lost opportunity, with promotion and people attending. Sometimes all you can find out is, this space is available from now until now. It's vague. But I we really need to be on top of these things. (PYA org)*

### 2.2.2 Relationship tensions.

Relationships between the diverse partners in the coloration were generally productive and positive. However, collaborations are not easy and tensions will almost always arise. These tensions were considered a challenge by some participants, but all acknowledged that focusing on the needs of the young people helped but things in perspective and allowed them to move forward.

*Tensions within relationships of collaboration do occur. The nature of collaboration is that it is never easy. Different people in the collaboration have different relationships with each other and these can*

*work at times and not so well at other times. The main thing is that problematic or difficult relationships shouldn't get in the way of our focus which is the young people. (PYA org)*

### *2.2.3 Changing/evolving places and roles*

As each organisation involved in the PYA has developed over the past three years of funding, there has been changes within many of organisations, services, staff skill sets and focus. The opening of the Palmerston Youth Centre and the YORET drop-in space have provided exciting new locations for young people. This has changed some of the community dynamics, and provided more options for young people. Adapting to the positive and more difficult aspects of constant change, and evolving to meet the current circumstance can be both challenging and rewarding.

*If we can provide something tangible that young people can use to proceed in life, that can be just as important as entertaining them. Especially when there is so much entertainment available in the other spaces now. And especially with the PYC opening - there's a whole other space full of stuff happening, which is really exciting. And it just allows us to do more of the community development stuff. (PYA org)*

*The age group changed a lot here with the PYC starting up. .... The younger kids coming in has forced out the older kids. It's so dynamic. It's changed with different things around and different programming. (PYA org)*



### 3) Strengths and Challenges of the Activities that are funded

#### 3.1 Strengths of the Activities

##### 3.1.1. *The staff.*

All 22 participants discussed the importance of great staff and acknowledged the work that is done in all of the youth spaces supported by the PYA grants in Palmerston. The following quotes have been organised into sub themes that demonstrate the various aspects of staff that were really important.

##### Staff really care about young people.

*They are advocates for young people. The young people can smell it! They know these mentors have their back. Even when they get in trouble they know that this person knows that they are valuable...In everything they do the mentors and leaders express the value of each and every young person in everything they do, even the smallest of things. (PYA org)*

*You've got to have the right people running those programs, and they have that. Young people at that age, they have to connect. It's all about relationships. It's everything. Relationships are everything. Hello! It's the key to everything. (Non PYA org)*

*We as employers can't thank our staff enough, for keeping their arms around kids, when kids are lashing out at them. They are like, 'no, I've got you'. (PYA org)*

##### They know the community.

*Our staff, can be related to the kids so I think there's a bit of a thing in there - it's easier when they talk to someone they trust, and they can relay a message to the appropriate service. It works well. Everyone puts the kids first. (PYA org)*

##### They have skills and experience

*Workers own skills & knowledge has really grown. Staff soft skills have become really important.. (PYA org)*

*We are experienced enough to deal with most issues with the kids should they arise, we've got that nitted out pretty well. (PYA org)*

*Someone's ability to de-escalate a conversation is hard to capture, but that's what many of the young people in our space have learned to do. (PYA org)*

##### 3.1.2 *Activities are an opportunity for Fun*

The importance of providing a space for 'fun' was highlighted by multiple participants. This was particularly important when young people may not have other spaces where they can 'just be kids'.

*Our young people, because of the responsibilities of their own, there's lots of expectations, even the stereotypes that are put on them - they need to live up to that and they are losing their childhood. If they want to play with dolls or cars, here they can do it! (PYA org)*

*I love the activities. The kids love it, it makes them feel like they have something to do here each day. The majority of the time they're giving me ideas - 'is that something you want to do, yeah, we can do that!'. (PYA org)*

### 3.1.3 Flexible (about young people and about activities)

Being able to respond quickly to the needs of young people was considered to be really important in engaging them meaningfully. Being flexible in your thinking, and willing to check your own assumptions about young people was also noted. The following quotes demonstrate the important of both types of flexibility in practice.

*You need to be very flexible. Very flexible! You can have a whole activity planned, but some days they just want to sit in the air-con and eat some food. (PYA org)*

*If that cohort of kids rocks in and get faced with being told, "Don't say that, don't do that, don't say that" every two seconds – then they're not going to come. Then where are they going to be? Out on the street. So, sometimes there needs to be - even though it's not ideal - a little bit of flexibility and acceptance that we can't always have the ideal, perfect world. (PYA org)*

### 3.1.4 supportive and empowering

Each participant discussed the way activities are supportive of young people's ideas and input and work in ways that aim to empower the young people they engage with.

