

WALK, CYCLE OR SCOOT TO SCHOOL

TIPS AND HINTS

City of Palmerston encourages children to travel to school by either walking, cycling, or scooting. Actively travelling to school has many health benefits but it also helps to reduce the number of cars in the school zone during peak periods.

This map has been created to assist families to talk with their children about their safest path to school.

If families do not live close their school, they are encouraged to drive to the start of their closest active path which can be seen on this map and walk, cycle, or scoot the rest of the way (all active paths are less than 1km from the school entry).

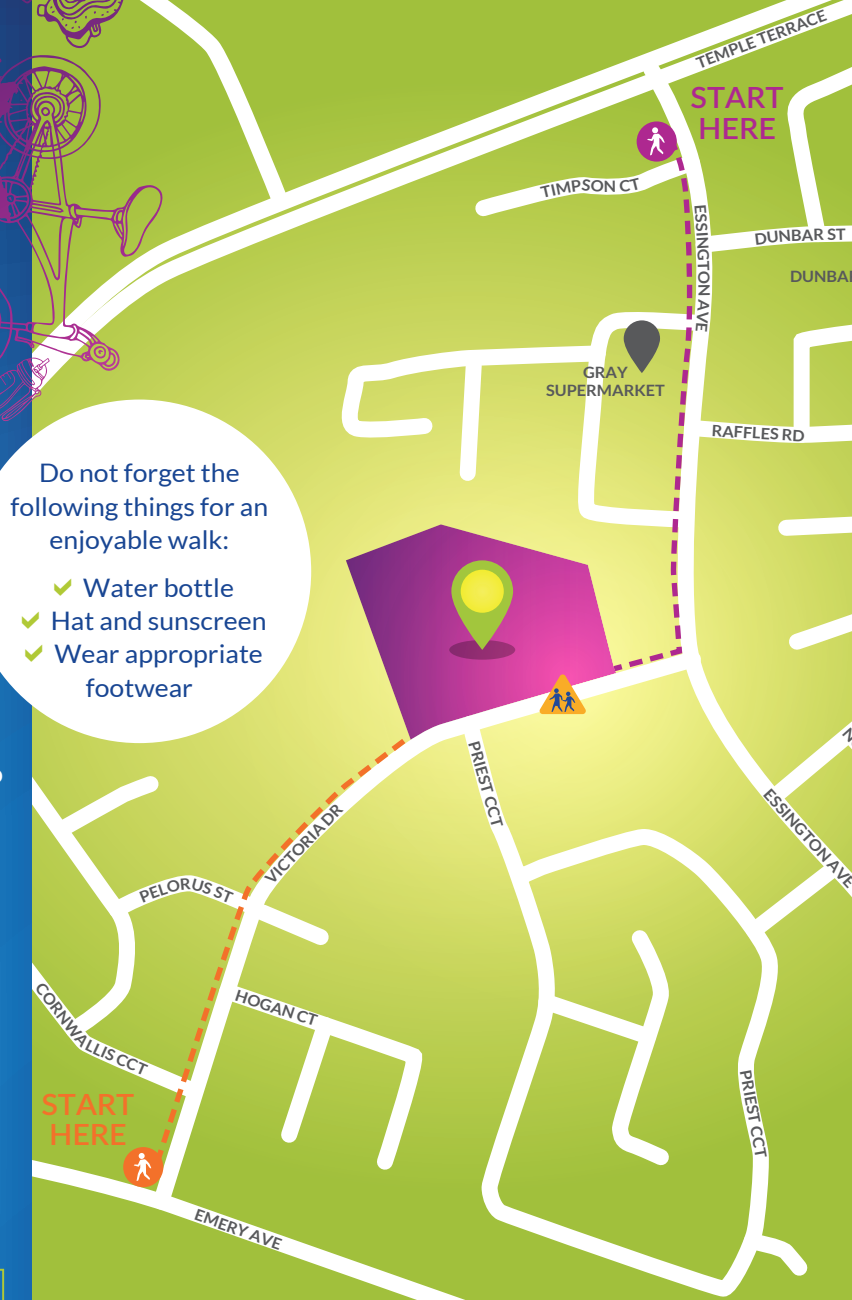
Get active today to establish lifelong healthy habits while building road safety awareness and confidence.

EIGHT STEPS TO CROSS THE ROAD SAFELY

- 1 Choose the safest place to stop and cross
- 2 Ask an adult for help to cross the road
- 3 **STOP** back from the kerb and road
- 4 **LOOK** in all directions for traffic
- 5 **LISTEN** for traffic
- 6 **THINK** about when it is safe to cross
- 7 When the road is clear, walk straight and quickly across the road, holding an adult's hand
- 8 Keep checking the road by looking, listening, and thinking about traffic while crossing

© 2017 Northern Territory Government
For more road safety resources visit roadsafety.nt.gov.au

Visit www.palmerston.nt.gov.au and search 'Walk, Cycle or Scoot to School' for more details.



Do not forget the following things for an enjoyable walk:

- ✓ Water bottle
- ✓ Hat and sunscreen
- ✓ Wear appropriate footwear



GRAY PRIMARY SCHOOL



SCHOOL CROSSING



700M



500M

MAP YOUR ROUTE

START HERE:
