

MAY EDITION

CITY OF PALMERSTON

GREY GOSS Newsletter



WELCOME, PALMERSTON AND RURAL SENIORS

to our new-look newsletter!

Aimed to be published quarterly, the next issue will be just in time to promote August's month of Senior events and activities, including our Senior's Forum, 20 August.

As usual, you are most welcome to contribute ideas and information for Grey Goss, see the back page for contact details.

Enjoy!

CITY OF PALMERSTON'S NINTH COUNCIL

Welcome also to our much-anticipated 9th Council, comprised of Mayor Athina Pascoe-Bell and seven Aldermen:

Deputy Mayor Damian Hale
Alderman Lucy Buhr
Alderman Amber Garden
Alderman Benjamin Giesecke
Alderman Sarah Henderson
Alderman Tom Lewis
Alderman Mick Spick

Palmerston does not operate under a ward system; each Alderman serves the entire local community, rather than a specific region within the municipality.

City of Palmerston Elected Members may be contacted by:

Post: PO Box 1, Palmerston NT 0831
Email: palmerston@palmerston.nt.gov.au
Phone: (08) 8935 9922

As you may recall, Palmerston was originally governed by the Palmerston Development Authority, which later became the Palmerston Town Council in 1985. It was designated a City in 2000 and became Palmerston City Council and now is known as the City of Palmerston.

Palmerston's first local government election was in May 1984, when four residents replaced appointed representatives on the Palmerston Town Management Advisory Committee. However the first Palmerston Town Council took office on 29 June 1985.

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CITY OF PALMERSTON

OUR VISION

'A Place for People'

OUR MISSION

The City of Palmerston is committed to:

- *Improving the safety of all our citizens*
- *Maintaining our own identity*
- *Providing services, facilities and amenities to support the community's needs*
- *Developing and maintaining our reputation for being clean and green*

We will achieve this through delivering to our community high-quality, value-for-money services that meet their diverse needs.

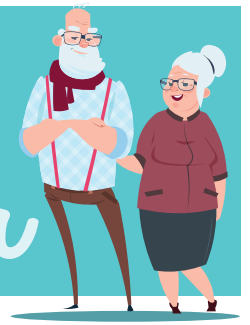
COUNCIL MEETINGS

Remember that you are welcome to attend Council meetings to observe proceedings.

Council Meetings will now be held on the First and Third Tuesday of every month, at an earlier time of 5.30pm.

Commencing at 5pm in the Council Chambers, a Public Forum will be held prior to each Ordinary Council meeting, providing an opportunity for community consultation.

Meeting dates, agendas and minutes will be listed at: <http://www.palmerston.nt.gov.au/council/meetings/council-meetings>



CITY OF PALMERSTON

GREY GOSS Newsletter

ACTIVATE 2018

Palmerston and Rural Residents aged 16 years or over... have you joined Activate yet? And if you have, are you making use of the different opportunities offered each Block? We've really branched out this year. Instead of one 8-week program, Activate is now offered in a series of nine-week blocks, with different activities and exercises available to you FOR FREE!

You do need to register so that you receive your unique identification number, which you will use to sign-in to each session you attend. As usual the sessions cater for a range of fitness levels and interests. Activities offered are suitable for participants who are not currently active and have had little or no experience in the activity previously. You can register at any time, and once you do, you will receive the current session timetables.

To register go to:

<https://cityofpalmerston.checkfront.com/reserve/>

and scroll down to Activate, then Book Now. Registration is easy, fast and FREE!



PALMERSTON RECREATION CENTRE

There are a lot of different activities and events happening in the revamped Rec Centre these days.

(The YMCA moved their programs to the Palmerston Swimming and Fitness Centre, Bonson Terrace, Driver. They continue to offer their seniors' programs there.)

REC CENTRE PROGRAMS are promoted by the suppliers.

So be on the look-out for promotions for seniors-friendly activities and events, whether one-offs or regular sessions, such as Senior Fitness, Seniors Indoor Croquet, Yoga.

Council promotes its own and partnered activities in several ways: posters, flyers, our website and facebook accounts, newspaper, media releases, Goyder Square TV and via our network groups.

COUNCIL'S COMMUNITY SERVICES DEPARTMENT moved to the offices in the Recreation Centre almost a year ago.

During 'office hours' the Director, Director's EA, Community Development Officers, Community Events Team and Tess (your seniors contact) are based at the Rec Centre.

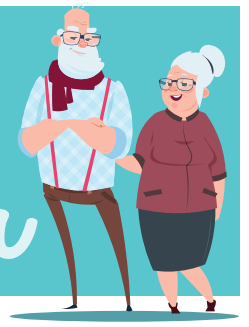
We also use the Rec Centre Community Rooms for 'our' network and advisory meetings and to provide community space for meetings, workshops and training sessions. Consider the Rec Centre if you are looking to get together with your committee or working group - it's central and very comfortable to use, although like other Council venues, there is a hire fee.

You are also welcome to drop in to the Rec Centre Foyer anytime we are open, just to have a sit-down in the cool, or bring your snacks and cuppa over and meet up with your mates. We always have books and magazines to read or take away, if you like.

The Rec Centre has two disability-access toilets and ramps to the front doors, with plenty of scooter parking inside too. Two disability-access parks are located on the Bunnings side of the building, but with the recent changes to parking for Disability Card holders, you might choose to use a standard park anywhere close by (for free, twice-the-allocated-time parking).

The Rec Centre is across the road from the Palmerston Library, and Goyder Square. If you are one of the lucky grandparents doing the kids' activities like StoryTime in the Library, you might like to wander over to the Rec Centre foyer to have some quiet time and a snack afterwards.





PALMERSTON SHOPPING CENTRE

Palmerston & Rural Seniors Committee

Community Wheel for Local Non-Profit Organisations

FREE FUNDRAISING OPPORTUNITY

Spin Wheel & Raffle Tickets Provided

Sponsored by: Palmerston Shopping Centre & The Palmerston and Rural Seniors Committee Inc

For more information
Email: admin@joon.net.au Ph: 8932 1998

Animal Ownership Education Program

**IS YOUR DOG OR CAT NOT DESEXED?
IF YOUR CAT OR DOG ESCAPED HOME WOULD THEY BE REUNITED WITH YOU BECAUSE THEY ARE MICROCHIPPED?
ARE YOU NOT ABLE TO AFFORD THEIR DESEXING OR MICROCHIP?**

THE ANIMAL OWNERSHIP EDUCATION PROGRAM AIMS TO TACKLE THE PROBLEM OF OVER POPULATION OF DOMESTIC ANIMALS AND CREATE AN AWARENESS OF RESPONSIBLE PET OWNERSHIP IN THE DARWIN, PALMERSTON AND RURAL AREAS. PART OF THE PROGRAM PROVIDES ELIGIBLE INDIVIDUALS AND FAMILIES WITH SUBSIDISED DESEXING AND FREE MICROCHIPPING, VACCINATIONS AND PUPPY CLASSES.

For further information please contact us via facebook
or email: topendrehominggroup@gmail.com

Proudly supported by **NORTHERN TERRITORY GOVERNMENT**

GUESS WHAT THIS IS!

Lorem ipsum dolor sit amet, inani tollit singulis sea in, facilisi mandamus pri te, dui erant dolorum usu cu. Et errem efficiantur cum, munere equidem dissentiet ne nec. Eu sit nostro pertinacia.

The interesting thing about preparing a new document, for example, a newsletter template, is that a 'filler text' is often used to indicate how it is all going to look. But did you know that the Lorem ipsum is real?

Yes indeed: according to <https://lipsum.com/> it is a version of classic Latin (the language, not the dance-music!) literature from 45BC! And it has been commonly used to fill in for text you plan to use, since the 1500s.