*We want young people to have more of a voice, to be heard. So we go 'hey we were thinking about doing this, what are your thoughts?'. One on one conversations, not with all the kids at once, but one or two at a time. We get that information back, and we try to do things with what we have (PYA org)*

*The other thing I see is young people taking up leadership. Some of it's formal, but there's also older kids helping younger kids to learn what boundaries are - and what's they shouldn't be stepping past. They are getting appreciated for it as well, recognised by others. Sometimes they are kids that were acting out themselves, now they're caring for younger ones. Sometimes they haven't been able to stay on the mark, but they are trying. (non PYA)*

### 3.1.5 Prevention focused and Holistic. (overall and individual activities)

There was a clear focus on holistic and preventative approaches at the collaboration level and the individual activity level. The following quotes demonstrate this.

*Youth crime is a symptom of other things. You tackle the other things and youth crime will be reduced. I hope that we've moved people's thinking on this. (non PYA org)*

*It's not an ad-hoc approach but a well thought-out holistic model of engagement with young people, based on principles. (PYA org)*

*Youth activities are more than just delivering activities. It is the transport, the security, it's taking that holistic picture of what you need to run a good youth activity. (PYA org)*

### 3.1.6 Provision of food

Food was considered to be vitally important to the activities. Many participants felt the food provided during their activities was a key part of some young people's daily food intake. The following quotes provide an indication of how important this is.

*Some of the kids come in and go, "I haven't anything eaten today; I'm really hungry". And we'll make toasties we'll put the barbecue on because the kids were hungry. We'll just do what we can (PYA org).*

*The supplying of meals is of great benefit. You'll find a lot of your children that don't have availability of meals will turn to break-ins of premises to get food and get drinks and that sort of stuff and we've seen that decline. Food is an important factor definitely. (non PYA)*

### 3.1.7. Good for families

Participants talked about the way in which the activities have been good for many families in Palmerton. At times when things are not going well for a family, the activities can be relied upon to provide a safe space, food and caring adults.

*Some kids get dropped off early in the morning and don't go home until the last program finishes at night. But if those carers or parents needed respite, then what a good thing that we've given them that. If those kids couldn't be at home, then we've been here for them. It is terrible that kids need to not be at home for 12 hours a day in the holidays. But how amazing is it that there is somewhere for them to be, that we can do that? That there is food, adults that care, safety, activities. Those kids get supported through that. (PYA org)*

*The saying is 'It takes a community to raise a child' and if families aren't in a position to do that, or they drop the ball for a while - then we now have places in the community where young people can go that are safe and welcoming. (PYA org)*

### 3.1.8 Access to wi-fi and other resources

Ensuring young people have access to a comfortable lounge, air-conditioning, TV, wifi and other resources was considered a benefit of the PYA activities for participants.

*That can be as simple as providing them a Wi-Fi charger on that day and leaving them alone, and that could be the activity is letting them charge their phone in peace. (PYA org)*

## 3.2 Challenges in the provision of activities

### 3.2.1 Access & Engagement Issues

A range of sub-themes in the area of access and engagement issues were raised. While engagement issues are noted here, please also see more detail on this topic in section 9 'Target Group Engagement'.

#### Age issues. – younger and older than 10-17 target age.

*Kids are getting younger and younger that are using the transport. You can see that in our service reports. We're getting 5 and 6 year old's. (PYA org)*

*We've had a lot of YP, about ten or 15 young people, either on the cusp of turning 18 or have turned 18 this year. How can we support them? I'm sure that we could. They are still babies. Society goes, 'you're 18, on your way, good on you'. But they still need more care. (PYA org)*

#### 15 – 17 years – difficult to engage.

*We've had real trouble engaging that 15-17 year old group. They're not coming to anything so how can we engage those? (PYA org)*

*There is a particular age group that doesn't seem to come in as much. They kind of just walk around, that's the girls 15 to 18. A lot of the girls 15 to 18 are outside the building and we're very conscious they're outside the building because it changes the way the boys interact. That changes the mood significantly when the girls are outside. (PYA org)*

### 'At-risk' or general population - Where is the focus?

Participants raised the issue of where to focus attention in terms of promotion of activities. The issues were focused on what 'at-risk' means and who decides that, and what the implications are for delivery of activities.

