

PALMERSTON AND RURAL SENIORS' NEWSLETTER

Published 2-3 monthly, this issue covers August - October 2020. Please also check Council's website and Facebook page for updates and new developments.

You are most welcome to contribute ideas and information for Grey Goss; please contact Council by emailing palmerston@palmerston.nt.gov.au.

Thank you to everyone who helped with this issue. Council has been working to provide community events and activities while adhering to COVD-19 pandemic requirements. Please be aware that there may be more changes to programs, and we will promote these wherever possible. In the meantime... welcome back!

COUNCIL CONTINUES TO WORK TO PROVIDE THE SERVICES AND INFORMATION THAT OUR COMMUNITY NEEDS.

We will communicate changes to programs and services as widely as possible. Please keep in touch and updated by maintaining social media links such as:

- Facebook https://www.facebook.com/PalmerstonNT/
- Council's website www.palmerston.nt.gov.au

Updates and details on affected events or services are continuing to be made on Council's Website and Facebook page.

https://www.palmerston.nt.gov.au/covid-19-update

COVID-19 INFORMATION

When attending events please observe physical distancing and hygiene requirements as advised by the Chief Medical Officer at all times.

- A minimum space of 1.5 metres between you and other people that you do not know.
- Avoid touching your face and cough and sneeze into a tissue or into your elbow.
- Hand washing with soap and water for 20 seconds or use hand sanitiser.
- Stay home if unwell.

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KEEPING IN TOUCH

Thank you to everyone who went the extra mile to keep in contact and maintain social links with family, friends and neighbours.

With increased isolation by people trying to minimise the chance of spreading the virus, using non-contact ways to check on and chat with mates has made a world of difference.

Is anyone finding that they actually enjoyed the renewed focus on writing, phoning or even upskilling to Skype!?



FREE COUNCIL VENUE HIRE

Council approved free venue hire from 5 June to 30 September 2020, at the Palmerston Recreation Centre's Community Rooms and Stadium, the Palmerston Library's Community and Training Room, Driver Resource Centre, and Durack Heights Community Centre as part of the 2020/2021 Budget to assist the community in response to COVID-19.

Council staff will adjust any existing bookings to reflect the free hire. Please contact the City of Palmerston should you require any further bookings. Single bookings can be booked online with any multiple bookings needing to be discussed with Council staff. All further bookings will be subject to availability and, if not already received, a refundable \$125.00 bond will be required.

PALMERSTON SENIORS ADVISORY COMMITTEE (PSAC)

The committee, an advisory group to Council, usually meets bimonthly.

Council advisory meetings were cancelled until August, however, we now expect be up and running again soon so here are the remaining 2020 scheduled dates.

2020 MEETING DATES

Monday 21 September

Monday 23 November

Did you know that you may attend as a member of the gallery, to observe the meeting? However you will need to contact Tess to RSVP on tess.riches@palmerston.nt.gov.au or 8935 9929 at least a week prior.

PSAC Meeting Minutes are included in Council Meeting Agendas on Council's website. www.palmerston.nt.gov.au

FREE ACCESS TO POOL

Entry to the Palmerston Pool is free for pool users.

The Palmerston Swimming and Fitness Centre is located in Moulden on the corner of Tilston Ave and Bonson Tce. Parking and the entrance to the facility are off Bonson Terrace.

Opening hours - Dry Season (1 May-31 October)

- Monday to Friday: 5.30am to 7.00pm
- Saturday: 8.00am to 5.00pm
- Sunday: 9.00am to 5.00pm
- Public holidays*: 9.00am to 5.00pm (Centre is closed Christmas Day, New Years Day and Good Friday.)



PALMERSTON MEN'S SHED ANNUAL GENERAL MEETING 21 AUGUST 2020 AT 12PM

The Palmerston Mens Shed is in the Council Depot site on the corner of Toupein Rd and Georgina Cres Yarrawonga, Palmerston.