No one knows the name of the printer or why he (almost certainly a he) chose to use The Extremes of Good and Evil by Cicero to base his type specimen book examples.

Makes you wonder what the royalties would add up to...

NATIONAL DAYS OF SIGNIFICANCE COMING UP

MAY 6 TO 12: Compost Awareness Week (see page 9)

MAY 21 TO 27: Volunteers Week

JUNE 5: World Environment Day

JULY is National Desexing Month



FOOD FOR THOUGHT

Do you ever think that life was so much simpler 'in the old days'? In many ways it would certainly seem so, although it might be fairer to say it was 'less complex' then. Computers, the internet and all their little device friends are certainly simplifying a lot of once time-consuming activities.

It's not all fun-and-games though:

'Parents are being warned about the impact of technology on young children, with doctors saying many can barely hold a pencil by the time they start school.

The overuse of touchscreen devices is being blamed for preventing children from developing the muscles needed in their fingers to hold a pencil correctly.'

<http://www.msn.com/en-au/health/medical/children-struggling-to-use-pencils-doctors-warn/ar-BBJG0Xw?ocid=ientp>

(And the irony of using a website to warn about technology isn't lost here!)

On the other hand... run your eye over page 23 of *Art Of The Table - The Beeton Homebooks* (right). How many of these *essential* kitchen utensils did you own in the 1960's?

How many do you own (and use) now? Bet you've streamlined!

So, what have we learned?

1. Spend quality time with the grandkids drawing, writing (yes, forming the letters with a pencil onto actual paper!), enjoy and encourage all those seriously-fun-finger-muscle-building activities!
2. Clean-out and declutter your kitchen drawers. (Better keep the snail tongs though, you never know when you may need those...)
3. If you *are* thinking about upskilling with the computer, but aren't sure where to start, we have two excellent options for you!

Red Cross's Natasha would love to see you at Driver Resource Centre on Wednesdays, 10am to 1pm. (See the full flyer on page 11.)

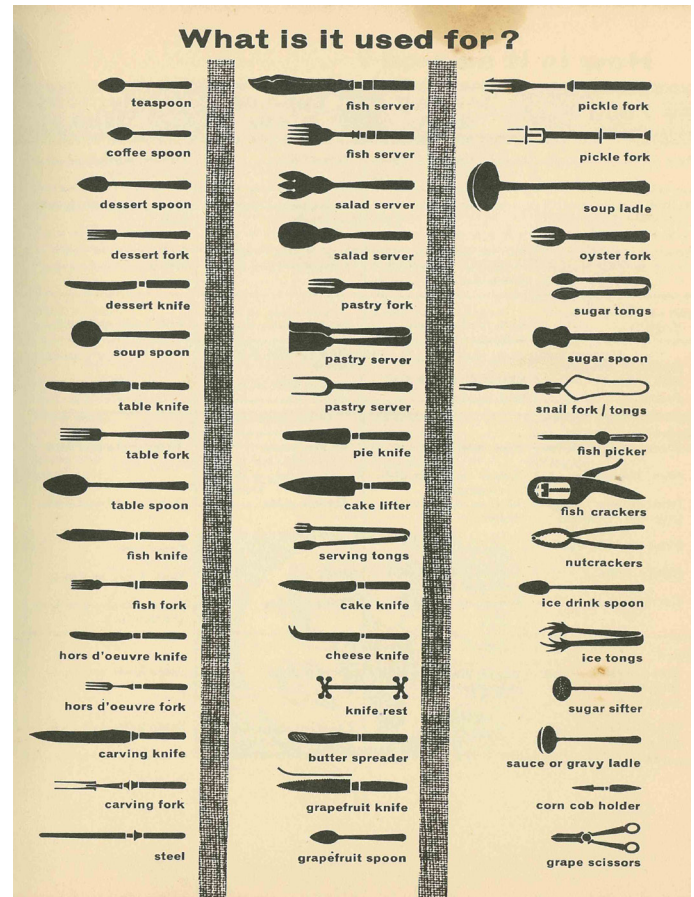
And our Palmerston Library offers free Adult Drop-in Computer Sessions, on Thursdays* in the Library Community Room from 10am to 12pm, no bookings required.