*A key question is are we providing programs targeted at at-risk kids? And if we are then why are we promoted to the general public? If we are targeting the general public then the message has to be 'there will be kids who have behaviour issues attending our programs'. We sit in two worlds and can be unsure of our identity. If we are targeting at-risk kids we have to be conscious that that program delivery is different....We have to protect kids in the programs, the more outsiders that come in, the less time and space there is for the at-risk kids who really need to the activities in different ways to the general public. ( PYA org)*

### Lack of awareness of PYA programs (related to above issue of targeted or not)

*The schools are probably more aware of the range of things available for young people, through the work of the PYA collaboration. But they're still not fully connected to it. ( Non PYA)*

### Transport issues for rural young people

*I'm thinking maybe for the rural kids, transport would be an issue, the distance.' (non PYA org)*

### Access for all

*Youth with special needs always get forgotten in every space. As do migrant, culturally diverse young people. Tapping in with services and groups that have relationships with these groups of YP is important. They will be connected to someone somewhere. (non PYA org)*

### 3.2.2. Challenging behaviours

The issue of violent or 'anti-social' behaviour was raised as something that may discourage some people from attending activities.

### Risk of violence

*It's really concerning to me, because at any moment someone could get hit the wrong way. It concerns me that young people are congregating in really large groups, and it's all about the social media side of posting. These kids have skills. They know how to bring hundreds of kids together. They know how to organise who's having a fight. And they know how to film it and then upload it. ( PYA org)*

*Behaviour fluctuates, it's unpredictable depending on what's going on. They're well behaved when they're at the activities. But it's what they do after the activities that we find a nightmare. That's where the issues are, when the kids leave the activities at night. (PYA org)*

### Sense of safety

*I think some of the older more pointy-end group are now accessing the new space and that has made a change to our demographic. We saw the return of a lot of our participants who had left....Because word got out that perhaps certain kids weren't accessing our space anymore. That was at that older age group, which then made some of those younger kids feel safer to come back. ( PYA org)*

### Judgement of community

*With the Friday family feeds we are very open about it - we say you are welcome to come in and be with the kids but you are not allowed to make judgements on behaviour. Children have the right to misbehave in this space, they have the right to act-out, but let us deal with it. It is why we exist. (PYA org)*

### 3.3.3 *Relevance timing and locations of activities*

At times, activities may not 'hit the mark' in terms of where they are located, or when they are scheduled. The following comment makes this clear.

*But some activities, because of the timing, can be a fizzer. Like having things on the first day of the first week of the holidays. Kids just want to hang out, they needed a rest, they didn't want to do something that was like school and that separated them from their other friends who were in different grades and different schools. So a strategic mistake, a learning. (non PYA)*

## 4) Outcomes linked to the activities

4.1 Connection (to other young people, to mentors, to families, to services, to community)  
The formation of new, supportive and empowering relationships between young people, youth workers, organisations and the broader community were discussed as an important outcome of the PYA.

*Relationships that exist for young people as a result of this funding are the key. Relationships between young people and their mentors. Aunty Judy, the mentors at PaRBA. Young people have access to these relationships that are very considered and careful. The work they do in thinking about this and supporting each other to maintain that posture, which is positive, welcoming and has consistent boundaries - It's such a challenge but they are always consistently welcoming and showing kindness and understanding. It's incredible, and that's the transformation. (PYA org)*

*Young people want to be connected to their community. It is building a greater sense of self and of success. (non PYA org)*

*The relationships between YP and services are great. Kids have an audience 'Look at me be good', 'look at me make a good choice'. They are substitutes for what young people haven't got. (non PYA org)*

4.2 Positive behaviour changes

There were multiple examples provided of positive changes in young people's behaviour. From seemingly small things such as offering to help do the dishes, through to talking other young people out of violent responses to situations. The range of behavioural changes in young people can be seen in the following quotes.

*There is always something everyday. A young person may have come and helped do the dishes, the little things, the big things. Even on the more challenging day's there's something - someone's made a good choice, stepped up as their own peer leader, there's always something everyday. (PYA org)*

*Violence isn't accepted. Swearing is not tolerated. The equipment is respected. And that comes down to the consistency in the mentors, positive reinforcing of good behaviours, and taking time to break it down and explain why it's not okay to do or say some things.....Now they can identify what they've done and we don't have to tell them that anymore. (PYA org)*

*Young kids using their words and not their fists - it's a big deal for us. Maybe that doesn't look like a measurable outcome for government funding, but it is a big deal for us. Those skills and behaviours benefit the whole community (PYA org)*

4.3. Safe spaces

The creation of a range of safe, welcoming places for young people to go is an important outcome as participants pointed out that it ensures young people feel valued in their community. Having options for different spaces, with clean and comfortable furniture, clear boundaries, activities designed especially for young people, good food and caring adults all helps create a sense of safety and belonging as seen in the following quotes.

