

9 IDEAS

TO REFUSE SINGLE-USE PLASTIC

**CHOOSE
TO REFUSE**
SINGLE-USE PLASTIC
[PLASTICFREEJULY.ORG](https://plasticfreejuly.org)



Choosing
reusable
drink
bottles



Skipping
the straw



Storing food
in reusable
containers



Choosing
reusable
utensils



Bringing
reusable container
for takeaway



Avoiding
bottled soft
drinks



Staying and
enjoying



Choosing
loose
produce



Hosting a
plastic free
event

Our community is joining the challenge. Together we can make a difference by simply choosing to refuse single-use plastic. plasticfreejuly.org

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Staying and
enjoying



Choosing plastic
free packaging



Storing food
in reusable
containers



Choosing
unpackaged
meat, fish and
deli items



Bringing
reusable container
for takeaway



Avoiding
bottled soft
drinks



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reusable
drink
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Communities around the globe are concerned about plastic ending up in landfill and polluting the oceans ... that's why hundreds of millions of people worldwide are choosing to be part of Plastic Free July



Please join our effort to help the environment

**Choose to refuse
packaged food and
takeaway containers:
bring your own reusable
containers**

AVOID WASTE. PROTECT THE OCEAN. SIGN UP AND BE PART OF THE SOLUTION. [PLASTICFREEJULY.ORG](https://plasticfreejuly.org)

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**Choose to refuse
plastic shopping bags:
bring your own bag
or use a box**

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**Choose to refuse
single-use cups:
bring your own
reusable cup or dine in**

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**Don't choke our
oceans: choose to
refuse plastic straws**

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**We accept
BYO containers**

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**We accept BYO
coffee cups**

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