*Except during School Holidays.

City of Palmerston Library - see page 12 for more events.

For direct Library updates follow this link: <http://www.palmerston.nt.gov.au/facilities-recreation/library/enews>

You can also join the library's newsletter for monthly updates.



SENIORS' COMPUTER CLASS

Every Wednesday 10am to 1pm - Driver Resource Centre, Driver

Come along to yarn, learn and socialise:

Learn about computers including email, word processing and myGov. Coffee, morning tea, lunch and transport available

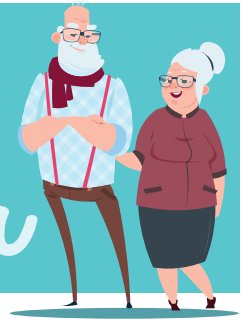


Contact Natasha on 0466 548 961 or nmaher@redcross.org.au

PALMERSTON
LIBRARY

let your imagination **grow wild!**

GREY GOSS Newsletter



KEEPING WOMEN SAFE IN THEIR HOMES (KWSITH) - YWCA PROGRAM

Keeping Women Safe in Their Homes (KWSITH) is a program targeted at women experiencing Domestic and/or Family Violence. This program supports women accompanying children to remain safely in their homes.

To find out more you can contact YWCA at Shop 2, Goyder Building, 25 Chung Wah Terrace, Palmerston

phone: 8932 9155 email: kwsith@ywcaofdarwin.org.au or visit their website: www.ywcaofdarwin.com.au

You'll find their program brochures in the racks at the Palmerston Rec Centre and Civic Centre.

The Keeping Women Safe in Their Homes initiative is funded under the Australian Government's Women's Safety Package.

SENIORS EXPO 2018 - FRIDAY 1 JUNE 2018, 10AM -2PM.

It's all about community, conversation, celebration and information - join us at the fourth COTA NT Seniors Expo, being held for the first time in the heart of Palmerston. Find out what's on for seniors in the Territory. Meet the people behind services, support and products, join a club or try a new activity, enjoy the music, performance and demos and enjoy free morning tea and sausage sizzle.

That's right! COTA is bringing the Seniors EXPO to the Palmerston Recreation Centre for 2018!

It's going to be an absolutely huge FREE event, with almost everything under cover, and certain to be an enjoyable day no matter what the weather is doing outside.

Watch out for their promotional material, which will have more details about activities and exhibits.

<http://www.cotant.org.au/information/seniors-expo/>



FREE WIFI

We will be soon be putting up these signs to indicate where you can access Council's free public WIFI coverage.

The Heights Durack Community Centre, Palmerston Library, Palmerston Recreation Centre and Goyder Square are the accessible places to date.

Additional access will be available in the future, so expect to see more of these signs over time.

Techno Challenge! How many of the icons included in the sign design can you identify?

Here're two to get you started:

f = Facebook

cursive p = pinterest





Brekkie in the Park

8-10AM - FREE HEALTHY BREAKFAST & ACTIVITIES

6 MAY SANCTUARY LAKES LAKEVIEW BLVD, GUNN	3 JUNE MARLOW LAGOON RECREATION AREA ELRUNDIE AVE, MARLOW LAGOON	8 JULY PRESIDENT PARK DRIVER AVE, DRIVER
12 AUG ROSEBERY PARK ROSEBERY DRV, ROSEBERY	2 SEPT FATHER GERRY REMIE PARK FLYNN CCT, BELLAMACK	

www.palmerston.nt.gov.au

BREKKIE IN THE PARK

In addition to all the usual great food and fun - City of Palmerston Rangers will be at the 3 June Brekkie in the Park at Marlow Lagoon.