*The majority of young people we work with have trauma histories. What PYA funding has done is help create some routine and consistency, structure and boundaries for young people. They don't necessarily have that in other parts of their lives.. If it's not safe at home, they know where they can seek safety in those services. (Non PYA)*

*The language we use as workers, the role modelling, helps to create a safe space. We ask the young people to put in place the rules. Obviously, we have rules that are not negotiable, like bullying or coming in under the influence of anything, any forms of aggression. But the young people make up their own rules about how we will behave. We want them to have fun, to be kids, to enjoy and do the things that their age group do. They need safety to do that. (PYA org)*

*We're trying to make somewhere that's safe. Just somewhere they can come and be themselves and not have to worry. There's enough crap going on in the world, they should have to come here and just be safe and happy. (PYA org)*

#### 4.4 Improves Palmerston as a community

Some participants talked about the way PYA contributed to a broader sense of community in Palmerston, through ensuring young people had connections and ways of interacting with a range of people.

*I imagine there has been a benefit for the whole of Palmerston.. I've also seen some really great news stories through the media that were managed through that first round and it was really nice to see a bit more balance around that, the way young people are talked about. (PYA org)*

*It's long-term engagement. You won't break the negative stereotypes in the community - but it's slowly building a stronger sense of community, belonging and safe spaces for young people in Palmerston. (PYA org)*

*They are doing good things and I'd like to see it continue as it obviously has an effect on everything in the community as it goes forward, and our ability to do our work, it affects that, it helps us. (non PYA)*

#### 4.5 Opportunities for young people (feeling valued)

Another outcome discussed by participants was the opportunities and encouragement that young people could access through the activities. This range of opportunities, from trying a new art-form or attending an event, through to volunteer work and paid employment, were seen as empowering and at times life-changing for some young people.

*It provides the opportunities that the kids don't have. A lot of our kids, they don't have an opportunity to own a horse and learn to ride it. Families might not be able to afford to take all the kids to the movies, with popcorn and drinks. These activities give our kids opportunities they wouldn't have otherwise. (Non PYA org)*

*We're seeing outcomes from what they do. We had one young person that did community work with [organisation name] and ended up with employment. So just seeing there's a pathway from what they're doing now to a better future, there are positives from other young people seeing that. (Non PYA)*

*With the youth, obviously the more troubled youth, we're seeing a lot more improvement in how things are going at the moment, which is a good result. As much as I'd like to say it's attributed to this, it's attributed to lots of things as well. But I do see it has an important role to play, not so much as entertainment but in keeping the youth busy and involved. (non PYA)*

*The most important outcome is a feeling of self-worth, that someone is listening and taking their views into consideration. (PYA org)*

#### 4.6 Referrals and support

The linking of young people to services they may need was seen as another important outcome of the PYA funding. Young people were gaining support from long term relationships with workers as well. When trusting relationships were in place, referrals were far easier to facilitate.

*There's the other part of the program where young people that may be making poor choices or that are struggling, they are being identified, they are being linked in. That is important as well. (non PYA)*

*We listen. We are hearing them, we action things. With the referrals, if they do need that expert help, we will have those conversations and support them in speaking with their own families. (PYA org)*

#### 4.7 Crime reduction

Participants discussed a correlation between the Palmerston Youth Activities and a reduction in crime in Palmerston over the past three years. While youth crime statistics are not separated out from general crime statistics, a number of participants comments on the correlation.

*Over the last three years we've seen this getting established, we've seen some improvements in the community space where kids have basically been occupied and had less opportunities to weigh off the other end of things and come into police contact. So we've seen some good results, especially over the last year (non PYA)*

*We know that within the first 6 months there was a reduction in crime. (non PYA org)*

*The reduction of antisocial behaviour reflects that there's improvements, and there has been less crime too. (non PYA org)*



## 5) What would help strengthen the activities?

There were four main themes that came up in the interviews in relation to strengthening activities. These were:

### 5.1. 24-hour spaces for young people

The development of a 24 hour drop in/support space/crisis accommodation space for young people was noted by almost every participant.