Contact: 89321466

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NEW OPPORTUNITIES TO GET FIT AND HAVE FUN - ACTIVE ABILITY SESSIONS



Thursdays 10.30am and 11.30am

27 August - 8 October 2020

Sessions include Walking Netball, BellyDancing, African Zumba, Fit Boxing and more

7 set sessions - with the 8th week to be voted on by participants

Registration link to follow

Email: parba.nt@outlook.com or phone: 0400 548 416 for more information.

MAURICE TERRACE PARK OFF-LEASH DOG AREA CONSULTATION

City of Palmerston has proposed a permanent off-leash dog exercise area at Maurice Terrace Park.

A dog exercise area was trialled at the park during the COVID-19 pandemic to provide more spaces for people to take their dogs to exercise off-leash in Palmerston.

With one permanent off-leash dog park in Palmerston at Marlow Lagoon, Council recognises that Palmerston requires additional dog exercise areas and would like feedback from the community to gauge the level of support for a second off-leash dog park. The permanent off-leash dog exercise area would also include minimal dog park infrastructure such as dog agility equipment, fencing, water, bins and poo bags and dispensers.

The Maurice Terrace Park consultation is open for two weeks from Friday 31 July until Friday 14 August 2020.

Following the consultation, a report on the outcomes of the community consultation will be prepared for Council to consider.

For more information about the consultation or to be provide feedback on the proposal please contact:

Phone 08 8981 6445, during 8.30am - 5.00pm or Email: feedback@truenorthcomm.com.au

There will be three pop-up sessions at Maurice Terrace Park:

- 5.00pm-6.00pm on Thursday 6 August 2020
- 9.30am-11.00am on Saturday 8 August 2020
- 5.00pm-6.00pm on Tuesday 11 August 2020

FROM BRENNAN ELECTORATE OFFICE: PALMERSTON VOLUNTEER DRIVER PROGRAM (PVDP)

The Palmerston Volunteer Driver Program is currently suspended. It will recommence on 1 September 2020.

For all bookings and questions please phone the Brennan Electorate Office on 8999 5587

The Palmerston Volunteer Driver Program is a service for seniors who need a lift to get to an appointment that may include but is not limited to:

- local doctor appointments
- dentist appointments
- optometrist appointments etc.

The people who provide the service are volunteers!



NEWS THAT REALLY RATES!! RATES FOR THE 2020/2021 FINANCIAL YEAR HAVE RECENTLY BEEN DECLARED...

WITH NO INCREASES FROM 2019/2020!

Rates Instalment Dates:

- Wednesday 30 September 2020
- Monday 30 November 2020
- Saturday 30 January 2021
- Tuesday 30 March 2021

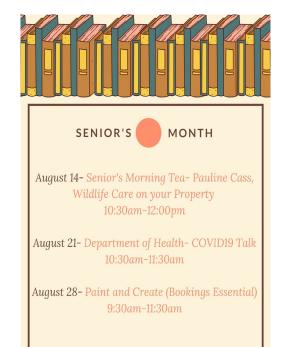
Note: Should you not receive your rate notice prior to these dates please contact us on (08) 8935 9922 or via email at rates@palmerston.nt.gov.au to confirm postal details or request another copy.

Rate Concession:

The City of Palmerston receives a listing from NT Concession Service of all rate payers that are eligible for a concession at the time of levying rates. Concessions for eligible pensioners are automatically included on the rate notice.

Should a pensioner become eligible part way through the rating year, they must pay the rates in full to Council and contact the NT Concession Scheme for reimbursement on 1800 777 704 or Palmerston Community Care Centre on 08 8999 3344.

For more information visit https://nt.gov.au/community/concessions-and-payments



TAMINMIN COMMUNITY LIBRARY

70 Challoner Cct, Humpty Doo | (08) 8988 1200



TAMINMIN COMMUNITY LIBRARY

Howdy Neighbour!

Residents, Council, and particularly our Library have a close friendship with our rural neighbours, so you'll see us promoting each other's informaton.

If you haven't had a look out at Taminmin Library lately, perhaps August is the time to visit!

70 Challoner Circuit

Humpty Doo

08 8988 1200

Check out these interesting Senior's Month activities and keep an eye out for more promotional material.