Free registration to end of July for any new dogs to Palmerston and free microchipping for Palmerston dogs will be available on the day. Come down and have a chat to our friendly Rangers.

Microchipping is the most effective way to identify your dog. It stays with your dog and is 'read' with a scanner - which vets, rangers, and possibly even animal rescue volunteers, may have on hand.

Fast identification of your lost pet is so important when found, especially if injured and your permission is required by a vet for treatment.

Take advantage of this free offer and we'll see you at Marlow!

ALCOHOL FREE EVENT

FLICNICS

FREE MOVIES UNDER THE STARS AT GOYDER SQUARE - THE BOULEVARD

EVERY SATURDAY 21 APRIL - 8 SEPTEMBER | MOVIES START: 7PM

APRIL 21 MOANA 28 MY PET DINOSAUR	JULY 7 MR FUZZYPANTS 14 THE GOONIES 21 NT TRAVELLING FILM FESTIVAL 28 SMURF'S THE LOST VILLAGE	SEPTEMBER 1 SPIRITED AWAY 8 THE LION KING (THEME NIGHT)
MAY 5 ZATHURA 12 BEAUTY AND THE BEAST 26 THE INCREDIBLES	AUGUST 4 MIRACLE FROM HEAVEN 11 FROZEN 18 LION 25 E.T	OCTOBER 27 GOOSEBUMPS (THEME NIGHT)
JUNE 2 JURASSIC PARK 9 A DOG'S PURPOSE 30 TROLLS		

Pack a picnic, chair, bean bag or rug

www.palmerston.nt.gov.au | PALMERSTONNT

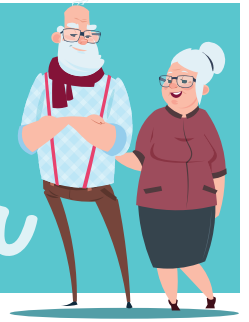
FLICNICS

Have you enjoyed FlicNics over the past couple of years? At last they are back for 2018, now that The Dry has arrived. If you haven't been to any - now is the time!

We select a range of G to PG-rated movies with character, and show them on the Goyder Square TV, on Saturday nights.

Some are animated, some are computer generated, some are full of special effects, some have actual humans - all are great!

They are FREE to attend. We provide the venue and movie, just bring what ever makes you comfy and settle in for the evening. You can bring your seating, blankets or cushions, pack picnic tea or grab some take-aways. Bring your family or meet your friends! It's a lovely, simple way to enjoy the cooler weather and enjoy some great flicks!



TWELFTH NIGHT

by William Shakespeare

SATURDAY 5 & SUNDAY 6 MAY

6.30PM

SANCTUARY LAKES

TICKETS | \$30 P/ADULT \$15 P/CHILD: 16 & UNDER
AVAILABLE AT WWW.PALMERSTON.NT.GOV.AU

**PACK A PICNIC AND RUG
COFFEE AVAILABLE**



TICKET EVENT

\$30 per adult

\$15 per child (16 yrs & under)

BOOK ONLINE:

<https://cityofpalmerston.checkfront.com/reserve/>

Tickets ARE NOT available at the gate.

IMPORTANT: Please PRINT your tax invoice as your ticket and proof of purchase and bring with you to the event.

Entry is from 5.30pm, to be seated by 6.15pm. Show begins at 6.30pm

TWELFTH.

Hang on, is that even a word? Seriously. Let's just see what the internet has to say about that!

Well, ok then, I sit corrected.

twelfth - adjective. From the late 14th Century so that accounts for the interesting combination of letters...

Who knew Twelfth Night is an actual event? It is the eve of Epiphany, which comes twelve days after Christmas (ah, much like most bills), formerly an occasion of 'social rites and merrymaking'.

Apparently Mr Shakespeare wrote this comedy as entertainment for a Twelfth Night celebration some time around 1601.

The Plot: After a raging shipwreck, Viola finds herself washed ashore, separated from her twin brother, Sebastian, and alone on the beach of Illyria.