### 5.2. Further support and training for workers

Support & ongoing training/upskilling as needed for youth workers and mentors was common suggestions from the interviews.

Ideas included here were:

- 24-hour phone support for youth workers offering advice and reflection when needed (e.g Connected Self in SA)
- Wellbeing activities for workers
- Ongoing training around practice issues such as defusing arguments
- Trauma-informed practice
- Strengths-based practice

### 5.3. More transport options.

The Larrakia Nation bus transport was considered a key asset and a critical component to all activities. However, there are times when more transport is needed, especially when there are trips to widely dispersed locations required at the end of evening.

### 5.4 Longer-term funding

As discussed in section 1 of this report, the idea of longer funding terms was raised in multiple interviews. This sits alongside the idea of there being a specific stream/tier of PYA funding that is only available to applicants who have a successful track record with previous PYA funding.

## 6) Ideas for the future

Interviewees provided a range of suggestions and ideas for future activities, events and strategies that could be considered by the PYA collaboration. These are:

- More opportunities for young people to participate in social change/ community action projects about issues that concern them.
- Reach out to places such as Palmerston Flexible Learning, Clontarf programs, schools and other locations to access 'difficult to reach' young people. This process could involve outreach - taking the activities to these locations in a 'come and try' approach that could gently scaffold young people into various activities and spaces in Palmerston.
- More arts-based activities. The Postcard Project was frequently noted as a standout art-based activity.
- Re-introducing street-based activities (Streetball was often discussed as a great activity) to the places where people live to engage 'hard to reach' young people and families.
- A youth leadership program (carefully scaffolded) for young people around 18 years.
- More family related/linking activities. – Community dinners, movie nights.
- Continue diversity in activity which is led by young people.
- More activities that engage with Police in positive ways. Cops Vs Kids was often discussed as a stand-out event.
- Camping activities – well supported, small groups.
- Extreme sports/adrenaline activities for 13 – 17 year old's.

## 7) Why the PYA funding is important.

Participants considered that the PYA funding was important for four main reasons. These are explained using participant quotes.

### 7.1. An enabler for organisations to provide relevant activities

*I don't think those kids would have been able to do that have they not had the support and the brokerage that came with the funding which was really important.*

*It is an enabler, it makes things possible - it can get things over the line.*

### 7.2 It has a protective and preventative focus

*Having been on this journey for a few years, it is essential. We know when there is diversional activities it's an intervention or a protective factor for young people - preventing escalating in youth justice or homelessness.... I think the way the youth activities grants have reinvented youth activities in Palmerston, I think there's some real ingredients to take from it*

*The activities are something that's needed. We are not going to change the world if that's the community expectation. But we certainly can provide young people with accessible, safe activities. Again, with the food bonus thrown in as well. It gives us the change to mentor young people. It's almost a preventative to anti-social behaviour. It's important for young people's growth, that socialising. But the safety, the food, that underlies everything.*

### 7.3 It facilitates connection & collaboration

*It's been really collaborative, what I've observed is some providers that wouldn't traditionally have been in the space have stepped into the space. They may be sports or rec based, but they've looked at how that can connect and make links with YP and strengthen their community participation and involvement. That's good because when YP can be connected to groups and sports and rec activities it strengthens their connection to community as well.*

### 7.4 It contributes to Palmerston as a community

*The introduction of YA grants alongside the YAP and the collaboration, the meetings to ensure the spread of activities, I think the range of diverse activities, the essence of that model has been developed really well. There is a real strength in activity program in Palmerston for YP now. We could always have more. It's certainly grown from essentially very minimal.*

*To me this grant is a really important thing. I've been involved in work in Palmerston before it happened and have been involved in Palmerston since. Not as a grant recipient. I run a community program, so I'm interesting in communities..... I love YP and want them to have the best. It needs not to stop!*

## 8) COVID 19 Learnings

### 8.1. Pivot to outreach

#### 8.1.1 Engaging with families

*Covid - Made us go out into the streets, out into people's homes..... As a staff we prepared for homelessness, mental health issues. We made packages & took them out to suburbs (PYA org)*

*During COVID, all of these Youth Activity providers - - they all had to flip into this outreach service that was so valuable, because they got to meet the families and made connections that wouldn't probably have happened if COVID hadn't have happened. (PYA org)*

*Every day they went out and they took food, and treats like like ice blocks every day, and the kids just appreciated the human contact, that somebody was still keeping an eye on them. They took tennis balls, chalk, free wifi, sports equipment and played on footpaths and in the park. (PYA org)*