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WEDNESDAY 19 AUGUST 2020

9.00AM - 3.00PM PALMERSTON RECREATION CENTRE

Come and try new activities

Hear from interesting guest speakers
Share your thoughts about issues for
Palmerston seniors

SPACES ARE LIMITED. BOOKINGS ARE ESSENTIAL BY

email: tess.riches@palmerston.nt.gov.au phone: 8935 9929





To celebrate Seniors Month the City of Palmerston, with funding from NT Government and assistance from Palmerston Seniors Advisory Committee and Palmerston and Litchfield Seniors Association, are hosting a day of activities for seniors to come and try, along with informative presentations.

Bookings are essential. To register a place or for more information, please phone 8935 9929 or email tess.riches@palmerston.nt.gov.au by 12 August 2020.

Participants can choose to attend for the morning, afternoon or all day! We'll ask if you want to start at 9am, and finish at noon or start at noon and finish at 3pm, or if you're keen to stay all day; 9am to 3pm.

Due to the limitations on large groups gathering, we have had to limit the number of participants this year.

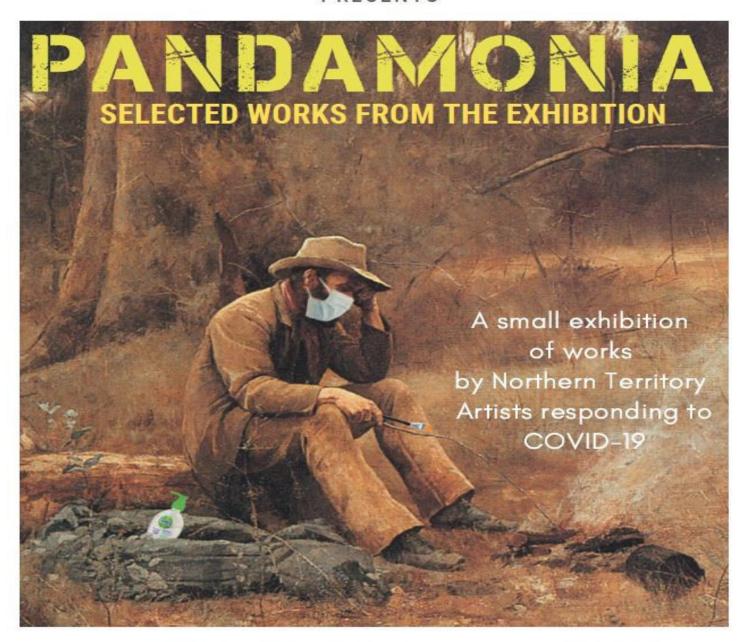
Usually Council hosts a Seniors Forum at this time, however that style of event would be impossible under the current COVID-19 precautions, so Council is trying something a little different this year.

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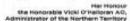
CITY OF PALMERSTON PRESENTS



ON VIEW: 28 JULY - 11 AUGUST

CITY OF PALMERSTON LIBRARY PALMERSTON.NT.GOV.AU

This exhibition has been developed by Luke Gosling OAM MP Member for Soloman

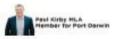
















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JOIN CITY OF PALMERSTON'S MASSIVE CAR BOOT SALE!

SATURDAY 8 AUG 2020

8-11AM

CIVIC PLAZA CAR PARK

Crn Chung Wah Tce and University Ave, Palmerston

PALMERSTONNT | www.palmerston.nt.gov.au









WITH TACTILE ARTS AUGUST TO OCTOBER 2020 PROGRAM

WORKSHOPS FOR ADULTS

DISK EARRINGS WITH DEBRA SENJUSCHENKO

Wednesday 12 August 5.30pm-7.30pm Cost: \$40.00

WIRE WRAPPING

WITH DEBRA SENJUSCHENKO

Thursday 20 August 10.00am-2.00pm Cost: \$48.00

BLOCK PRINTING TEXTILES -BEGINNERS

WITH JANIE ANDREWS

3-week workshop Tuesdays: 25 August-8 September 5.30pm-7.30pm Cost: \$75.00

PAINTING FOR BEGINNERS

WIIH BEILL FRAN

8-week workshop Thursdays: 27 August-15 October 5.30pm-8.30pm Cost: \$195.00

GEMSTONE JEWELLERY & CRAFT

WITH FRANCES RICKETTS

2-day workshop Thursday 27 August & Thursday 3 September 10.00am-3.00pm Cost: \$95.00