This town is familiar, but somewhat strange - a dreamland where music is the food of love, and nobody is quite what they seem.

To survive, Viola immerses herself into this new land. She discovers a melancholic Duke, a pair of jovial drunkards, a sullen servant and cross-dressing lovers.

Mischief ensues - hearts are tangled, pranks are played and poor Viola finds herself right in the middle of a love triangle!

Make a night of it with your friends and join in the fun of live theatre at Sanctuary Lakes with Essential Theatre's production of this 417-year-old play!

It's sure to be a fantastic event - pack your munchies, chairs, beanbags or picnic blanket, a bottle of bubbly (responsible consumption of BYO alcohol is allowed) and short-straw your designated driver (just to be careful).

Coffee stall available.

Merry-making positively encouraged.



CITY OF PALMERSTON & DIWA PRESENTS

Warisan Budaya
INDONESIAN FESTIVAL

SATURDAY 19 MAY 2018
5.30-9.30PM
GOYDER SQUARE, PALMERSTON

CULTURE | CUISINE | LIVE ENTERTAINMENT

WWW.PALMERSTON.NT.GOV.AU

Live IN THE SQUARE

ALCOHOL FREE EVENT

SUNDAY | 5-7.30PM | GOYDER SQUARE - THE BOULEVARD

Bring a picnic, chair, bean bag, or rug

LINE UP

MAY	JUNE	JULY	AUGUST	SEPTEMBER
6 MARK AND SERENA DUO	3 AFRO MOSES	1 WICKED SMILE	12 THE GOVERNORS	9 JIGSAW COLLECTIVE
20 THE GOVERNORS	17 THE GOVERNORS	15 THE GOVERNORS	26 THE GROOVE FACTOR	
		29 MELANIE GRAY		

city of PALMERSTON

MAKING USE OF MARCUS

Cyclones. First we prep. Then we clean! (For weeks, by the look of it.)

If your garden is looking a bit barren, now is the time to zhush it up before The Dry.

Council collected untold tons of green waste from Palmerston verges in the immediate clean-up efforts and can now offer it back, in a useful form, to residents.

Mulch is great at keeping the weeds down and keeping moisture in the soil.

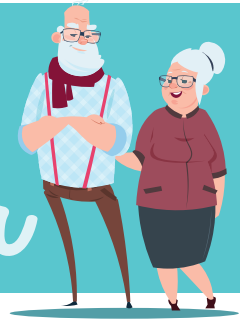


Seniors, (and also Disability Card-holders) you are invited to request **FREE DELIVERY** of a **FREE** load of mulch to your place - you'll need to contact Council and provide: name, address, phone number and seniors/pension card number.

Requests can be placed with Council until Monday 30 April 2018. Call 8935 9950 or email palmerston@palmerston.nt.gov.au

Delivery of mulch only (it will not be spread on yards/garden beds) by Council staff will commence from Tuesday 1 May 2018 to those who have requested the service.

GREY GOSS Newsletter



THAT'S NO HOW YE MAKE PORRIDGE!

Here it is folks, the easiest way to 'cook' your favourite healthy breakfast! Better yet, there's no actual cooking involved. In fact, this non-traditional take on a very traditional meal, is often eaten cold - perfect for the tropics.

Overnight oats, otherwise known as 'refrigerator porridge' - preparation really is easy, and you make them the night before. Old-fashioned regular rolled oats work best, and if you like, add a smidge of salt and/or sweetener. Important - add double the amount of liquid (milk, milk alternatives, yoghurt) to the oats.

Mix well in a bowl, cover and leave overnight in the fridge.

There are many variations on this recipe, using a huge range of healthy ingredients. Hunt for tempting recipes using fruit, spices, berries, nuts... whatever you know you should be eating more of. Don't go thinking you have to cram in the 'superfoods' that are often suggested in popular recipes; use what you like and have handy.

Add your extra tasty bits just before serving, or put them in at the start if you prefer. Remix it all through before you eat, for best consistency.