#### 8.1.2 Learning about young people's home lives

*The outreach really changed our perceptions and built our knowledge about our community. Meeting kids on their turf and understanding the issues they are working with. My normal and another kids normal are all different, and that is okay. But it makes you understand more about what kids are living with. When a kid acts out, its forgivable. When a kid say's I'm hungry and takes all the food and puts it int their bag, that's understandable, given we know the home context now. There is nothing kids can do that we can't get more understanding of. Outreach helped us do that in a stronger way. All of us understand and get the level of frustration some of the kids have. (PYA org)*

*They saw a lot of stuff that is a bit heartbreaking, but then also helps with that informed trauma understanding. (PYA org)*

### 8.2 Changes to Practices

#### 8.2.1 Contact tracing Information

*We saw some resistance through young people who like the idea of just dropping in and being anonymous. But we had to contact trace. So, I suppose we've seen those roles change a little bit, but what we found then was we got the other young people to get their contact details, they were less hesitant to give it over to another young person with an iPad (PYA org)*

*When we assured them that their information wasn't going to be shared and this was just purely because of COVID, there was a lot more comfort. I know that the kids were like, "oh, okay. That's fine, then". (PYA org)*

#### 8.2.3 Food packaging and serving changes

*Now with COVID everything is a grabbable snack, so everything is pre-packaged. So, they can take whatever they need. (PYA org)*

#### 8.2.4 Being flexible with planning and managing attendance fluctuations

*Numbers went down a bit over the Covid period, it was a big decrease of numbers, but then we started getting from St Johns, the boarding kids, they've picked up the numbers and love meeting with some of the regular Palmerston kids. It's been fun meeting them.*

## 9) Target Group Engagement

### 9.1 Barriers to engagement

Participants discussed six different issues which they believed created barriers to the engagement of the target group of at-risk young people aged 10-17.

#### 9.1.1 Location issues

Two issues around location were raised. Firstly, holding activities in places/spaces young people are not familiar with may mean they are less likely to want to attend. Secondly, access to the activities for young people living in rural locations near to Palmerston was considered a significant issue. The question of whether activities were primarily for Palmerston youth or the 'greater region' /rural areas was raised by a number of participants.

#### 9.1.2. Awareness issues

Participants thought that awareness about the activities, and who they were for, could be an issue that impacts engagement. The idea that many in the Palmerston community do not know about the activities at all was raised, as in the following quote:

*In some cases I think people genuinely don't know that we're here. (PYA org)*

Other participants questioned whether parents of young people may not want their children to attend because they might be concerned or unsure about activities

*I think some parents may be a little afraid. The expectation is that we work with young people that have extreme behaviours, and they do show it out in the wider community, and I think some parents are not allowing their children to access our space. Without having a meaningful understanding of what we actually do in this space - what we tolerate and what we don't tolerate. Some parents might also think it's only for Indigenous young people. (PYA org)*

#### 9.1.3 Social issues between young people

There are times when tensions arise between groups of young people and this impacts their ability or desire to attend activities. The following quotes demonstrates.

*We see groups that will visit one place, but not another, because there might be a group there they are having a issue with - so they say 'we don't go there 'cause those others are there'. Family issues can cause this - groups stay away from each other. (PYA org)*

#### 9.1.4 Access to spaces for young people with disabilities

Some participants questioned whether PYA funded activities were accessible by young people with disabilities who may require wheelchair or other facilities or equipment to ensure equitable access. When events and activities have disabled access, it should be promoted relevant calendars and websites so young people know.

#### 9.1.5 Age range of participants

Issues around young people not having access to activities that are suitable for their specific age range were raised by a number of participants. Some noted that as young people get older, some activities are not as interesting or relevant to them/their social life.

*Age group is such a wide range. Some of them are too old, basically an adult. You don't want 10-year-olds hanging around with 17 year old kids. (non PYA org)*

### 9.1.6 Mismatch between young people and the activity (or activity facilitators)

At times, activities may be planned that are good in theory but may not work out in practice. This can be for a range of reasons, but as one participant explains in the following quote, a mismatch between the young people and the facilitator, or the activity content, can occur.

*Another barrier to access is the choice of activity delivery and deliverers - the people who run the program. Some people are absolutely fantastic working with young people and hit it off really well and have unusual skills to be able to offer. But, occasionally I've seen a gap - there's only a couple of key people. (PYA org)*

## 9.2 Enablers for engagement

### 9.2.1 Strong relationships between workers and young people

Participants believed that the stronger the relationships between young people, workers and organisations, the better the engagement in activities organised by those workers or organisations.