POLYMER CLAY JEWELLERY MAKING DISC NECKLACE

WITH CHERYL YOUNG

4 sessions over 8-weeks Saturdays: 29 Aug, 12 Sept, 26 Sept & 10 Oct 9.30am-12.30pm Cost: \$105.00

STERLING SILVER SHAGGY EARRINGS

WITH DEBRA SENJUSCHENKO

Saturday 29 August 1.00pm-3.00pm Cost: \$40.00

SAMPLER MACRAME WALL HANGING

WITH DEBRA SENJUSCHENKO

Sunday 30 August 10.00am-4.00pm Cost: \$50.00

HANDMADE CLAY TILES

WITH JANIE ANDREWS

2-day workshop Wednesdays: 2 & 9 September 5.30pm-7.30pm Cost: \$45.00

WORKSHOPS FOR KIDS

ном то воок

Bookings are essential for all workshops and can be made online at www.palmerston.nt.gov.au

Workshops are for ages 18+ unless otherwise stated.

VENUE

Workshops will be held at The Heights, Durack Heights Community Centre. 33 Packard Avenue, Durack 0831 NT

CONTACT

For any enquires please email creative@ palmerston.nt.gov.au or call (08) 8935 9922

ARTY SMARTIES – KIDS SCHOOL HOLIDAY WORKSHOPS

WITH FRANCES RICKETTS

6 x 3-hour classes Monday 28 Sept, Wednesday 30 Sept, Friday 2 Oct, Monday 5 Oct, Wednesday 7 Oct, Friday 9 Oct 9.00am-12.00pm Cost: \$20 each session

CRAZY CRITTERS

WITH JANIE ANDREWS

Thursday 1 October 9.00am-11.00am Cost: \$15.00









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Sunday 6 September

DUNBAR PARK, GRAY | 8AM TO 10AM DUNBAR STREET

Healthy breakfast provided by Palmerston RSL Portable Rock Climbing Wall with The Rock Centre Father's Day Sand Cards with NT Art Storms

BYO PICNIC BLANKET

PHYSICAL DISTANCING AND HYGIENE REQUIREMENTS MUST STILL BE MET SEARCH 'Brekkie in the Park' ON FACEBOOK OR VISIT WWW.PALMERSTON.NT.GOV.AU FOR MORE INFORMATION



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JUNE

- Blue (PG) From 6.30pm for World Oceans Day
- (PG) 6 Frozen 2
- 13 Yesterday (M)
- Jumanji: The Next Level (PG)
- Toy Story 4 (G) 27

JULY

- In My Blood it Runs (PG) NAIDOC Week
- (PG) 11 **Abominable**
- 18 The Cup (PG)
- 25 Apollo 13 (PG)

SEPTEMBER

- Indiana Jones and the Last Crusade (PG)
- 12 The Kid Who Would Be King (PG)

AUGUST

- Spider-Man: Into the Spider Verse (PG)
- **Aladdin** (PG) 8
- 15 Storm Boy (PG)
- Marley and Me (PG) International Dog Day Event, 6pm (PG)
- 29 The Lego Movie (PG)

BYO picnic and blanket

PHYSICAL DISTANCING AND HYGIENE REQUIREMENTS MUST STILL BE MET

www.palmerston.nt.gov.au | FPalmerstonNT



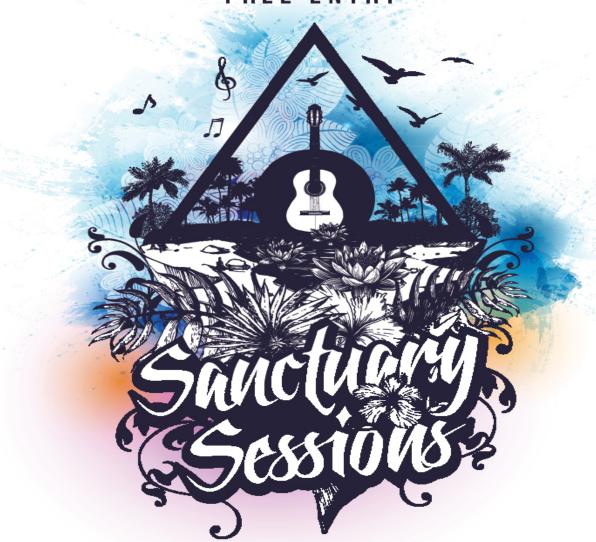


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SATURDAYS | SANCTUARY LAKES | 4-7PM

9 MAY JOSH+ **CONNOR WYATT** 13 JUNE JONATHAN LEVY

4 JULY CLUBCITY JACK FREDERICKS + BELLA MAREE

15 AUGUST AISHA HAYASHI + SAYSHA HAM

12 SEPT SHANAE & ESTELLE + MAX FREDERICKS

FOOD TRUCK, FAMILY & PET FRIENDLY, BYO BLANKET

WWW.PALMERSTON.NT.GOV.AU

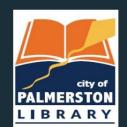
PALMERSTONNT



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AUGUST IS SENIORS MONTH!



MIDDAY MOVIES FREE MOVIE SCREENINGS

FRIDAY AUGUST 21ST: THE BEST EXOTIC MARIGOLD HOTEL

FRIDAY AUGUST 28TH
BUTCH CASSIDY AND THE SUNDANCE
KID

12PM TO 1:30PM
CITY OF PALMERSTON LIBRARY
COMMUNITY ROOM

LIGHT REFRESHMENTS PROVIDED



AUGUST 2020





PALMERSTON LIBRARY



Your Library now offers even greater service, with extended hours of operation!

NEW PALMERSTON LIBRARY OPENING HOURS:

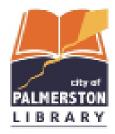
Monday to Thursday: 9am - 6pm

Friday: 10am – 8pm

Saturday: 10am - 1pm

Sunday: 1pm - 4pm

Closed Public Holidays



Check out this page on Council's website for links to a range of online resources that you may find useful and interesting. https://www.palmerston.nt.gov.au/community/library/eresources Including:

EBOOKS AND EMAGAZINES:

Borrow or reserve up to 8 eBooks and 8 eAudiobooks at any one time for a period of two weeks. Or borrow or reserve up to 20 eBooks on our Wheelers ePlatform for a period of up to 4 weeks. Download on the go - 24/7.

The RBdigital magazine collection can be accessed with your library card and internet access. You can choose from a range of digital magazines with no loan period and no limit on the number of magazines you can download. City of Palmerston Library members can access RBdigital (formerly Zinio) through the Northern Territory Library collection which has access to hundreds of digital magazines covering a wide range of subjects.

ONLINE DATABASES

eResources are website and specialist databases with information on history, literature, music and many other subjects. It is free to library members.

CLICK AND COLLECT borrowing options, where members can select books for collection, along with access to mobile printing collection, is available Monday to Friday from 9.00am-4.30pm.

DROP-IN COMPUTER SESSIONS

Need help using your computer, tablet or phone? Then come to our Library's drop-in computer sessions.

When: Wednesdays Time: 2.00pm-4.00pm

Computers and iPads available, or bring your own device and get one-on-one assistance with all of your computer/ IT issues from a library staff member.

Sessions include - Be Connected: an Australian government initiative committed to increasing the confidence, skills and online safety of older Australians. Be Connected aims to empower everyone to use the internet and everyday technology to thrive in our digital world.

Support staff will also be available for all Be Connected members. If you are 50+ and haven't heard of this new resource, ask the library team about how to sign up. Be Connected is a free resource to support you to get online and keep up to date in our ever changing digital world. All welcome, no bookings required.



COMMUNITY BENEFIT SCHEME

Council provides funds to eligible applicants who provide activities, events and services for our community.

There are a few basic eligibility requirements: the activity must benefit the Palmerston community; applicants can only have one successful application in the same financial year and the application process must be followed. (Complete the appropriate application form - depends on amount requested and type of funding - and provide any further details as required.)