Depending what you put in, it should last a couple of days at least, if kept in the fridge.



PUTTING THE FUN IN FUNKY!

Did you notice the recent public art installation (otherwise known as yarn-bombing) grow around three trees in Goyder Square?

Thanks to everyone who participated!

Also... visit the pergola to enjoy the permanent display of Techy Masero's beautiful fish and jellyfish sculptures.



Free
HOW TO COMPOST
Workshop

SATURDAY 12 MAY 9.00AM

Harvest Corner
CNR ESSINGTON AVE & WRIGHT CRES. GRAY

COME & LEARN THE BASICS OF COMPOSTING
MEET EXPERTS WHO CAN HELP YOU GET STARTED
& ANSWER YOUR COMPOST QUESTIONS

city of PALMERSTON | harvestcorner.org.au | HARVEST CORNER

GREY GOSS Newsletter



ELDER ABUSE PREVENTION PROJECT 2018

Elder abuse is: "Any act within a relationship of trust that harms an older person."

It occurs across all cultures and backgrounds and is typically committed by family members or other trusted people such as friends, neighbours or carers.

Most often it's to do with finances, but types of abuse often overlap, so physical, sexual, social and psychological abuse and neglect might be occurring at the same time.

People being abused can feel ashamed or blame themselves. They can be unsure what to do about it and frightened to report in case it makes things worse.

Darwin Community Legal Service believes that we need to respect, value and protect older people.

- Respect the right of older people to make decisions about their own lives
- Value older people and recognise them as significant community members
- Protect vulnerable older people by establishing a safeguarding agency that investigates and acts upon suspected abuse.

Elder Abuse Awareness Day is held each year on 15 June. This year, the Elder Abuse Prevention Project will facilitate an event in conjunction with Council on the Ageing (COTA) at Spillett House.

An Elder Abuse Fact Sheet can be found at <https://www.dcls.org.au/events-and-publications/fact-sheets/> under Seniors and Disability Rights Service Fact Sheets.

YOU CAN SPEAK TO AN ADVOCATE CONFIDENTIALLY WITH ANY CONCERNS ON THE ELDER ABUSE INFORMATION LINE 1800 037 072

**Elder Abuse
Prevention
Project**

Darwin Community
Legal Service

POLITE PET MONTH

Dog Behaviour!

Council's Tips:

- Ensure your dog always has access to shelter, bedding, water, perhaps food and familiar toys.
- Give your dog a variety of experiences and exposure when young so it is less likely to overreact to outside distractions.
- Leaving the dog alone for short periods at first and then gradually increasing the time can help the dog to adjust to being home alone.
- When arriving home, don't make immediate contact with the dog if it is excitable, instead wait for a few minutes until the dog settles down, then the dog can associate praise and calmer behaviour.
- Establish routines with your dog that include exercise, training and play.
- Walk your dog regularly, not only for the dog's own health but also to establish a routine for the dog and help it become familiar with its neighbourhood.
- Introduce your pet to visitors so it won't be vocal every time they arrive.

POLITE PET MONTH

Separation Anxiety & Dogs

Council's Tips:

- Provide mental stimulation such as toys or food to provide a distraction for the dog's anxiety.
- Give minimal attention to the dog before departing, so that the emphasis is not placed on your absence.
- Possibly leave the radio or tv on at a low volume for noise consistent with when somebody is at home.
- When arriving home, don't make immediate contact with the dog if it is excitable, instead wait for a few minutes until the dog settles down, then the dog can associate praise and calmer behaviour.
- Talk to your vet if the anxiety is quite severe, as there may be other alternatives.