*They'd literally come in and go, "where's [name]?" "Oh, she's not here today", and they'd leave! They'll come in for a feed, but they won't stay if their favourite mentor isn't there. (PYA org)*

*I think they are on the right track with engagement - it's something that has to evolve. It can't happen overnight. We want it all now. But sometimes, it's relationships, it takes time to grow and they are on the right track. Give it time, it can only get better if we all keep working this way (non PYA)*

### 9.2.2 Encouraging young people's voice/youth leadership in choice of activities and events.

Facilitating the input of young people in choice, planning and delivery of activities was viewed by participants as a good way of encouragement engagement in activities.

*Small working groups where young people volunteer to guide and organise things.... and they can work at the event.. and even in other areas like the evaluation. We try to work out ways to pay young people involved, through an allowance or casual hours. (PYA org)*

### 9.2.3 Connecting through networks

Using young people's existing network with other young people, or with mentors and supportive people can be a good way to engage a range of 'hard to access' young people, as participants quotes demonstrate:

*We went through young people's mentors as a safe way of working with young people. To get feedback about what is the right way to work with a particular young person and to ensure that there's a longer-term support for them outside of the project. It's a little safety net. (PYA org)*

*Sometimes we go, let's go out and have a kick and then we see a bunch of kids and invite them. There's a bunch of kids we always connect with and we'll say to them, ask those other kids if they wanna come and hang out with us. So it's relationships. Kids tell other kids. We've started with our facebook page, so they share this and share that. It's just encouraging our regulars to tell their friends. It's all word of mouth or social media stuff. (PYA org)*

## 9.3 Engagement Ideas

The following ideas were raised by participants as possible ways to engage more young people, aged 10-17 who are 'at-risk' in Palmerston.

### 9.3.1 *Splitting activities into clear age groups*

*it would be good to have activities that split those kids. Different activities will attract different age groups. Bringing older kids into one group, and bringing them into employment type roles where they can get some skills and experience. They get a chance to give back to those groups that they got things from. (non PYA)*

### 9.3.2 *Outreach into the streets*

*Before we did barbeques. We worked with housing and a few other services and cooked barbeques at certain complexes and that. So maybe something similar like that, you have groups come in and do a bit of sport, games, other services cook the food. So locate events where young people actually physically are. That makes sense. (non PYA)*

### 9.3.3 *Training up more young people in facilitation/activity skills*

*But there's a space for facilitators that could be younger adults, late teens early 20's delivering these things. But there's a gap between their skills and experience and that of the usual suspects. (PYA org)*

## Appendix J:

Palmerston Criminal Offence Rates 2015-2020 (per 100,000 population)



### Palmerston Criminal Offence Rates 2015 – 2020 (per 100,000 population)

Source: <https://pfes.nt.gov.au/police/community-safety/nt-crime-statistics/statistical-publications>