Most grant and donation applications are received from incorporated organisations, but did you know that community groups, including informal groups, may apply for grants and donations of up to \$500 or in-kind funding up to \$500 value?

In-kind support is when instead of receiving funds you receive free use of a venue up to a certain value. For example, Senior Indoor Croquet Club makes use of in-kind support to reduce the costs of running their activities at the Recreation Centre.

Last year several seniors groups received funding through Council's Community Benefit Scheme, including: Palmerston & Litchfield Seniors Association received \$18,000 to assist provision of Palmerston & Rural Seniors Fortnight; Palmerston 50+ Club received \$1,000 to sponsor their 2019 Christmas Bash 2019 and \$1,000 to purchase materials and storage; Simply Crafts received \$400 for storage also.

The application process is simple. If you think your community group or organisation would be eligible for funding, call Tess on 8935 9929 and have a chat about how you go about applying.

https://www.palmerston.nt.gov.au/community/community-benefit-scheme

A MESSAGE FROM PALMERSTON AND LITCHFIELD SENIORS ASSOCIATION INC. (PLSA)

The PLSA is very pleased to announce that 77% of our members have registered for events during our Seniors Fortnight: Aug 9th –Aug 23rd. There are still a few vacancies for some events so if members are interested they should ring 0455 660 026 for information and registration.

The committee has been very busy organising events and door prizes for some. Our Easter raffle which was delayed by the COVID- 19 shutdown will be drawn at the Opening Ceremony at Woodroffe Primary School on Sunday August 9th.

Our usual Seniors Fortnight raffle will begin soon and will be drawn at the Christmas Lunch in December. Once again we have a range of prizes including \$1,000 airfare voucher, a beautiful framed painting and many more.

Don't forget our Seniors Morning Teas held at Cazalys every second and fourth Thursdays of the month.

PLSA palmerstonandlitchfieldseniors@gmail.com Mbl: 0455 660 026

City of Palmerston is pleased to support the PLSA in running their excellent Seniors Fortnight program. Each year it gets bigger and better - and even with the pandemic restrictions affecting this year's program, it is going to be another fabulous series of events and activities!

Council is also hosting the City of Palmerston Seniors Day on Wednesday 19 August; if you'd like more information about that event, please see page 5.



CITY OF PALMERSTON'S NINTH COUNCIL

The City of Palmerston Council is made up of the Mayor, Athina Pascoe-Bell, and seven Aldermen.

The Deputy Mayor is elected from the existing Aldermen.

Alderman Amber Garden currently holds the role of Deputy Mayor.

Alderman Sarah Henderson is the Chair of the Palmerston Seniors Advisory Committee.

Contact City of Palmerston Elected Members by:

Post: PO Box 1, Palmerston NT 0831

Email: palmerston@palmerston.nt.gov.au

Phone: (08) 8935 9922



Meetings have returned to Council Chambers, and you are very welcome to attend Council meetings to observe proceedings. Ordinary Council Meetings are held on the First and Third Tuesday of every month, at 5.30pm. Open public forums are held prior to each ordinary Council meeting at 5.00pm in the Council Chambers, Civic Plaza.

These sessions provide a relaxed and informal atmosphere for general discussion. The community is encouraged to attend and raise issues, ask questions or simply inform Council of their views relating to a particular matter.

Please note: physical distancing requirements must still be met when attending the forums.

Meeting dates, Agendas and Minutes are listed at:

http://www.palmerston.nt.gov.au/council/meetings/council-meetings

YOU CAN REPORT ISSUES TO COUNCIL IN A NUMBER OF WAYS:

Phone us: (08) 8935 9922 This is a 24-hour contact number.

Email us: palmerston@palmerston.nt.gov.au

By post: PO Box 1, Palmerston NT 0831

Via our Website: http://www.palmerston.nt.gov.au/contact-us

There are three links that will take you to the forms to report:

- Graffiti.
- Public Lighting Faults and
- General Enquiries

All our staffed facilities have now reopened! You will find us at the Civic Plaza (Council offices), Palmerston Recreation Centre and Palmerston Library (which has extended its public opening hours).

Bookings are available for all Council venues apart from Gray Hall, which remains closed for refurbishment.