GREY GOSS *Newsletter*



IN THE LONG RUN I'M DOING OK

A bit of arthritis in both my knees
I need to keep my legs crossed when I sneeze
When I talk I hardly notice the wheeze
But in the long run I'm doing ok

I have special linings for my shoes
My pills make sure my blood will ooze
Oh Lord, I've just noticed another new bruise
But in the long run I'm doing ok

And at night, when my rest awaits
My glasses, teeth and hearing aids
Are on the bedside table placed
In the long run they're doing ok

Each morning I open my eyes and collect my wits
I check in the paper for the latest obits
Make sure that I have clean clothes that fit
So in the long run I'm doing ok

There's not much the matter I'll usually say
Life begins at fifty is just a cliché
So grin, and get on with living each day
In the long run we're doing ok.

© Sandra Parker

NEVER SAY "NEVER"

A swimming world record was broken at the Commonwealth Games trials on the Gold Coast – by a 99-year-old Australian man.

George Coronos, who turned 100 in April, completed the 50-metre freestyle swim in 56.12 seconds.

Although he has always been a keen swimmer, he only took it up 'seriously' when he turned 80.



**Local people
Helping**

SENIORS' COMPUTER CLASS

Every Wednesday 10am to 1pm - Driver Resource Centre, Driver

Come along to yarn, learn and socialise:

Learn about computers including email, word processing and myGov.
Coffee, morning tea, lunch and transport available



Contact Natasha on 0466 548 961 or nmaher@redcross.org.au

redcross.org.au follow us    



DISABILITY PERMIT HOLDERS

Palmerston Seniors Advisory Group (PSAG) approached Council to request a change to the way Disability Permit holders park in Palmerston city.

As a result, Council has amended its parking policy to enable all Disability Permit holders to park in any Council car park (both on and off-street) for FREE and up to twice the time displayed for that zone.

Previously, only the dedicated Disability parks were free. (All of these allow all-day parking EXCEPT for the one near the Post Office, which is short term).

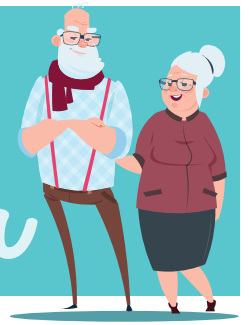
Now, you can park in a two-hour park for up to four hours and you don't have to pay anything. However - you MUST display your permit on the dash, or the Ranger cannot tell that you are not parked illegally.

Great work, PSAG!

MAY EDITION

CITY OF PALMERSTON

GREY GOSS *Newsletter*




ACOUSTIC JAM SESSIONS

DURACK COMMUNITY CENTRE
33 PACKARD AVE, DURACK
WEDNESDAYS - EVERY FORTNIGHT
8 - 11PM
BEGINNING ON 7 FEBRUARY
TO 27 JUNE 2018

**BRING YOUR GUITAR
OR OTHER ACOUSTIC
INSTRUMENTS AND
SONG SUGGESTIONS!**

**PALMERSTON LIBRARY
COMMUNITY ROOM**
EVERY LAST FRIDAY OF THE MONTH
6.30 - 11PM
BEGINNING ON 23 FEBRUARY
TO JUNE 29 2018

DCA CONTACT DARWIN COMMUNITY ARTS ON
EO@DARWINCOMMUNITYARTS.ORG.AU OR RING
THE DCA OFFICE ON 8945 7347 FOR MORE INFORMATION.

PALMERSTON LIBRARY
let your imagination grow wild!

DO YOU ENJOY Weaving Crochet or Knitting

USING RECYCLED MATERIALS,
NATURAL GRASSES & LEFT OVER YARN ?


JOIN US AT
DURACK COMMUNITY CENTRE
33 PACKARD AVENUE DURACK

TUESDAYS FORTNIGHTLY FROM
FEB 20 TO JUNE 26 - 12PM TO 2.30PM

DCA CONTACT DARWIN COMMUNITY ARTS
MARIA KNIES AT DCA OFFICE ON 8945 7347
FOR MORE INFORMATION.

PALMERSTON LIBRARY
let your imagination grow wild!

<http://www.palmerston.nt.gov.au/facilities-recreation/library>



Eftpos

is now available
at the Library

\$5 Minimum

PALMERSTON LIBRARY
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