Number of offences	2015	2016	2017	2018	2019	2020
0111 Murder	0.0	0.0	0.0	0.0	2.7	2.7
0121 Attempted murder	0.0	0.0	0.0	0.0	0.0	0.0
0131 Manslaughter	3.1	0.0	0.0	0.0	2.7	0.0
0132 Driving causing death	3.1	<u>5.9</u>	<u>0.0</u>	<u>0.0</u>	<u>0.0</u>	0.0
<b>01 Homicide and related offences</b>	<b>6.1</b>	<b><u>5.9</u></b>	<b><u>0.0</u></b>	<b><u>0.0</u></b>	<b><u>5.4</u></b>	<b>2.7</b>
<b>021 Assault</b>	<b>1,500.1</b>	<b>1,299.5</b>	<b>1,420.7</b>	<b>1,687.5</b>	<b>1,474.9</b>	<b>1,459.4</b>
029 Acts intended to cause injury - other	12.3	<u>2.9</u>	<u>22.7</u>	<u>13.8</u>	<u>19.0</u>	8.0
<b>02 Acts intended to cause injury</b>	<b>1,512.4</b>	<b><u>1,302.4</u></b>	<b><u>1,443.4</u></b>	<b><u>1,701.3</u></b>	<b><u>1,493.9</u></b>	<b>1,467.4</b>
<b>031 Sexual assault</b>	<b>129.1</b>	<b>99.5</b>	<b>87.9</b>	<b>80.2</b>	<b>103.2</b>	<b>127.6</b>
032 Non-assaultive sexual offences	21.5	<u>14.6</u>	<u>19.8</u>	<u>16.6</u>	<u>21.7</u>	18.6
<b>03 Sexual assault and related offences</b>	<b>150.6</b>	<b><u>114.1</u></b>	<b><u>107.8</u></b>	<b><u>96.8</u></b>	<b><u>124.9</u></b>	<b>146.2</b>
<b>049 Other dangerous or negligent acts endangering persons</b>	<b>24.6</b>	<b><u>23.4</u></b>	<b><u>53.9</u></b>	<b><u>44.3</u></b>	<b><u>38.0</u></b>	<b>23.9</b>
0511 Abduction and kidnapping	0.0	0.0	0.0	0.0	0.0	0.0
0521 Deprivation of liberty/false imprisonment	15.4	5.9	8.5	16.6	5.4	8.0
0531 Harassment and private nuisance	9.2	17.6	19.8	13.8	2.7	18.6
0532 Threatening behaviour	119.9	<u>82.0</u>	<u>99.2</u>	<u>85.8</u>	<u>100.5</u>	111.6
<b>05 Abduction, harassment and other offences</b>	<b>144.5</b>	<b><u>105.4</u></b>	<b><u>127.6</u></b>	<b><u>116.2</u></b>	<b><u>108.6</u></b>	<b>138.2</b>
<b>061 Robbery</b>	<b>33.8</b>	<b>38.0</b>	<b>56.7</b>	<b>36.0</b>	<b>40.7</b>	<b>69.1</b>
0621 Blackmail and extortion	3.1	<u>0.0</u>	<u>0.0</u>	<u>0.0</u>	<u>0.0</u>	0.0
<b>06 Robbery, extortion and related offences</b>	<b>36.9</b>	<b><u>38.0</u></b>	<b><u>56.7</u></b>	<b><u>36.0</u></b>	<b><u>40.7</u></b>	<b>69.1</b>
<b>Total offences against the person</b>	<b><u>1,875.1</u></b>	<b>1,589.3</b>	<b>1,789.3</b>	<b>1,994.5</b>	<b>1,811.7</b>	<b>1,847.5</b>
House break-ins, actual	774.6	670.2	765.6	982.0	956.1	840.0
House break-ins, attempted	33.8	<u>52.7</u>	<u>167.3</u>	<u>152.1</u>	<u>116.8</u>	53.2
<b>0711 House break-ins</b>	<b>808.5</b>	<b><u>722.9</u></b>	<b><u>932.9</u></b>	<b><u>1,134.2</u></b>	<b><u>1,072.9</u></b>	<b>893.2</b>
Commercial break-ins, actual	470.3	392.2	405.5	509.0	608.4	334.9
Commercial break-ins, attempted	27.7	<u>17.6</u>	<u>53.9</u>	<u>47.0</u>	<u>70.6</u>	23.9
<b>0711 Commercial break-ins</b>	<b>498.0</b>	<b><u>409.8</u></b>	<b><u>459.4</u></b>	<b><u>556.0</u></b>	<b><u>679.1</u></b>	<b>358.9</b>
0812 Illegal use of a motor vehicle	820.8	559.0	516.1	379.0	317.8	308.4
0813 Theft of motor vehicle parts or contents	777.7	<u>711.2</u>	<u>592.7</u>	<u>564.3</u>	<u>429.2</u>	327.0
<b>081 Motor vehicle theft and related offences</b>	<b>1,598.5</b>	<b><u>1,270.2</u></b>	<b><u>1,108.7</u></b>	<b><u>943.3</u></b>	<b><u>747.0</u></b>	<b>635.3</b>
<b>08* Theft and related offences (other than MV)</b>	<b>3,224.6</b>	<b><u>2,859.5</u></b>	<b><u>3,215.7</u></b>	<b><u>3,062.3</u></b>	<b><u>3,015.0</u></b>	<b>2,254.2</b>
<b>12 Property damage offences</b>	<b>2,410.0</b>	<b><u>2,192.2</u></b>	<b><u>2,435.8</u></b>	<b><u>2,940.6</u></b>	<b><u>3,096.5</u></b>	<b>2,397.8</b>
<b>Total property offences</b>	<b>8,539.5</b>	<b>7,454.6</b>	<b>8,152.6</b>	<b>8,636.5</b>	<b>8,610.4</b>	<b>6,539.4</b>



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