

SENIORS DAY

WEDNESDAY
17 AUGUST
2022



FROM 9AM.
PALMERSTON
RECREATION
CENTRE.

• FREE LUNCH

• DRAG QUEEN BINGO

• OCHRE WORKSHOP • PILATES • STREET ART AND MORE

PHONE: 89359929 • PALMERSTON.NT.GOV.AU

city of
PALMERSTON
'A Place for People'



PROGRAM

TIME

DESCRIPTION

10:00am - 10:30am

Learn about native plants and what is right for your garden with the City of Palmerston Open Spaces Team. Every attendee gets a free native plant to grow at home.

10:00am - 11:00am

Learn about the cultural significance of ochre and create your own First Nations inspired artwork with Dingo Cockatoo.

10:30am - 11:30am

Improve your heart health and core strength with all abilities Pilates.

11:00am - 12:00pm

Learn about the history of graffiti and try your hand at street art using stencils and other mediums.

11:00am - 12:00pm

DIY Coffee Coasters with Bunnings Palmerston.

12:00pm - 1:00pm

Roast lunch with all the trimmings.

1:00pm - 2:00pm

Weed Busting! Learn all about Salvinia and other classified weeds found in Palmerston in this hands on educational experience.

1:00pm - 2:00pm

Drag Queen Bingo with Drag Territory! (Prizes up for grabs).

2:00pm - 3:00pm

Police Information Session.

2:00pm - 3:00pm

Smash Booking with the City of Palmerston Library Team. Like scrap booking only messier!